

Duncanville
Independent School District

Department of Athletics



Parent/Student-Athlete
Handbook

2020 - 2021

*“One Team, One Mission, One Heart
Together Makes an All-Around Champion.”*



Dear Parent/Guardian,

Your son or daughter has expressed a desire to participate in the Athletic Program in Duncanville ISD. It is the belief of the coaching staff that athletics can do more for your child than teach him/her to play the sport he/she has chosen.

We believe athletics instills the desire to win, attain personal goals ensuring maximum team effort, builds strength of body, and strength of character. The latter of these qualities determines the success of the first three.

It is our belief that strength of character is the foundation upon which to build the well developed, well polished individual. Athletes, as people in any specialized field, have a unique role to play. Athletes are constantly being monitored by their peers, teachers, and the community. By constantly being under this scrutiny, athletes must have strength of character and be constantly aware of the role they have assumed. They must be certain they present to their peers, teachers, and community respect, sincerity, and honesty expected of a young lady or gentleman.

We believe very strongly that our athletes should possess these qualities. Because of this belief, we have established the following set of guidelines to be followed by all athletes in the Duncanville ISD.

ALL ATHLETES, REGARDLESS OF SPORT MUST:

1. Abide by University Interscholastic League rule specifications, and abide by local athletic policy.
2. Attend every practice session and athletic contest unless ill or emergency situations.
3. At all times, respond to every situation as young lady or gentleman
4. Abide by all Duncanville ISD, Athletic Department, and campus guidelines and policies.
5. Maintain academic intensity to achieve success in the classroom.

Violation of these policies will result in appropriate disciplinary action being taken against the student and could result in his/her removal from the athletic program in the Duncanville ISD. Therefore, we ask your Cooperation in motivating your son or daughter to observe these rules so that he or she will receive the maximum benefit from the program.

Enclosed is an information handbook for Duncanville ISD Athletics, which includes guidelines and policies or the student-athletes. We have discussed these rules with your son or daughter. Please read them, discuss them again with your son or daughter.

Sincerely,

Dwight Weaver
Director Of Athletics

Mission of Duncanville ISD Athletic Department

Coaching Champions

Duncanville I.S.D. Athletics is committed to Coaching Champions through academic achievement, athletic excellence and national recognition of our student-athletes, teams and programs. We provide our student-athletes with all the necessary tools for them to be Champions in their sport and life. We coach our student-athletes character, to act with honor, and to be proud of their accomplishments. The integrity of our program is rooted in the tradition and spirit of Duncanville to bring honor and distinction to our school and community.

"It takes a little more to make a Champion."

Philosophy of Duncanville ISD Athletics

The Duncanville Independent School District believes that a dynamic program of student activities is vital to the educational development of the student.

The Duncanville ISD Department of Athletics should provide a variety of experiences to enhance the development of positive student habits and attitudes that will prepare them for adult life in a democratic society.

Athletics should function as an integral part of the total curriculum. It should offer opportunities to serve the institution, to assist in the development of positive relationships and goodwill, to promote self-realization, all-around growth, and good citizenship qualities.

The Duncanville athletic program is based on the premise that athletes are students first and that athletic participation is a privilege rather than a right. Students learn teamwork and group responsibility. They also learn to deal with success and to overcome adversity.

GOAL OF THE DUNCANVILLE ISD ATHLETIC DEPARTMENT

- To provide a positive image of school athletics in Duncanville ISD
- To strive always for playing excellence that will produce winning teams within the bounds of good sportsmanship
- To ensure growth and development that will increase the number of participants; that will give impetus to increased contest attendance; that will enhance a program of maintenance of athletic facilities
- To provide opportunities that will allow the program to teach students how to handle situations similar to those in the contemporary world
- To provide a superior program of student activities that includes appropriate activities for every participant
- To provide an opportunity for students to experience success in those activities he or she selects
- To provide sufficient activities to respond to a wide variety of student interests and abilities
- To provide student activities which will offer the greatest benefits for the greatest number of students
- To create a desire to succeed and excel
- To develop high ideals of fairness in all human relationships
- To practice self-discipline and emotional maturity in learning to make decisions under pressure
- To be socially competent and operate within a set of rules, thus gaining a respect for the rights of others
- To develop an understanding of the value of activities in a balanced educational process

