

## Physical Education: Physical Environment

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The Health Department is allowing the use of locker rooms and showers. Create a plan that allows for proper distancing. E.g., one class can use lockers #1, #4, #7, etc. The next class can use locker #2, #5, #8, etc. Students can shower, use a personal wipe to clean, or opt-out of showering. Just ensure that students are not gathering to catch up on things in the showers or locker room. Students should wear masks in the locker room unless they are changing.

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Plan to incorporate marked off areas (e.g., poly spots, cones, visual aids, signs) to ensure physical distancing among students and reduce cross-contamination. Sanitize all equipment between class periods or at the end of the day.

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Students are not required to wear masks outdoors. Team activities that tend to gather students should be discouraged and replaced with a smaller group or individualized activities. This is the new now. Our goal is to provide a modified physical education curriculum while doing all we can to keep our school doors open. Teachers have the choice of wearing or not wearing masks outdoors if they are properly distanced.

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Students in a physical education class indoors are not required to wear masks provided teachers can ensure that a high degree of physical distancing guidelines is in effect throughout the entire lesson. If students are standing around, gathered for information, or not active, they need to wear a mask. We realize that students will likely come into contact with each other regardless of the lesson and whether they are wearing masks. We want safeguards in place, so students are not within a 6' distance for an extended amount of time. Most of your small group activities should be conducted outside. Students should wash or sanitize hands before and after P.E. Sanitize any equipment that is not clean or replace the equipment until it can be adequately cleaned and returned. Teachers should wear masks indoors unless they are actively participating in the activity.

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