

SPORTS

XC falls just short at Parkway West; looks forward to postseason

BY JUSTIN KOESTERER AND
PETER LABARGE
SPORTS EDITOR, REPORTER

Some say winning the second time is harder than the first. The St. Louis U. High cross country team, after a historic day at Palatine two Saturdays ago, were held accountable to this proverb at the Dale Shepard Invitational at Parkway West, trying to push momentum hard into the postseason.

The varsity team, whose goal was first place at the Dale Shepard Invitational at Parkway West, pulled up short, taking fourth out of 19 teams. Although losing

onds, a huge margin. And while he was at it, Baker broke 16 minutes, running 15:48.18, an incredible feat. Baker played a big role in Kirkwood's edging of the Jr. Bills, but Hetlage isn't worried, because he has beaten Baker multiple times, and knows what it takes to get the job done.

"I think the team had a little bit of an issue getting out and getting into position, which is something we have been good at all year," said Hetlage. "The course was a little narrower. We just need to work on getting into position from the start, especially with bigger meets



Junior Lucas Rackers at Parkway West. photo | Mr. Jim Hetlage

to two teams SLUH will not be competing against later in the season—Festus, in a lower class, and O'Fallon, in Illinois—the Jr. Bills still see the race as a chance they could have taken to do better, or even win.

Although the team didn't race to its potential, there were bright spots. Senior captain Patrick Hetlage and junior Lucas Rackers once again placed well, while senior Chris Staley continued his solid season, finishing third for the Jr. Bills, and medaling comfortably in 18th place (16:44.39 5K). Rackers took 11th overall and second for SLUH, running 16:33.73, continuing a breakout season from the track season the previous spring. Hetlage led the squad, placing fourth, racing 16:18.70.

Annual counterpart and Kirkwood High School star Christian Baker has competed against Hetlage on the XC course numerous times, and this time the senior bolted away from Hetlage, beating the next finisher by nearly 25 seconds and Hetlage by 30 seconds.

in the future." SLUH's back four didn't race like they usually have, with junior Joe Callahan having to step up to finish fourth, in 17:08.74, in front of junior Noah Scott and senior Reed Milnor, who finished two and 11 seconds behind Callahan, respectively.

"You know we had some good points and some bad points. If you score the race at the 2-mile mark, we were tied for first place with Festus at 85 points and then we ended up with 107. Our last mile was not as strong as we would have liked. Obviously we are a little bit disappointed, but hopefully it will make us a little bit more hungry as we approach our postseason meets," said head coach Joe Porter.

Earlier in the day, though, the JV team destroyed their competition, winning the JV race and scoring a minuscule 33 points. Second-place finisher junior Peter Dillon was a key contributor, finishing first for the team and setting a personal record,

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Swimming continues road to State with dominant victories at MICDS, Lindbergh Invite

JOE FEDER AND NICHOLAS
DALAVIRAS
REPORTERS

The St. Louis U. High Swim and Dive team continued its incredible 2018 season with two major victories this past week: one in a tri-meet against Parkway West and MICDS last Thursday, and another in the Lindbergh Invitational on Saturday.

The tri-meet was held at the spectacular MICDS natatorium, which opened in the fall of 2017. The pool features an enormous, brightly lit scoreboard, lots of deck space, and two pools separated by a bulkhead—one for diving and one for swimming. The swimming pool has eight lanes, which allows for more meet entries and greater space for warm-up before the meet.

While the swim squad was not able to pick up many personal best times, due to the meet being in the middle of one of the hardest training weeks of the season, SLUH still won the meet by forty points, taking first in more than half of the events. Notable swims included junior Andrew Zimmerman, who won the 50 freestyle with a new personal best time, and freshman Connor Buehring, who also dropped his time in the 50 free. The most valuable swimmers of the meet, however, were B-Relay members: senior captain Jarrett Schneider, seniors Garrett Baldes, Luke Brawer, Jacob Palmer and Jack Bodnar, juniors Patrick Moeht, Sean Santoni, and Carson Massie, sophomores Eli Butters and Mikhail Shulepov, and freshman Ned Mehmeti. Their valuable fourth place finishes put the team's point margin far ahead of both Parkway West and MICDS.