2020 – 2021 DUNCANVILLE ISD ATHLETIC DEPARTMENT OBJECTIVES

- Increase participation of student-athletes at all levels
- Reach a 100% passing rate for all student-athletes
- Promote improvement through self-evaluation
- Retain, attract, and hire exemplary coaches
- Promote consistency and unity throughout the athletic department
- Decrease loss of student eligibility due to grades
- Increase parent and community partnerships with the Athletic Department
- Increase faculty/staff awareness and involvement with the Athletic Department Maintain a high level of expectation for success
- Use athletics as a tool to prepare our student-athletes for the future
- Increase scholarship opportunities for student-athletes
- Promote athletic programs and activities with aggressive communication
- Win championships with class and character
- Win the UIL Lone Star Cup and the DFW Area All Sports Ranking

EXPECTATIONS FOR STUDENT-ATHLETES

- To get an education.
- To give your total effort, to make the most of what you've got.
- To give unselfish love and respect towards your teammates.
- To practice to the best of your ability.
- To be totally honest in all your dealings.
- To be extremely loyal to your school, administration, teachers, coaches, teammates, families, and friends.
- To be prompt.
- To be courteous.
- To always encourage.
- To be positive and enthusiastic.

WHAT STUDENT-ATHLETES CAN EXPECT FROM THEIR COACHES

- To be loyal to you in all areas
- To be totally honest.
- To provide the leadership and training necessary to achieve our goals.
- To assist you in any way possible now and after you graduate.
- To treat you as a young adult and to love and respect you.
- To demand that you give your maximum effort.
- To make all decisions predicated on what is best for the team and then what is best for the individual.
- To do everything within our power to improve our facilities and make Duncanville ISD the best place in Texas to go to school and be an athlete.
- To help you mature and grow as a person.
- To help you reach your goals.

Parent/Coach Relationships – Reprinted from UIL Parent Information Manual

Both parenting and coaching are very difficult vocations. By establishing an understanding between coaches and parents, both are better able to accept the actions of the other and provide a more positive experience for everyone. Parents have the right to know, and understand, the expectations placed on them and their children. Coaches have the right to know that if parents have a concern, they will discuss it with the coach at the appropriate time and place.

Communication parents should expect from their child's coach:

1. Coach's philosophy
2. Expectations the coach has for your son or daughter, as well as other players on the team.
3. Locations and times of practices and contests.
4. Team requirements, i.e., fees, special equipment needed, school & team rules, off-season expectations.
5. Procedures that will be followed if your child becomes injured during participation.

Communication coaches expect from parents:

1. Concerns regarding their son or daughter expressed directly to the coach at the appropriate time and place.
2. Specific concerns in regard to the coach's philosophy and/or expectations.
3. Notification of any schedule conflicts well in advance.

As your child becomes involved in interscholastic athletics, they will experience some of the most rewarding moments of their lives. It's important to understand there may be times when things do not go the way you or your child wishes. These are the times discussion with the coach is encouraged.

Appropriate concerns to discuss with a coach:

1. The mental and physical treatment of your child.
2. What your child needs to do to improve.
3. Concerns about your child's behavior.

It is very difficult to accept your child is not playing as much as you may hope. Coaches make decisions based on what they believe is in the best interests of all students participating. As you can see from the list above, certain things can and should be discussed with your child's coach. Other things, such as those listed next, must be left to the discretion of the coach.

Issues NOT appropriate for discussion with your child's coach:

1. How much playing time each athlete is getting.
2. Team strategy.
3. Play calling
4. Any situation that deals with other student-athletes.

There are situations that may require a conference between the coach and parent. These are not discouraged, as it is important for each party to have a clear understanding of the others' position. When these conferences are necessary, the following procedure is suggested to help promote resolution to the issue.

If a parent has a concern to discuss with the coach, the following procedure should be followed:

1. Call the coach to set up an appointment.
2. If the coach cannot be reached, call the athletic director or assistant athletic director and ask him to meet with the coach for you.
3. Think about what you expect to accomplish as a result of the meeting.
4. Stick to discussing the facts, as you understand them.
5. Do not confront the coach before, during or after a practice or contest.

