

Corbett 
Preparatory
School of IDS



Program Director Coach Ivan Romero
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Dear CSS Parents,

Corbett Prep's Community School for Sports (CSS) program provides student-athletes a variety of opportunities to learn skills in a positive, goal-oriented environment.

This youth sports program is open year-round to students of all ages throughout the region, regardless of where they go to school. CSS incorporates different opportunities such as skills trainings, inter-club scrimmages, competitive teams and open tournaments to expand its reach into the greater Tampa area.

Safety Protocols

Face Coverings: Masks Are Mandatory for All

All students will wear masks anywhere where physical distancing will be a challenge. Masks must cover nose, mouth and chin. Non-examples of appropriate masks for players and coaches include respirator-style masks, masks with words or controversial images or gaiter-style mask.

While outdoors, students and coaches have the option to remove their mask temporarily when social distance is possible.

Hygiene protocols

Students and coaches must wash and/or sanitize hands upon arrival and after practice.

Students must bring their own water bottle (s) and keep their personal belongings 6 feet apart during our practices. Any equipment used during training will be disinfected before and after each class. Whenever it is possible, students will have their own ball or equipment throughout their practice. It is recommended to shower immediately upon arriving home.

Arrival & Dismissal

Corbett Prep students will be picked up from their dismissal locations by coaches. Community students will need to report to their gyms or outdoor spaces and their temperatures will be taken as soon as they see his/her coach. If temperatures are higher than 100.4°F or higher the player needs to go home.

Dismissal locations:

- Ultimate Warriors Basketball Academy will be dismissed at Gatlin Hall or Bellini Gym.
- VAST will be dismissed at Gatlin Hall or the Middle School outdoor lunch space.
- Ultimate Warriors Volleyball Academy will be dismissed at Gatlin Hall.
- Yellow Jackets Lacrosse will be dismissed at the Middle School outdoor lunch space.
- FC Rangers soccer will be dismissed at the Middle School soccer field.

Extended Day

This service is offered to families who are in need of a later pickup. Extended Day is pre-register only! Due to safety this year, all children need to be registered for Extended Day prior to being allowed. Walk-ups will not be allowed.

Sincerely
Coach Ivan Romero
CSS Director

CSS VAST SPORTS PERFORMANCE

The VAST Sports Performance program emphasizes running mechanics, linear speed, agility, explosiveness, and flexibility training. Each session teaches participants what it takes to be faster, quicker, and more confident. Athletes will be ready to enjoy sports and to help their teams succeed. Each class will be led by VAST Trainers.

MONDAYS: 3:00 – 4:00 PM
Grades: K-2nd

Dates: 09/14, 09/21, 09/28, 10/05, 10/12, and 10/19 (**6 SESSIONS**)

Cost: \$150

Location: East Side Playground Field

CSS UWBA JUNIOR WARRIORS BASKETBALL

Coaches create a fun environment where players refine their skills by increasing their level of focus and effort. Striving for mastery creates the model of being winners in life!

TUESDAYS: 3:00 - 4:00
Grades: 3rd-5th

Dates: 09/15, 09/22, 09/29, 10/06, 10/13, and 10/20 (**6 SESSIONS**)

Cost: \$150

Location: TBA

CSS UWBA SKILLS TRAINING (2 MONTHS)

Fun basketball training with a focus on the three essential skills in basketball - shooting, dribbling, and passing, and learning how to apply them in game situations. LOCATION will vary between Gatlin Hall & Middle School Gym

TUESDAYS: 4:00-5:00
Grades: 6th-8th

Dates: September & October

Cost: \$175

Location: Gatlin Hall or Bellini Gym (Middle School)

CSS UWBA SKILLS TRAINING (3 MONTHS)

Fun basketball training with a focus on the three essential skills in basketball - shooting, dribbling, and passing, and learning how to apply them in game situations. LOCATION will vary between Gatlin Hall & Middle School Gym

TUESDAYS: 4:00-5:00
Grades: 6th-8th

Dates: September, October, and November

Cost: \$250

Location: Gatlin Hall or Bellini Gym (Middle School)

CSS UWVA VOLLEYBALL ACADEMY

TUESDAYS: 3:00 – 4:00 PM
Grades: 3rd-5th

Dates: 09/15, 09/22, 09/29, 10/06, 10/13, and 10/20 (**6 SESSIONS**)

Cost: \$150

Location: TBA

Coach Smith brings nearly 20 years of experience of coaching and playing to the Community School for Sports. A Chicago suburb native, Maggie was a three-year varsity player at Stevenson High School and to this day, she remains the winningest player of the past 20 years during her three years on varsity. Maggie was named All-Conference as a senior and selected as MVP at multiple tournaments during her high school career. Coach Smith was offered a full scholarship to play at Division 1 North Carolina State University in the ACC as a middle blocker. She was a four-year starter for NC State and won multiple awards.