The swim team after practice last Friday. photo | Mrs. Kathy Chott

"Our second relay team members really came through to add security to our victory," said head coach Lindsey Ehret.

Two days later, at the early hour of 7:30, the diving squad of freshman Sebastian Lawrence, sophomore Owen Cooney, and juniors Gabe and Max Manalang arrived at Lindbergh High School for their first 11-dive meet of the year. With each diver placing in the top ten, they provided the team with 75 points and a healthy lead.

Although Lawrence and Cooney had never before competed in an 11-dive meet, they performed astonishingly well, with Cooney placing seventh—just one tenth of a point behind sixth—and Lawrence taking third. Not only did Lawrence place third overall, but he also became the third Jr. Bill diver to qualify for state, racking up enough degree of difficulty points and judge's points to become a state qualifier, an extremely rare feat for a freshman.

The Manalangs, as has become the standard this season, competed against each other

for first place. Gabe finished first this time, but both have shown remarkable improvement in just one year. Max's score of 392.95 marks a 55 point increase from his state debut from last year, while Gabe's score of 423.15 would have earned him a second place finish at last year's state finals.

Immediately after the diving session, the swimming warm ups began. An accident on the Gravois exit from I-270 delayed several swimmers, but the meet still ended with another decisive SLUH victory.

Despite a slow start in the 200 medley relay and the 200 freestyle, the team's depth, namely the sixth place B-relay team of senior Luke Brawer, junior Evan Lu, freshman Jonas Hostetler, and sophomore Eli Butters, enabled the U. High to remain in first place. Freshman Cooper Scharff shifted the tide back in the direction of the Jr. Bills, finding another two second drop in his 200 Individual Medley, which boosted him to second in the state.

The 100 butterfly saw another freshman victory, with Hostetler taking home his first

ever invitational victory with a photo-finish of three-tenths of a second. Senior captain Joe Feder finished first in the 100 freestyle, with his fellow captain senior Will Slatin just behind in fourth. In the 500 freestyle, senior captain Daniel Fink obliterated his opponents, winning the event by a margin of over seven seconds, and his performance was followed by the equally powerful five-second victory in the 200 freestyle relay by Scharff, Slatin, Zimmerman, and Feder.

Brawer continued his time-dropping assault on the 100 backstroke, shaving a second off his time before the 400 freestyle relay team of Fink, Slatin, Scharff, and Feder took home the win for the U. High to the tune of nearly a five-second victory.

"I think that we showcased our depth again with those second relays," said Ehret. "We just racked up points, and it was a ridiculous amount of points."

SLUH scored 633 points, beating the second place team, Kirkwood High School, by over 150 points. The team tallied its

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More struggles for soccer in loss to Lindbergh on late goal despite even game



art | Patrick Dwyer

BY CHRIS STALEY AND BLAKE
O'BERT
SPORTS EDITOR, REPORTER

The varsity soccer team (4-12-1) entered the week looking to bring home some wins in away games against Lindbergh and CBC. Unfortunately, they were unable to come out on top in either game, as they lost to Lindbergh in a heartbreaking

1-0 game, and lost against CBC in a crushing 6-0 loss.

The Jr. Bills started off the week against the Lindbergh Flyers away from home turf, seeking a win in hopes of redeeming their CYC Tournament loss the previous week. The Bills remained aggressive and in control for most of the first half, but had few opportunities to finish the ball.

The team entered the end of the first half with both teams scoreless, which has become the norm for the team, and felt in control entering the second.

"We knew that we were the better team," said senior Jake Pineda. "We came out firing, but we couldn't push through to get that goal."

The Jr. Bills still appeared on top through the

second. A header from senior Brian Lymberopoulos excited the team, but a great save from the Flyers' keeper kept the score 0-0.