These can be emotional times for both the parent and coach. Meetings of this nature do not promote resolution of the situation, but often escalate it.

What should a parent do if the meeting with the coach didn't provide satisfactory resolution?

1. Call the athletic director or asst. athletic director to set up a meeting with the athletic director, coach, and parent present.
2. At this meeting, an appropriate next step can be determined, if necessary.

Students' involvement in co-curricular activities has been proven to increase their chances of success later in life. We hope the information contained in this handout helps make that experience more enjoyable for everyone involved.

Duncanville Independent School District Athletic Guidelines and Code of Conduct

Athletic Code of Conduct

The discipline code for athletes has been developed to comply with the District's Board-approved Duncanville Student Code of Conduct, but with increased requirements due to the leadership role assumed by the athletic staff of Duncanville ISD to emphasize that self-discipline is an integral and essential part of any successful academic and athletic program. Specific definitions of the various levels of discipline violations can be found in the Board-approved Student Code of Conduct which is given to every student at the beginning of the school year when they enroll. Students disciplined for infractions at the campus-level will also receive one or more of the following consequences as a result of the athletic code of conduct.

Level I and II Discipline Violations - Level I and II offenses can range from mild acts of misconduct to acts which are serious and disrupt the orderly educational process. Examples of disciplinary options at this level include suspension, referral to law enforcement, arrest, restitution of damages, and/or assignment to an AEP. Athletes are prohibited from participating in or attending any school-sponsored/school-related activities during the period in which they are suspended and/or removed to ISS and/or suspension at home. In addition to campus-based consequences, the Athletic Department may impose one or more of the following consequences:

***Please note that student-athletes who are placed in ISS and/or SAH for disciplinary reasons during the season will not play in the next scheduled contest.**

Consequences for Level I and II

- A. Coach/athlete conference.
- B. Coach/athlete conference with additional sport-appropriate conditioning activities.
- C. Coach/athlete/parent conference and a behavior contract.
- D. Coach/athlete/parent conference and suspension for one or more games.
- E. Removal from athletic program.

Level III Discipline Violations - Level III offenses are acts of misconduct for which mandatory removal to the AEP (Summit) is required. The period of removal to the AEP will be based upon AEP guidelines that are in effect at the time the offense occurs. Athletes are prohibited from participating in or attending any school--sponsored/school related activities during the period of removal to the AEP. The Athletic Department may also impose one or more of the following consequences in addition to the AEP placement:

Consequences for Level III

- A. Coach/athlete conference.
- B. Coach/athlete conference with additional sport-appropriate conditioning activities.
- C. Coach/athlete/parent conference and a behavior contract.
- D. Removal from athletic program.

For athletes to re-enter the athletic program after having been removed for any reason, the following procedure will be followed: Athletes and their parent(s)/guardian(s) will meet with the Athletic Disciplinary Council*. At this meeting a probationary contract for re-entry into the athletic program will be developed. After discussing the specific contents and obligations outlined in the contract, all parties present will be required to sign the contract.

The Athletic Disciplinary Council shall be composed of the Athletic Director and Assistant Athletic Director, the head coach of the sport involved, and the principal or an appropriate assistant principal of the campus. Upon re-entry into the program on a probationary status, athletes will be suspended from any participation in any competition other than practices for a period of ten

consecutive school days. The suspension will begin on the first day of re-enrollment on the school campus. During the ten-day suspension, athletes will be required to complete additional sport-appropriate conditioning activities as directed by the coach.

Duncanville Independent School District Athletic Guidelines and Code of Conduct

A second Level II violation (regardless of where the infraction occurs) will result in a suspension for one calendar year from the date of the second incident.

All alcohol-related violations will be treated as a Level III offense requiring removal from athletics and will also require athletes and their parent(s)/guardian(s) to meet with the Athletic Disciplinary Council to consider a probationary contract for re-entry.

For any behavior that requires mandatory expulsion from school and all school-sponsored/school-related activities. Athletes will automatically be suspended from the athletic program for a period of one calendar year from the date of the incident. Upon completion of this suspension from athletics, athletes who desire re-entry into the program must meet with the Athletic Disciplinary Council and be accompanied by their parent/guardian. At this meeting, a probationary contract will be developed outlining the requirements for re-entry. If all parties agree to the contract, as evidenced by their signatures, the student will be allowed to re-enter the program on a probationary basis.

