



OFFICE OF THE DISTRICT SUPERINTENDENT

Charles V. Khoury, Ed.D.

District Superintendent

Sole Supervisory District of Ulster County

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Dear Parents and Caregivers:

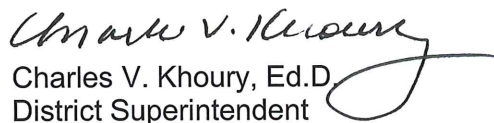
We are just one week away from welcoming students back into our school buildings. The first group, all first-year students at CTE, HVPA, and Phoenix Academy and approximately 50% of our Special Education students, will be returning to our various campuses on Monday, September 21st. All remaining students will continue with remote instruction for the week of September 21st, before their return to our campuses during the week of September 28th.

In preparation for students returning to campus there are a few points that I want to emphasize.

1. No student should come to school at any time if they are experiencing any of the signs or symptoms of the COVID-19 virus.
2. Every student will have their temperature taken using our infrared camera system as they enter the building. Anyone with a temperature of 100.0 or higher will, after verification by our school nurse, be isolated and parents/caregivers will be called to pick them up with directions to seek out your physician or the Ulster County Department of Health.
3. Appropriate face coverings are **always required** whenever on campus, except when eating or during scheduled "mask breaks". If a student does not have a face covering one will be provided by us.
4. If a student is medically unable to wear a face covering you must submit a note signed by your personal care physician, identifying the specific medical reason(s) that the student is unable to wear a mask, and what accommodations would be acceptable (such as more frequent breaks, or face shields etc.) to our school nurse, **before the first day of attendance**. Approved students may be required to receive their in-person instruction while isolated from other mask wearing students and staff.
5. All students (or their parents on their behalf) will be required to respond to a brief series of screening questions daily. We have a website application to collect student responses and email and text reminders to complete the questionnaire will be sent out regularly by each building's administration. Directions are attached to this letter.

I have included an informative pamphlet issued by the NYS Academy of Pediatricians regarding the use of face coverings with children for your information and use.

Sincerely,


Charles V. Khoury, Ed.D.
District Superintendent

Pediatricians Answer Top 10 Questions Regarding Masks in Children

1) Why is it important for my child to wear a mask in school?

A significant number of individuals with Covid-19 have no symptoms and can transmit the virus through respiratory droplets. These droplets are released when coughing, sneezing, loud speaking or singing. A mask acts as a barrier and can decrease the amount of respiratory droplets released into the air. While it is not a perfect barrier, it is one of the best tools we have to prevent the spread of Covid-19 along with social distancing.

2) What kind of mask is best for my child?

Children can wear homemade or purchased cloth face coverings or surgical masks. The right fit is important for children. Masks should cover the nose and mouth without any gaps on the sides. Pleated face coverings with elastic are likely to work best for kids. Adult cloth face coverings are usually 6x12 inches, and even a child-sized 5x10 inch covering may be too large for small children. Try to find the right size for your child's face and be sure to adjust it for a secure fit. Masks should be washed daily. It might be helpful to have a small supply of masks on hand so they can be replaced daily. Masks with vents or exhalation valves are not recommended as they can allow exhaled respiratory droplets to reach others.

3) What is the safest way to put on and remove a mask?

Hands should be washed before placement of a mask. Cloth face coverings can then be placed securely over the nose and mouth and stretched from ear to ear. Touching the face should be avoided while wearing a mask. Wash hands before removing the mask and avoid touching the front of the face covering by taking it off from behind. Wash hands after the mask has been removed.

4) Are there any medical contraindications to wearing a mask in children?

Children under 2 years old should not wear masks. **Children older than 2 years old can safely wear masks throughout the school day. Medical contraindications to mask wearing are exceedingly rare.** Children with severe cognitive or respiratory impairment may have a hard time tolerating a mask.

NYS AAP—Chapter 2

INCORPORATED IN NEW YORK

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®



Chapter 2 of the New York State American Academy of Pediatrics (NYS AAP) is a non-profit professional organization of approximately 1,500 primary care pediatricians, pediatric medical subspecialists, and pediatric surgical specialists dedicated to the health, safety and well-being of children across Brooklyn, Queens, Nassau and Suffolk. For more information, contact jgeslani@aap.org.

5) Is it unsafe for my child with asthma to wear a mask?

It is completely safe for a child with asthma to wear a mask. If your child is having difficulty wearing a mask and has a history of asthma, please discuss with your pediatrician as their asthma may not be controlled. A mask should not be uncomfortable when worn by a child with well-controlled asthma. Please consult your pediatrician for specific recommendations regarding your child's asthma care.

6) When should children be allowed to remove their masks?

Schools and teachers should structure in times when students can take off masks and have a break. These mask breaks would preferably be outdoors whenever possible with social distancing in mind. If children are indoors it is preferable that windows be open whenever possible particularly during mask breaks. These breaks can occur hourly ideally during quiet reading time or study when students are not speaking. Teachers might consider having alternate rows remove masks at the same time during a break and then switching. Children may also remove their masks while eating, playing outdoors and during gym activities requiring physical exertion provided children can remain 6 feet apart from each other.

7) Masks are too uncomfortable and hard to breathe in. How can I help my child?

A mask can sometimes feel strange the first time a child wears one. It is helpful to try to find a mask that fits comfortably, that is not too tight and is made out of a soft non-irritating material. If a mask feels comfortable a child should have no difficulty breathing while it is on.

8) Is it possible for my child to have carbon dioxide poisoning from wearing a mask throughout the school day? Will my child get enough oxygen with a mask?

