

2020 - 2021 Community Resource Referrals

(*denotes a for-profit institution)

Substance Abuse – Drug Education/Outpatient/Inpatient/Residential

*Excel Center Lewisville	972-906-5522	www.excelcenterlewisville.com
*Green Oaks Plano	972-985-1599	www.medicalcitygreenoaks.com
*Imagine Programs	972-423-6007	www.imagineprograms.net
*Perimeter Behavioral	817-662-6341	www.perimeterhealthcare.com
Phoenix House	888-671-9392	www.phoenixhouse.org
Recovery Resource Council	214-522-8600	www.dallasacouncil.org
*Right Step DFW	844-768-0130	www.rightstep.com
*Seay Behavioral	972-981-8300	www.texashealth.org/behavioral-health
*Shoreline Treatment Ctr	800-628-3265	www.shorelinetreatmentcenter.info
*Sundown Ranch	903-479-3933	www.sundownranchinc.com
*Waterford Counseling	866-439-0355	www.waterfordcounseling.com
Youth 180	214-942-5166	www.youth180tx.org

Support Groups

Substance Abuse:

Al-Anon	214-363-0461	www.al-anon.org (local) dallasal-anon.org
Alcoholics Anonymous	214-887-6699	www.aadallas.org
Alcoholics Anonymous – español	214-905-0770	www.aadallasgroup.com/p/reuniones.html
CODA (Codependency)	888-444-2359	www.coda.org
Narcotics Anonymous	888-629-6757	www.lsrna.org

Grief:

Grief and Loss Ctr. of North Texas	214-452-3105	www.mygriefandloss.org
Griefworks	800-375-2229	www.christian-works.org/grief

Abuse:

Collin Co.Children's Advocacy Ctr	972-633-6600	www.caccollincounty.org
Dallas Children's Advocacy Ctr	214-818-2600	www.dcac.org
Denton Co. Children's Advocacy	972-317-2818	www.cacdc.org
Denton Co. Friends Of The Family	940-382-7273	www.dcfof.org
Genesis Women's Shelter	214-946-HELP(4357)	www.genesisshelter.org
Hope's Door	972-276-0057	www.hdnbc.org
Irving Family Advocacy	972-721-6560	www.cityofirving.org/2623/Family-Advocacy-Center
The Family Place	214-941-1991	www.familyplace.org
Traffick 911	817-575-9923	www.traffick911.com

Divorce:

For Kids Sake (adults)	214-662-3070	www.conflicthappens.com
Kidworks divorce recovery (children)	972-960-9981	www.christian-works.org/kidworks
Single and Parenting	800-395-5755	www.singleandparenting.org

Eating Disorders:

Overeaters Anonymous Dallas	972-238-0333	www.oadallas.org
The Elisa Project	214-369-5222	www.theelisaproject.org

Crisis Hotlines (24 hours/day)

ADAPT Mobile Crisis (Dallas Co. only)	866-260-8000	no website
Rape, Abuse, Incest National Network	800-656-HOPE	www.RAINN.org
Suicide and Crisis Center of N. Texas	214-828-1000	www.sccenter.org
Denton County Mobile Crisis (Con. de Denton)	800-866-2465	www.dentonmhm.org/crisis
National Domestic Violence Hotline	800-799-SAFE(7233)	www.thehotline.org
National Human Trafficking Resource Ctr	888-373-7888	www.humantraffickinghotline.org
National Suicide Prevention Lifeline	800-273-TALK (8255)	www.suicidepreventionlifeline.org
Substance Abuse/Mental Health Nat'l. Helpline	800-662-HELP(4357)	www.samhsa.gov/find-help/national-helpline
Turning Point Rape Crisis	800-886-7273	www.theturningpoint.org

Clothing-Food-Shelter

Christian Community Action	972-221-1224	www.ccahelps.com
Family Promise of Irving	972-313-1500	www.familypromiseirving.org
Irving Cares	972-721-9181	www.irvingcares.org
Metrocrest Social Service Center	972-446-2100	www.metrocrestservices.org
Salvation Army-Irving	972-438-6553	www.salvationarmydfw.org

Youth & Family Counseling Agencies

CCD Counseling	800-897-7068	www.ccdcounseling.com
Child & Family Guidance	214-351-3490	www.childrenandfamilies.org
Counseling Inst-Irving	972-550-8369	www.drspillman.com
Ctr. For Play Therapy UNT	940-565-3864	www.cpt.unt.edu
Family Tree Counseling	214-230-1234	www.ftcounseling.com
The Oak Counseling & Psych Services	972-770-1032	https://medicalcityhealthcare.com/locations/the-oak-counseling-and-psychiatric-services/
Green Oaks Medical City	972-770-0818	www.medicalcityhealthcare.com