Drug Violations

Student athletes who are arrested and charged with selling, giving, or delivering to another person or possessing, using, or being under the influence of drugs (including steroids) whether on or off campus, will be automatically suspended from the athletic program until guilt or innocence is determined. Athletes found guilty of an alleged offense will be suspended from all athletic participation of any kind for a period of one calendar year from the date of the incident. In cases where a campus has jurisdiction to take disciplinary action, athletes must complete any campus level disciplinary sanctions before being eligible to return to the athletic program.

Deferred Adjudication

Deferred adjudication does not infer innocence. A judge may, after receiving a plea of guilt or a plea of nolo contendere, defer further proceedings without entering an adjudication of guilt, and place a defendant on community service. In effect, if the defendant complies with the conditions of probation as ordered by the judge for a specified period of time, the defendant would receive the benefit of not actually being found guilty of the offense as charged. During the period of deferred adjudication, athletes will remain suspended from participation in any athletic activities.

Indictment for a Felony

Athletes, while under indictment for a felony whether on or off campus, will not be allowed to participate in any capacity in the athletic program. (This includes exclusion from both practices and games.) When guilt or innocence is established, re-admission to the athletic program will be determined based upon that outcome. In cases where the campus has jurisdiction to take disciplinary action, the student must complete any campus-level disciplinary sanctions before returning to the Athletic Program. Likewise, students on deferred adjudication will need to complete the probationary period specified by the judge prior to consideration for reinstatement in the athletic program.

Appeals

Disciplinary actions resulting from a violation of the Duncanville ISD Athletic Code of Conduct are not appealable.

DUNCANVILLE ATHLETIC DEPARTMENT POLICIES

UIL ELIGIBILITY

Eligibility rules are found in Section 400 and 440 of the UIL Constitution and Contest Rules. Any question regarding a student's eligibility, should be addressed to the school principal and/or superintendent. Residence requirements according to Sections 400 (d), 440, and 442 should be thoroughly investigated for any student new to school.

Students are eligible to represent their school in varsity interscholastic activities if they:

- Are not 19 years of age or older on or before September 1 of the current scholastic year. (See 504 handicapped exception.)
- Have not graduated from high school.
- Are enrolled by the sixth class day of the current school year or have been in attendance for fifteen calendar days immediately preceding a varsity contest.
- Are full-time day students in a participant high school.
- Initially enrolled in the ninth grade not more than four calendar years ago.
- Are meeting academic standards required by state law.
- Live with their parents inside the school district attendance zone their first year of attendance. (Parent residence applies to varsity athletic eligibility only.) When the parents do not reside inside the district attendance zone the student could be eligible if: the student has been in continuous attendance for at least one calendar year and has not enrolled at another school; no inducement is given to the student to attend the school (for example: students or their parents must pay their room and board when they do not live with a relative; students driving back into the district should pay their own transportation costs); and it is not a violation of local school or TEA policies for the student to continue attending the school. Students placed by the Texas Youth Commission are covered under Custodial Residence (see Section 442 of the Constitution and Contest Rules).
- Have observed all provisions of the Awards Rule. have not represented a college in a contest.
- Have not been recruited. (Does not apply to college recruiting as permitted by rule.)
- Have not violated any provision of the summer camp rule. incoming 10-12 grade students shall not attend a baseball, basketball, football, soccer, or volleyball camp in which a seventh through twelfth grade coach from their school district attendance zone, works with, instructs, transports or registers that student in the camp. Students who will be in grades 7, 8, and 9 may attend one baseball, one basketball, one football, one soccer, one softball, and one volleyball camp in which a coach from their school district attendance zone is employed, for no more than six consecutive days each summer in each type of sports camp. Baseball, Basketball, Football, Soccer, Softball, and Volleyball camps where school personnel work with their own students may be held in May, after the last day of school, June, July and August prior to the second Monday in August. If such camps are sponsored by school district personnel, they must be held within the boundaries of the school district and the superintendent or his designee shall approve the schedule of fees.
- Have observed all provisions of the Athletic Amateur Rule. For purposes of competing in an athletic contest, a student in grades 9-12 is not an amateur if that individual, within the preceding 12 months received money or other valuable consideration for teaching or participating in a League sponsored school sport or received valuable consideration for allowing his or her name to be used in promoting a product, plan, or service related to a League contest or accepted money or other valuable consideration from school booster club funds for any non-school purpose. It is a violation of the athletic amateur rule for parents of student athletes to accept tickets to athletic contests where their children are participating. It is also a violation for parents of student athletes to accept free pass gate admission to athletic contests where their children are participating unless they are at the contest in another capacity, i.e., if the parent is an employee of the school or a board member, or working at a concession booth, etc. If a student did not realize that valuable consideration was a violation of the amateur rule, and returns the valuable consideration within 30 days after being informed of the violation, that student may regain athletic eligibility as of the date the valuable consideration is returned. If a student fails to return it

