

NAME \_\_\_\_\_ BIRTHDAY \_\_\_\_\_ AGE \_\_\_\_\_

FAMILY DOCTOR  
\_\_\_\_\_

JOHN C. KIMBALL HIGH SCHOOL ATHLETIC HISTORY AND PHYSICAL EXAMINATION  
PREREQUISITE TO COMPETITIVE ATHLETIC PARTICIPATION

PHYSICAL EXAM	FRESHMAN DATE: _____	SOPHOMORE DATE: _____	JUNIOR DATE: _____	SENIOR DATE: _____
Height				
Weight				
Blood Pressure				
Eyes				
E.N.T.				
Teeth				
Thorax				
Lungs				
Abdomen				
Hernia				
G.U. – Gyn				
Ortho				
Urinalysis	PROT.      GLUC.	PROT.      GLUC.	PROT.      GLUC.	PROT.      GLUC.
Examiner:				

FOLLOWING CONDITIONS MAY EXCLUDE PARTICIPATION

**General:** Acute infections, active chronic infections.

**Vision:** Less than 20/100 without glasses. One eye.

**Heart:** Recumbent pulse over 105 on three successive exams.

Organic murmurs.

Marked arrhythmias.

Blood pressure above 150/90 without further study.

**Hernia:** Unless satisfactory repaired.

**G.U.:** Nephritis, gross hydrocele, cryptorchidism.

HISTORY

NOTES

BROKEN BONES or INJURY

Age at the time of

Head \_\_\_\_\_  
Spine \_\_\_\_\_  
Knee \_\_\_\_\_  
Ankle \_\_\_\_\_  
Arm \_\_\_\_\_  
Hernia \_\_\_\_\_  
Other \_\_\_\_\_

SERIOUS ILLNESS

Yes      No

Heart Disease \_\_\_\_\_  
Diabetes \_\_\_\_\_  
Epilepsy \_\_\_\_\_  
Kidney \_\_\_\_\_  
Convulsions \_\_\_\_\_  
Hepatitis \_\_\_\_\_  
Other \_\_\_\_\_

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