



Eton Porny C. of E. First School

Lunch Menu: September 2020 – February 2021

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 - W/c 07/09 28/09 19/10 16/11 07/12 11/01 01/02	MEAT/FISH	Beef Mince Lasagne	Chicken and Vegetable Wrap	Roast Pork with Roast Potatoes and Stuffing	Chicken Goujons With Potato Wedges	Battered Fish Fillet and chips
	VEGETARIAN	Red Pepper Pizza	Vegetarian Burger in a Bun with Herb Diced Potatoes	Roasted Quorn Fillet with Roast Potatoes and Stuffing	Tomato Pasta Bake and Garlic Bread	Jacket Potato Cheese, Baked Beans or Tuna Mayonnaise
	JACKET POTATO	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	
	VEGETABLES	Peas or Mixed Salad	Sweetcorn or Coleslaw	Mixed Vegetables	Green Beans	Peas or Baked Beans
	DESSERT	Fresh Fruit	Flapjack	Chocolate Sponge	Apple Crumble and Custard	Cheese & Biscuits or Fruit
	WEEK 2 - W/c 14/09 05/10 02/11 23/11 14/12 18/01 08/02	MEAT/FISH	Chicken Curry with Yellow Rice	Salmon Fish Fingers	Roast Gammon with Roast Potatoes and Pineapple	Pork Sausages with Mashed Potato and Gravy
VEGETARIAN		Cheese & Tomato Pizza	Quorn Goujons with Herb Diced Potatoes	Quorn Fillet with Roast Potatoes	Vegetarian Sausages with Mashed Potato and Gravy	Jacket Potato Cheese, Baked Beans or Tuna Mayonnaise
JACKET POTATO		Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	
VEGETABLES		Peas or Mixed Salad	Sweetcorn	Mixed Vegetables	Green Beans	Peas or Baked Beans
DESSERT		Fresh Fruit	Ice Cream	Lemon & Courgette Sponge	Shortbread Biscuit	Cheese & Biscuits or Fruit
WEEK 3 - W/c 21/09 12/10 09/11 30/11 04/01 25/01		MEAT/FISH	Beef Mince Chilli with Rice	Beef Burger with Herb Diced Potatoes	Roast Chicken with Roast Potatoes and Stuffing	Chicken Pasta Bake with Garlic Bread
	VEGETARIAN	Cheese & Tomato Pizza	Vegetable Curry with Rice	Roasted Quorn Fillet with Roast Potatoes and Stuffing	Macaroni Cheese and Garlic Bread	Jacket Potato Cheese, Baked Beans or Tuna Mayonnaise
	JACKET POTATO	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	
	VEGETABLES	Peas or Mixed Salad	Sweetcorn	Mixed Vegetables	Peas	Peas or Baked Beans
	DESSERT	Fresh Fruit	Flapjack	Carrot Cake	Fruit Crumble and Custard	Cheese & Biscuits or Fruit

Available Daily: Bread  Fresh Fruit  Yogurts 