within 30 DAYS a student is ineligible for one year from when he or she accepted it. During the period of time a student is in possession of valuable consideration, he or she is ineligible for varsity athletic competition in the sport for which the violation occurred. Any games or contests in which the student participated during that time would be forfeited as the minimum penalty. This rule is sport-specific. For example if a student violates the rule in one sport, such as accepting a prize for winning a hole-in one contest in golf, that student would be ineligible only for golf.

- did not change schools for athletic purposes.

CREDIT REQUIREMENTS FOR HIGH SCHOOL ELIGIBILITY DURING FIRST 6 WEEKS

The standards below determine academic eligibility for the first six weeks of the school year. Students in non-compliance may request a hardship appeal of their academic eligibility through the UIL.

- GRADES NINE AND BELOW.** Students must have been promoted from the previous grade.
- SECOND YEAR OF HIGH SCHOOL.** Five accumulated credits that count toward state graduation requirements.
- THIRD YEAR OF HIGH SCHOOL.** Ten accumulated credits that count toward state graduation requirements or student must have earned at least five credits within the last twelve months that count toward state graduation requirements.
- FOURTH YEAR OF HIGH SCHOOL.** Fifteen accumulated credits that count toward state graduation requirements or students must have earned at least five credits within the last twelve months that count toward state graduation requirements.

UIL ELIGIBILITY REQUIREMENTS FOR 7TH AND 8TH GRADE PARTICIPANTS

An individual may participate in League athletic competition or contests as a representative of a participant school if he/she:

1. Has met the requirements of Section 140 (above) regarding general eligibility:
2. For 7th grade athletic competition, has not reached his/her 14th birthday on or before September 1, and has not enrolled in the 9th grade.
3. For 8th grade athletic competition, has not reached his/her 15th birthday on or before September 1, and has not enrolled in the 9th grade.
4. A student who initially entered the 7th or 8th grade the current 7th or 8th grade participation may participate according to age, that is, 7th graders on the 8th grade, 9th grade, high school junior varsity or high school varsity team, and 8th graders on the 9th grade, high school junior varsity, or high school varsity team.
 - a. Four Consecutive Years. A student has only four consecutive calendar years to complete high school varsity eligibility. Exception: See Section 463.
 - b. Athletic Class. Overage junior high school students who have reached their 15th birthday on or before September 1 of that school year may be assigned to high school athletic periods if they are participating with the high school sub-varsity or varsity. Otherwise 7th and 8th grade students remain in their junior high school athletic class throughout the school year.
 - c. Full Participation Allowed. Only 7th and 8th grade students who are too old to represent the 8th grade team may participate on the high school's athletic team. Overage junior high school students who participate with a high school 9th grade, sub-varsity or varsity team, may participate fully under the rules for high school athletes in that sport, including, but not limited to, rules governing number of games, post-season games, etc.
 - d. Is a full-time student in grade seven or eight at the school he/she represents. Exception: Seventh and eighth grade students from public K-8 schools that do not field a team, may participate on the 7th and 8th grade baseball, basketball, football, soccer, softball, and/or volleyball teams at the junior high school

in the attendance area where they reside or which is a part of the designated receiving school district. (Parochial, private, and home schooled students are not eligible.)