As the game was winding down, the fight from both teams was clearly present, but when the Flyers were awarded a free kick with two minutes left, they took advantage. Booting the ball past the hands of junior goalie Peter Herrmann, Lindbergh took home the victory with a score of 1-0.

"I think we do a heck of a job against a lot of our opponents," said coach Bob O'Connell. "I think against Lindbergh we created more chances, but I think they deserved better than that night."

The team's lack of momentum carried into the next day's contest against MCC rival CBC. With 17 minutes left in the first half, the Ca

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Around the Hallways

Freshman Meeting

During activity period on Monday, freshman met with their senior advisors to discuss a variety of topics. Seniors spoke with their freshman briefly about how their year was going and how to prepare and what to expect for the quarter exams coming up.

Freshman Mass

Today, freshman will celebrate their first quarter mass during activity period in the chapel. The mass will be celebrated by Father Ian Gibbons accompanied by Deacon Boedeker. The freshmen pastoral team has been preparing the mass

for the past few weeks, focusing around the central themes of faith and trust, designed to unite the freshmen as they continue in their transition to SLUH.

AMDG Meeting

Last night, about 50 people gathered in the Currihan Room for the second AMDG meeting of the year. The theme of "The Spiritual Life is a Pilgrimage" permeated the event, which started out with Mass, followed by refreshments, presentations, and conversation. Assistant Principal for Mission Jim Linhares was the main speaker, and Mr. Michael Mohr S.J. led the

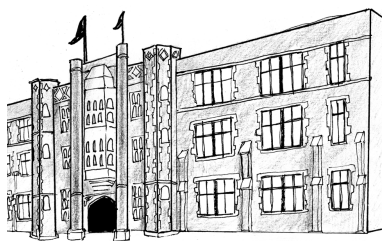
opening prayer. The remaining two meetings will take place in January and April.

Vape Signs Published in Bathrooms

New vape signs have been published in bathrooms from the school as the FDA tries to crack down on the epidemic.

Assistant Principle for Student Life Kesterson decided to order the free signs to show the students that they aren't messing around when it comes to vaping on campus.

—Jimmy Stanley, Ben Klevorn, Jack Schoen, and Nick Shelton



JV and Freshman cross country notch top spots at Dale Shepard Invitational

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placing second overall with a speedy time of 17:29.19.

Dillon helped following SLUH runners Chuck Perry and Jack Buehring stay close; the Jr. Bills' one-to-five gap was 26 seconds, better than most varsity teams, who would be pleased with 45 seconds. The one to five gap shows team strength, and how well the team stays together and uses each other when there isn't a standout runner.

"I was trying to pull my teammates along. There was this guy from Jeff City who made a pretty big move, but we were able to work together and stay up towards the front. It was a great day for the program as a whole. I didn't want to lose Chuck [Perry] or [Jack] Buehring and stand with them to the end," said Dillon.

At second place for the race and breaking 17:30, Dillon had a monstrous day, but he wasn't alone. After Dillon edged junior Christopher Wichlac of O'Fallon High school by a second, and junior Jared Geyer of Rock Bridge High School crossed soon thereafter, the finish line was waiting for more Jr. Bills. A well-run race paid dividends for seniors Jack Buehring (fifth

place; 17:40.46) and Chuck Perry (sixth place; 17:43.18), who epitomized the oft-taught cross country lesson of packing up and running with a teammate.

It's rare to see three JV runners break the 18:00 threshold in the same 5K

rier and medaled. Closing out the SLUH JV scoring, junior Mitchell Boother, who has had varsity experience in the past, finished 11th, in 17:56.

"It was really good, the weather was great. We were also fresh because we didn't have to stand around a lot



Cross Country prepares to start race

photo | Mr. Jim Hetlage

race—usually it's more likely to happen at Granite City or the Palatine Invitational, three-mile courses which are extremely flat and, weather permitting, usually yield good results.

