Challah Cleanse for the New Year 2020

Ingredients:

- 1.5 cup lukewarm water
- 2 teaspoons active dry or instant yeast
- 8 cups all-purpose flour
- 1/4 cup granulated sugar
- 1/4 cup of honey
- 2 teaspoons salt
- 4 large eggs
- 1 large egg yolk (reserve the white for the egg wash)
- 1/4 cup neutral-flavored vegetable oil, such as canola
- 4 spoons of sesame seeds

Kitchen Items:

- Mixing bowls: one large one and one small one
- Fork
- Measuring cups
- Pastry brush
- Baking sheet