- e. Has been in attendance and has passed the number of courses required by state law and by rules of the State Board of Education, and is passing the number of courses required by state law and by rules of the State Board of Education.
- f. Has not repeated the 7th or 8th grade for athletic purposes. A student who repeats the 7th or 8th grade for athletic purposes shall be eligible for only two consecutive years in 7th and 8th grade athletic competition after the first enrollment in the 7th grade. A student held back one year in the 7th or 8th grade for athletic purposes shall lose the fourth year of eligibility after entering the 9th grade. A student held back for two years for athletic purposes shall lose the third and fourth years of eligibility after entering the 9th grade.
- g. Has not changed schools for athletic purposes.

ACADEMIC REQUIREMENTS FOR ELIGIBILITY-NO PASS NO PLAY

Students shall be suspended from participation in after school athletics after a grade evaluation period (six weeks) in which the student received a grade lower than the equivalent of 70 on a scale of 100 in any academic class other than an identified honors or advanced class. A suspension continues for at least three school weeks and is not removed during the school year until the conditions of reinstatement, described below, are met.

Until the suspension is removed or the school year ends, the District shall review the grades of a student suspended under these provisions at the end of each three-week period following the date on which the suspension began. At the time of a review, the suspension is removed if the student's grade in each class, other than an identified honors or advanced class, is equal to or greater than the equivalent of 70 on a scale of 100. The principal and each of the student's teachers shall make the determination concerning the student's grades.

AWARDS/LETTERING POLICY

Each varsity sport has specific criteria for earning a varsity letter award. The head coach of each sport will provide each varsity team member with the lettering criteria. Earned letter awards (letter jackets, letter ankets) are purchased by the individual and may be denied in the event a student-athlete violates the code of conduct or acts in a manner that embarrasses the Duncanville Athletic Program.

DUAL PARTICIPATION/NON-SCHOOL SANCTIONED PARTICIPATION/CLUB SPORTS

All athletes participating in Duncanville ISD Athletics make a commitment to the team, their teammates and school. Each program demands the dedication of time and energy of the athlete. Part of this commitment is to be a student first and strive for academic excellence. Another integral part of that commitment is to place the Duncanville ISD Athletic team above participation in any non-school sanctioned activity and attend all practices and games scheduled by Duncanville ISD Coaches.

If an athlete chooses to miss a Duncanville ISD Athletic practice because of participation in an activity not under the auspices of Duncanville ISD, the student athlete will be suspended for one game. On the second offense, the athlete has chosen the outside activity over a Duncanville ISD sport; he/she will be released from the team.

In the event, a student athlete misses a Duncanville ISD Athletic contest to participate in an activity not let the direction of Duncanville ISD (the student athlete has chosen that activity over a Duncanville ISD sport); he/she will be suspended from ten percent of games in that sport. On the second offense, the athlete chooses the outside activity over a Duncanville ISD sport; he/she will be released from the team. 1-athletic Duncanville ISD school sanctioned activities do not fall under this policy.

EQUIPMENT AND UNIFORMS

Each athlete will be issued the proper equipment, workout uniform, and game uniform. In the event the equipment or uniform(s) is not returned at the end of the season, the athlete will have to reimburse the athletic department for the replacement cost. Per UIL rules, no equipment or uniforms may be given to athletes to keep on a permanent basis.

INSURANCE

Duncanville ISD carries a supplemental accident insurance policy for all extra-curricular participants. This policy is a supplemental policy. It is expected that all student-athletes maintain primary insurance coverage at all times.

INJURIES

Injuries must be reported to a Duncanville athletic trainer as soon as possible at 972-708-2366, 2365 or 2367. Unless the injury is an extreme emergency please contact the athletic trainer prior to visiting a doctor. In many cases, the District's extracurricular insurance plan may supplement the athlete's primary insurance if the injury occurred in athletics. However, certain steps and procedures must be followed to make a claim.

PARTICIPATION

Each varsity head coach sets the criteria for participation on a team. The chance to participate on a school team may require a try-out period. Expectations for making a team or staying on a team will be communicated prior to the season and/or try-out period.

MULTI-SPORT PARTICIPATION

Participation in multiple sports is encouraged. However, an athlete must complete the season in a sport before they move on to the next sport's season unless mutually agreed upon by the varsity head coaches and athletic director. Duncanville ISD coaches will make every effort to insure that a student may participate in as many activities as they wish.

