



WEEKLY MENU (Prek-K2)



Sep 14 to Sep 18

	Monday		Tuesday		Wednesday		Thursday		Friday	
Station	14-Sep		15-Sep		16-Sep		17-Sep		18-Sep	
SET MENU Includes: 1 Main Dish + 2 Side Dishes + 2 Sides + Veggie Sticks + Dessert + 1 Beverage Main Dishes : Asian / Western Beverages Include: Milk, Yougurt OR Yogurt Drink.	Grilled Chicken		Hot Dog		Wonton		Cheese Pizza		Pork Chop	
	Veg Sticks		Veg Sticks		Veg Sticks		Veg Sticks		Veg Sticks	
	Buttered Corn, Pumpkin & Egg		Green Bean & Egg		Stir Fried Cabbage, Carrot & Egg		Grilled Cauliflower, Cherry Tomato & Egg		Quinoa with Lettuce & Egg	
	Cream Potatoes		Garlic Potatoes		White Rice		Green Bean Rice		Mashed Potatoes	
	Fruit Platter		Fruit Platter		Fruit Platter		Fruit Platter		Fruit Platter	
VEGETARIAN	Tofu & Mixed Veg		Penne with Basil & Tomato		Curry Lentil		Mushroom Risotto		Pumpkin, Eggplant, Capsicum & Feta Cheese	

Students' lunch-card balance and Catering informations are available through school website or under request - contact us at Chartwells@nanjing-school.com for details