CSS VAST SPORTS PERFORMANCE

The VAST Sports Performance program emphasizes running mechanics, linear speed, agility, explosiveness, and flexibility training. Each session teaches participants what it takes to be faster, quicker, and more confident. Athletes will be ready to enjoy sports and to help their teams succeed. Each class will be led by VAST Trainers.

TUESDAYS: 3:00 – 4:00 PM
Grades: 3rd-8th

Dates: 09/15, 09/22, 09/29, 10/06, 10/13, and 10/20 (**6 SESSIONS**)

Cost: \$150

Location: Middle School Field

CSS YELLOW JACKETS LACROSSE

The Yellow Jackets Lacrosse program provides students with the opportunity to learn about the game of lacrosse and all the fundamental skills associated with it: scooping, cradling, catching, throwing, shooting, game strategies, offense and defense skill sets. This is all achieved in a safe and enjoyable environment, utilizing soft-stick lacrosse principles (no-contact lacrosse) that do not require the use of protective equipment. Sticks and balls are provided. A willingness to learn and have fun are all that is required.

TUESDAYS: 3:00 – 4:00 PM
Grades: 5th-8th

Dates: 09/15, 09/22, 09/29, 10/06, 10/13, and 10/20 (**6 SESSIONS**)

Cost: \$150

Location: Middle School Field

CSS UWBA RISING WARRIORS BASKETBALL

Coaches create a fun environment where players refine their skills by increasing their level of focus and effort. Striving for mastery creates the model of being winners in life!

FRIDAYS: 3:00 - 4:00 PM
Grades: K-2nd

Dates: 09/18, 09/25, 10/09, 10/16, 10/30, and 11/06 (**6 SESSIONS**) **OFF:** 10/02 AND 10/23

Cost: \$150

Location: TBA

CSS FC RANGERS L'IL KICKERS I (AGES 3-4)

Rangers Lil' Kickers is a development program that uses soccer to help children ages 3 to 7 tackle important developmental milestones through age-appropriate and fun-filled activities. We inspire kids to be active, strong, confident, and well-balanced to unleash their awesome both on and off the field. Classes will be led by FC Rangers coaches.

SATURDAYS: 10:00 – 10:50 AM

Dates: 09/19, 09/26, 10/03, 10/10, 10/17, and 10/24 **(6 SESSIONS)**

Grades: Pre-K3-Pre-K4

Cost: \$180

Location: Middle School Field

CSS FC RANGERS L'IL KICKERS II (AGES 5-7)

Rangers Lil' Kickers is a development program that uses soccer to help children ages 3 to 7 tackle important developmental milestones through age-appropriate and fun-filled activities. We inspire kids to be active, strong, confident, and well-balanced to unleash their awesome both on and off the field. Classes will be led by FC Rangers coaches.

SATURDAYS: 9:00 – 9:50 AM

Dates: 09/19, 09/26, 10/03, 10/10, 10/17, and 10/24 **(6 SESSIONS)**

Grades: K-2nd

Cost: \$180

Location: Middle School Field

CSS FC RANGERS PRE-ACADEMY (AGES 8-10)

Rangers Pre-Academy is a program for developmental and non-competitive intermediate players ages 8 to 10. Proper soccer techniques are progressively introduced and as kids grow and master various skills, they are introduced to more complex soccer skills and positional understanding in 4 v 4 or 6 v 6 games. Classes will be led by FC Rangers coaches.

SATURDAYS: 11:00 – 11:50 AM

Dates: 09/19, 09/26, 10/03, 10/10, 10/17, and 10/24 **(6 SESSIONS)**

Grades: 3rd-5th

Cost: \$180

Location: Middle School Field

CSS UWBA YOUTH BASKETBALL LEAGUE I (3RD-5TH)

Coaches create a fun environment where players refine their skills by increasing their level of focus and effort. Striving for mastery creates the model of being winners in life!

SATURDAYS: 9:00 – 10:30 AM

Dates: 09/19, 09/26, 10/03, 10/10, 10/17, and 10/24 **(6 SESSIONS)**

Grades: 3rd-5th

Cost: \$135

Location: TBA

CSS UWBA YOUTH BASKETBALL LEAGUE II (K-2ND)

Coaches create a fun environment where players refine their skills by increasing their level of focus and effort. Striving for mastery creates the model of being winners in life!

SATURDAYS: 10:30 AM - 12:00 PM

Dates: 09/19, 09/26, 10/03, 10/10, 10/17, and 10/24 **(6 SESSIONS)**

Grades: K-2nd

Cost: \$135

Location: TBA