PHYSICAL EXAMS

Prior to participating in athletics a current physical examination form and medical history form must be on file with the athletic trainer. This includes tryouts, participation in off season strength and conditioning programs, and competition. **NO EXCEPTIONS.**

Duncanville ISD requires the athletic physical exam to be completed on an annual basis and is good for twelve months from the exam date. The medical athletic history form, UIL acknowledgement, UIL steroid notification agreement, DISD data page, and emergency release form must also be completed annually.

All paperwork must be cleared by a Duncanville ISD Athletic Trainer prior to participating in athletics. Physical forms are available on-line and in the Athletic Office 972-708-2366.

QUITTING A SPORT

Any athlete who quits a team or is dropped from the team will not be permitted to work out with another team until the previous sport season has been completed. If both varsity head coaches are in agreement, the student athlete may move to the next sport before the end of the season. If an athlete quits, he/she will forfeit his/her award for the sport.

STRENGTH AND CONDITIONING

All athletes will participate in strength and conditioning activities. The strength and conditioning program is the period of time when athletes from any sport are not competing against other schools in a UIL sanctioned event in their chosen sport.

An athlete who participates in only one sport will be required to participate in that sport's conditioning program. For example, an athlete may not quit the football team after the football season in December and expect to get back on the team the next season in August. Athletes who participate in two or more sports will participate in their non-spring sport conditioning program. For example, a basketball player will go through a conditioning program before he/she participates in his/her spring sport (i.e. track).

When a multi-sport athlete reaches the varsity level of competition the conditioning requirement will be saved according to the discretion of the Athletic Director and the head coaches of the sports involved.

SCHOOL HOLIDAY PARTICIPATION

While we realize the importance of school holidays, avoiding competition or practice on every school holiday sometimes is not feasible especially at the varsity level. Thus, the head coach of each sport may require participation on school holidays if the sport is in season with the following stipulations,

1. The student-athletes and parents are given notice prior to the start of the season.
2. The student-athletes and parents are given notice of the consequences if a practice is missed prior to the start of the season.
3. Competition and practices must be scheduled in accordance with UIL rules

Please check with your coach prior to planning vacations or appointments.

TRANSPORTATION

Athletes will be required to ride to and from an athletic event in transportation provided by the District. Only 7 extenuating circumstances will a student be allowed to ride to or from in a private vehicle. Parents/guardians may request a release in extenuating circumstances by notifying the campus athletic coordinator in writing at least one day prior to the trip. A release form may be obtained from the campus athletic coordinator or the Athletic Office (972)708-2155. If approved, the Athletic Office will notify the coach charge of the trip.

TRY-OUTS

Coaches may conduct try-outs for participation on a team. Students must have a completed physical examination form on file with the athletic trainer prior to try-outs.



DUNCANVILLE ATHLETIC DEPARTMENT INFORMATION

MAILING ADDRESS:

900 W Camp Wisdom
Duncanville, TX 75116

Athletic Office Phone Number:

972-708-2155
972-708-2199 Fax

Duncanville ISD Website:

<https://www.duncanvilleisd.org/departments/athletics>

DISD Athletic Office Staff:

Dwight Weaver, Director of Athletics
Robert McQuaid, Assistant Athletic Director
Acquanetta Tucker, Athletics Secretary
Monika Johnson, Business Manager
Tameka Butts, Athletic Academic Advisor

DISD Head Coaches:

Reginald Samples, Football
David Peavy, Boys Basketball
LaJeanna Howard, Girls Basketball
Evangerline Trice, Volleyball
Leon Paul, Boys Track & Field
Yvette Green, Girls Track & Field
Bret Duff, Softball
Scott Fahey, Baseball
Nuno Passos, Boys Soccer
Benjamin Thrasher, Girls Soccer
Stephanie Bernier, Swimming
Jordan Jackson, Tennis
John Jacks, Golf
Moses Pena, Cross Country

DHS Athletic Trainers Staff

Alec Hawkins, Head Athletic Trainer	972-708-2366
Maya Johnson, Assistant Athletic Trainer	972-708-2364
Kyra Shaw, Assistant Athletic Trainer	972-708-5091
Chris McMahan, Kennemer Athletic Trainer	972-708-2365
Janae Pullins, Reed Athletic Trainer	972-708-0231
Joseph Demosthene, Byrd Athletic Trainer	972-708-2367