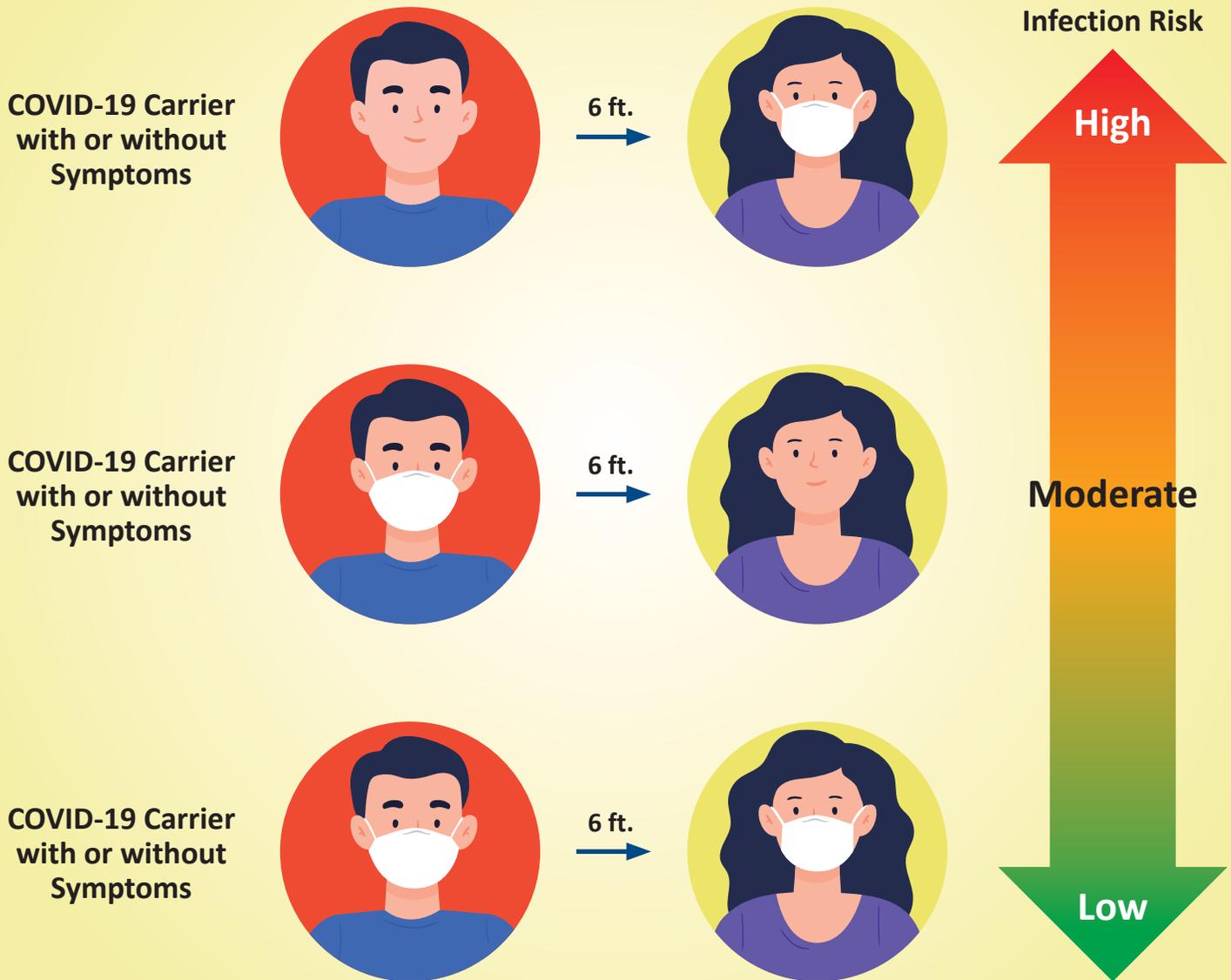# COVID-19
# Protecting Each Other

## My Mask Protects You, Your Mask Protects Me.

COVID-19 can spread between people in close proximity – speaking, coughing,
or sneezing – even if they are not exhibiting symptoms.
A simple cloth face covering can help slow  transmission of the virus.

**Infection Risk**

COVID-19 Carrier
with or without
Symptoms

6 ft.

**High**

COVID-19 Carrier
with or without
Symptoms

6 ft.

**Moderate**

COVID-19 Carrier
with or without
Symptoms

6 ft.

**Low**

Cloth face coverings/masks do not replace social distancing,
practicing frequent hand cleaning, and staying home when sick.

# IDPH
ILLINOIS DEPARTMENT OF PUBLIC HEALTH

*Questions about COVID-19?*
*Call 1-800-889-3931 or email dph.sick@illinois.gov*
*Illinois Department of Public Health - www.dph.illinois.gov*

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