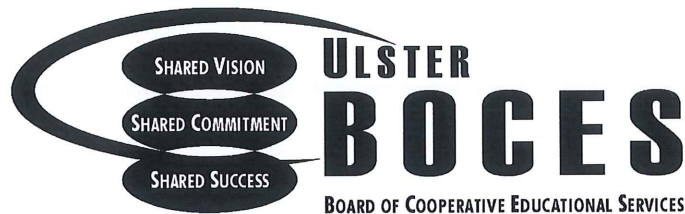
Carbon dioxide and oxygen particles are much smaller than viral particles and can flow freely through a mask while viral particles may be trapped. Cloth masks worn by the general public are not air tight and allow for air flow, in comparison to the more sealed N95 masks that healthcare professionals wear. Periodic mask breaks throughout the day are also recommended. It is nearly impossible for a child to have decreased oxygenation or increased carbon dioxide levels from wearing a cloth mask.

9) If desks are already set 6 feet apart in the classroom, why should children still wear masks all day during instruction?

In order to make the indoor classroom setting as safe as we possibly can, mask wearing is advised at all times. It may sometimes be difficult for children to stay 6 feet apart. Masks can help prevent the spread of the virus in respiratory droplets released when coughing and sneezing. In addition, masks will also help prevent children from spreading germs by touching their nose and mouth. Mask wearing is a simple and effective measure we can take to help keep our children and families safe.

10) What are ways to increase my child's ability to wear a mask all day?

Some children may need help getting used to wearing masks all day. Mask endurance is a new term used to describe the ability to wear a mask for prolonged periods of time. Start working on mask endurance with children a few weeks before school begins. Find a fun design or pattern that is interesting to your child. Initially have children practice wearing their masks for small increments of time. Try wearing a mask with your child for 10 minutes once a day and slowly build up to longer periods three or more times a day. Parents are encouraged to wear their own masks to help model the behavior. Parents should keep it relaxed and fun. Children can adapt to new situations easily and should be praised for helping to keep their classmates and community safe.



INSTRUCTIONS FOR ACCESSING AND ENTERING BUILDING ENTRY SCREENING INFORMATION

1. ON ANY INTERNET CONNECTED DEVICE GO TO THE FOLLOWING WEBSITE
<https://ENTRY.NERIC.ORG/ULSTERBOCES>.
2. REVIEW THE ULSTER BOCES COVID-19 SCREENING ATTESTATION
3. SELECT THE LOCATION FROM THE DROP DOWN MENU
4. SELECT THE ROLE FROM THE DROP DOWN MENU (STUDENT)
5. REVIEW ALL OF THE QUESTIONS THAT WE HAVE PROVIDED
 - a. IF YOU ANSWER NO TO ALL OF THE QUESTIONS SELECT NO (PRESELECTED)
 - b. IF YOU ANSWER YES TO ANY OF THE QUESTIONS SELECT YES
6. READ AND CHECK THE AFFIRMATION BOX
7. ENTER YOU OR YOUR CHILD'S FIRST NAME, LAST NAME AND EMAIL OR PHONE NUMBER
8. CLICK SUBMIT WHEN COMPLETED
9. IF YOU ANSWERED NO TO ALL QUESTIONS YOU WILL GET A SCREEN INDICATING THAT YOU ARE APPROVED TO ENTER THE CHOSEN LOCATION. YOU MUST SHOW SECURITY THIS SCREEN OR A SCREENSHOT TO ENTER THE LOCATION. IF YOUR CHILD DOES NOT HAVE A PORTABLE DEVICE, WE WILL HAVE AN ONLINE RECORD OF YOUR COMPLETION OF THE QUESTIONNAIRE.
10. IF YOU ANSWERED YES TO ANY ONE OF THE QUESTIONS YOUR CHILD IS NOT APPROVED TO ENTER THE LOCATION AND WILL NOT BE PERMITTED TO ENTER.

TO SAVE THE WEB ADDRESS TO YOUR HOME SCREEN ON YOUR IPHONE

1. OPEN SAFARI
2. NAVIGATE TO THE WEBSITE YOU WANT TO SAVE TO YOUR HOME SCREEN
3. TAP THE SHARE BUTTON (THE BOX WITH THE ARROW POINTING UP)
4. IN THE LIST OF OPTIONS THAT APPEARS, SCROLL DOWN UNTIL YOU SEE Add to Home Screen, tap this
5. ON THE NEXT SCREEN YOU CAN CHOOSE A NAME FOR THE WEBSITE SHORTCUT ON YOUR HOME SCREEN, YOU'LL SEE THE LINK AS WELL, CLICK ADD WHEN YOU ARE DONE
6. NOW JUST TAP THE NEW APP ON YOUR HOME SCREEN AND YOU'LL GO TO THE SURVEY WEBSITE.

TO SAVE THE WEB ADDRESS TO YOUR HOME SCREEN ON YOUR ANDROID DEVICE

1. LAUNCH THE CHROME APP
2. OPEN THE WEBSITE OR WEB PAGE YOU WANT TO PIN TO YOUR HOME PAGE
3. TAP THE MENU ICON (3 DOTS IN THE UPPER RIGHT-HAND CORNER) AND TAP ADD TO HOMESCREEN
4. YOU'LL BE ABLE TO ENTER A NAME FOR THE SHORTCUT AND THEN CHROME WILL ADD IT TO YOUR HOMESCREEN.
5. NOW JUST TAP THE NEW APP ON YOUR HOME SCREEN AND YOU'LL GO TO THE SURVEY