Junior Garrett Seal (ninth place; 17:53.19) also broke the 18-minute bar-

rier before the race. I love this course, it's amazing. I think last week racing in Varsity at Fox really helped us get some good experience being out front and that helped us be comfortable leading a race," said Perry.

The freshmen, like varsity, also fell to the Pioneers

of Kirkwood, but placed second overall, out of 13 teams. Kirkwood took four of the top six scores. With resilience, though, the Jr. Bills toughened in the face of adversity. Top scorer for SLUH Baker Pashea took fifth overall, missing a varsity letter (18:15) by just under 20 seconds, at 18:34.49. Although he placed fifth, Pashea scored as third because Jefferson City did not have five guys to cross the finish line, so their top two runners were not counted in the scores.

"Kirkwood went out really fast, but I think we did a good job of competing and trying to close the gap," said Pashea.

Placing tenth and eleventh side by side were Joseph Labarge and Sean Kellogg, with Justin Glass following ten seconds behind in 13th place, crossing the finish line at 18:54.97. Graham Sanfilippo rounded out the SLUH scoring in 36th place (19:38.33). Although they lost to Kirkwood, the Junior Bills do not often see four freshmen break 19:00, so that is a big plus looking ahead for the SLUH cross country team.

Calendar

Friday, October 5

Regular Schedule

F/C 1st Friday Mass

AP Freshman Class Mass
St. Louis College of Pharmacy
Snack—Pepperoni Bosco

LUNCH Special—Country Fried Steak

Vegetarian—Garden Burger

4:00PM B Soccer vs Soldan

7:00PM V Football @ Chaminade

7:30PM Theater Production

Saturday, October 6

9:00AM Swimming & Diving CoMo Invitational

10:00AM C Soccer vs St. Dominic

7:30PM Theater Production

Sunday, October 7

12:00 Keen

2:00PM Theater Production

Monday, October 8

Regular Schedule

AP Junior Class Meeting
Grand Canyon University
Snack—Chicken Rings

LUNCH Special—Pizza Texas Grilled Cheese
Vegetarian—Spinach Pasta

4:15 PM C Soccer vs DeSmet

4:30 PM Swimming & Diving vs Parkway Central

5:00 PM B Football vs Chaminade

Tuesday, October 9

Regular Schedule

AP Saint Louis University
Belhaven University
Snack—Mini Taco

LUNCH Special—Taco Bar
Vegetarian—Black Bean Burger
Denison University
Kino Border Initiative

4:00 PM JV Soccer @ DeSmet

7:00 PM Band/Orchestra Concert

Wednesday, October 10

No Classes—PSAT

Standardized Testing So/Jr

Senior Project Sites Visit Day

4:00 PM JV Soccer @ CBC

4:30 PM C Soccer vs Hazelwood West

6:00 PM Cornerstone Society Dinner

Thursday, October 11

Regular Schedule

AP Jr Ring Orders (A-L)
College of the Holy Cross
Fontbonne University
Greenville University
Washington University in St. Louis
Snack—Bosco Stick

LUNCH Special—Papa John's Pizza
Vegetarian—Tilapia
University of Miami

5:00 PM B Soccer vs OTHS

6:00 PM Academic Deans Dinner/Mass

6:45 PM V Soccer @ O'Fallon Township

7:00 PM Fall Choir Concert

Friday, October 12

Regular Schedule

Class of 1968 Reunion

AP Jr Ring Orders (M-Z)
University of Kentucky
Snack—Mini Corn Dogs

LUNCH Special—Chinese
Vegetarian—Salmon

7:00 PM V Football vs Trinity Catholic

calendar | Ben Klevorn

Prep News

Volume 83, Issue 7

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"What Keeps You Up At Night?"

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SLUH tweet of the week: SLUH XC and Track

@sluhxtrack

To honor those who have come before us in the program, the varsity will wear the uniforms used from the 2007-2013 at the MCC Championships tomorrow. These uniforms were part of 4 state titles.

