



# Communication: Responding to Sexual Harassment

Advisory #4  
Cupertino High School  
September 2, 2020



## Check in

What's the best thing about remote learning? What's the hardest thing about remote learning?

Write your answers in the chat.



# Community Builder

What's your superpower? Why?

Draw a quick sketch of you using your superpower and be ready to show your classmates.



## Outcomes

- We all know how to define sexual harassment
- We understand some of the effects of sexual harassment
- We are all clear on how to report sexual harassment
- We continue to develop our toolkit for responding to bias



## **What's one thing you remember?**

In the chat, write one thing you remember from the slides on sexual harassment that you did a couple of weeks ago.

# FUHSD Community Statement

The Fremont Union High School District is a community where all students should feel safe, welcome and included. We are here to learn and support each other regardless of our differences, regardless of labels.

We can do this by:

- Showing respect for others as individuals by learning and using their names and pronouns
- Providing room for each person to explore their own identities and allowing others to define their own identities and to speak for themselves
- Supporting an atmosphere of learning and growth
- Respecting confidentiality

**Who can help us define sexual harassment?**

# Defining Sexual Harassment

Sexual harassment is doing or saying anything sexual that makes someone else feel uncomfortable. This includes name-calling, starting rumors, or making sexual jokes or gestures. It also includes unwanted touch and unwanted communication like sexual comments, texts, or messages on social media.

Sexual harassment is ***against the law!***

Sexual comments, jokes, touches, and other communications (like sexting or requesting nudes or posting naked pictures) are NOT OKAY and can cause lasting trauma to victims. This is true in any setting--including online, in breakout rooms, or on campus.





## **Discussion question**

Do you think sexual harassment happens at our school?

# Bullying, Sexual Harassment, Teasing & Flirting

Bullying vs. Teasing



Sexual Harassment vs....



Flirting



## Effects on victims

- Feeling fear and powerlessness
- Feeling embarrassed or ashamed
- Feeling angry/betrayed/confused
- Finding it hard to study or pay attention in class (difficulties with focus/concentration)
- Dropping a course or skipping class or wanting to change schools (desire to escape)
- Having trouble sleeping
- Experiencing loss of appetite
- Losing confidence
- Suffering long-term consequences such as drug or alcohol abuse
- Depression or anxiety



## Why might it be difficult for some victims to report?

- Fear of retaliation
- Fear of not being taken seriously
- Feel embarrassed or ashamed
- Blaming oneself or thinking they deserved it
- Don't think it's that serious; "convince themselves it wasn't a big deal"
- Other people who were there didn't say anything either
- Don't want to be seen as a prude
- Low self-esteem
- Feeling it's useless to report because nothing will be done

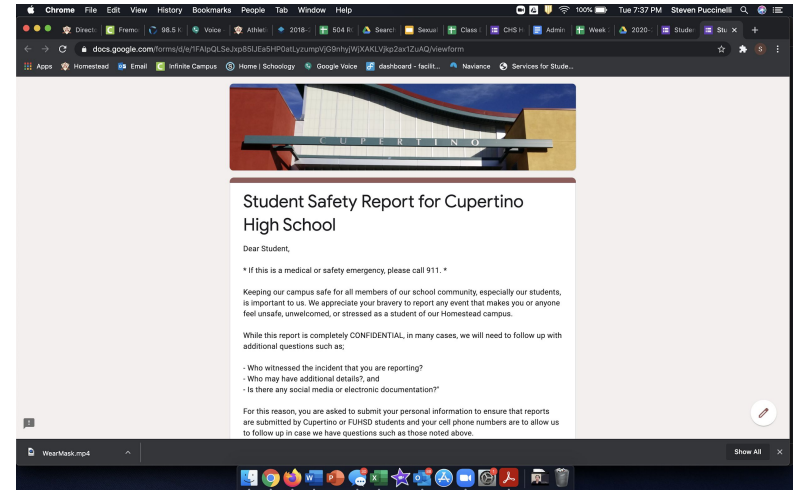


**Let's review with this short video.**



# Reporting Harassment or Bias

For a confidential source to report harassment, sexual harassment, bias or other student safety issues, please use the [Student Safety Report](#).





## How do I report sexual harassment in our school community?

- Report the offensive behaviors to a teacher, guidance counselor, school-based therapist or administrator.
- Use the confidential [Student Safety Report Form](#)
- Report the offensive behaviors to the Title IX Coordinator at the district office or the school: Trudy Gross (email: [trudy\\_gross@fuhsd.org](mailto:trudy_gross@fuhsd.org)) or Kami Tomberlain (email: [kami\\_tomberlain@fuhsd.org](mailto:kami_tomberlain@fuhsd.org))