



Our GHS Care for Self and Others Promise

In making this promise, I will do my part at GHS to protect the health and safety of myself and those around me.

During this COVID-19 pandemic:

- I will wear a mask whenever I am in public, anywhere in the GHS facility/grounds.
- I will maintain at least six feet of physical distancing from others whenever possible.
- I will wash my hands often — for at least 20 seconds — and use hand sanitizer frequently.
- I will follow GHS rules regarding:
 - Gathering as a group, pedestrian traffic patterns in all corridors and staircases.
 - Student Center and house offices.
 - Other new regulations designed to promote safety and good health.
- I will monitor daily for COVID-19 symptoms using the [GPS Self Checklist](#) and inform the Nurse's office and my health care provider regarding any changes in my health status.
- I will commit to medical isolation, quarantine, or other medical direction when advised to do so by a healthcare provider.

[We are ONE GHS Community](#)
[Driven by our Mission & Norms](#)



Miyabi Takeda