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Metrocare Skillman	214-221-5433	www.metrocareservices.org
Momentous Institute	214-916-4000	www.momentousinstitute.org
Pastoral Counseling Center	214-526-4525	www.thecentercounseling.org
Rapha Christian Counseling	972-257-0449	www.rapha.info
Sigma Counseling	972-820-6299	www.sigmacounseling.com
SMU Ctr. Family Counseling	214-768-6789	https://www.smu.edu/simmons/Community/Family-Counseling
Trauma Support Services	972-709-4904	www.tssnt.org
Youth & Family Counseling	972-724-2005	www.youthandfamilycounseling.org

Psychiatric Evaluations

Child & Family Guidance	214-351-3490	www.childrenandfamilies.org
Children's Health Hospital	214-456-8899	www.childrens.com
Dallas Behavioral Health	972-982-0900	www.dallasbehavioral.com
Denton MHMR Crisis	800-762-0157	www.dentonmhm.com/crisis.html
Denton MHMR Lewisville Clinic	214-488-0121	www.dentonmhm.com
Denton Psychiatric Triage (24/7)	940-381-9965	www.dentonmhm.com
Hickory Trail	972-298-7323	www.hickorytrail.com
Innovations/Mesa Springs	817-292-4600	www.mesasprings.com
*Lakeside Life Center	972-221-1741	www.lakesidelifecenter.com
Metrocare Skillman	214-221-5433	www.metrocareservices.org
Millwood Hospital	817-382-9603	www.millwoodhospital.com
Perimeter Behavioral Hospital	817-662-6341	www.perimeterhealthcare.com
TX Health Seay Behavioral	972-981-8300	www.texashealth.org/behavioral-health
UBH Denton	940-539-4989	www.ubhdenton.com

ADD/ADHD Evaluations

Beckloff Pediatric Behavioral Ctr	972-250-1700	www.drbeckloff.com
Metrocare Skillman	214-221-5433	www.metrocareservices.org

Shelters

CITY House	972-424-4626	www.cityhouse.org
Mosaic Family Services	214-823-4434	www.mosaicservices.org
Promise House	214-941-8578	www.promisehouse.org

Eating Disorders

Children's Health Plano	469-303-5900	www.childrens.com
The Elisa Project	214-369-5222	www.theelisaproject.org
The Eating Recovery Center	972-476-0800	www.ercdallas.com
*Walker Wellness Clinic	214-549-2901	www.walkerwellness.com

LGBTQ

Trevor Lifeline	866-488-7386	www.thetrevorproject.org
Youth First	214-540-4471	www.myresourcecenter.org

Bilingual Services

Centro de mi Salud	214-941-0798	www.centromisalud.com
Mosaic Family Svcs. Counseling	214-821-5393	www.mosaicservices.org

Alternative Education

Job Corps	972-850-4100	www.jobcorps.gov
Texas Can Academy	972-243-2178	www.texascan.org
Winfree Academy	214-222-2200	www.winfreeacademy.com

Legal Services

Dallas Volunteer Attorney Program	214-748-1234	www.dallasvolunteerattorneyprogram.org
Legal Aid of Northwest Texas	214-748-1234	www.internet.lanwt.org
SMU Law Clinics	214-768-2562	www.smu.edu/law/clinics

Drug Testing

Drug Test Your Teen	214-797-8378	www.drugtestyourteen.com
Health Street	888-378-2499	www.health-street.net

Medical Clinics

Children's Health	214-456-7000	www.childrens.com
Dallas County Health Services	214-819-2000	www.dallascounty.org
Denton Co. Health Lewisville	972-434-4700	www.dentoncounty.com/health
Denton County Health (Denton)	940-349-2900	www.dentoncounty.com/health
Pedi Place	972-436-7962	www.pediplace.org
Planned Parenthood	972-991-1424	www.plannedparenthood.org
Primary Care Clinic (12+)	972-221-6005	www.primarycareclinic.org
Vivian Field Family Health Ctr	214-266-2305	No website
Woven Health Clinic	972-484-8444	www.wovenhealth.org

These lists are provided as a courtesy, and in no way constitute an endorsement of relationships between CFBISD and the service provider. All listings are subject to change.