


**BREAKFAST**

# SEPTEMBER 2020

SHS Student Price-\$2.00  
 SMS Student Price-\$1.75  
 DMS-WVS Student Price-\$1.50  
 Reduced Price-\$0.30

This institution is an equal opportunity provider

## K-12 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> <i>Summer Recess No School</i>	<b>2</b> <i>Summer Recess No School</i>	<b>3</b> <i>Summer Recess No School</i>	<b>4</b> <i>Summer Recess No School</i>
<b>7</b> <i>Labor Day No School</i>	<b>8</b> Muffin or Cereal Applesauce 100% Juice	<b>9</b> <i>Please See Hybrid-Distance Learning Menu for Options</i>	<b>10</b> Yogurt Parfait or Cereal Crisp Apple 100% Juice	<b>11</b> Muffin or Cereal Applesauce 100% Juice
<b>14</b> Yogurt Parfait or Cereal Crisp Apple 100% Juice	<b>15</b> Muffin or Cereal Applesauce 100% Juice	<b>16</b> <i>Please See Hybrid-Distance Learning Menu for Options</i>	<b>17</b> Yogurt Parfait or Cereal Crisp Apple 100% Juice	<b>18</b> Muffin or Cereal Applesauce 100% Juice
<b>21</b> Hot Breakfast Sandwich or Yogurt Parfait Orange Wedges 100% Juice	<b>22</b> Hot Breakfast Sandwich or Muffin Fruit Cup 100% Juice	<b>23</b> <i>Please See Hybrid-Distance Learning Menu for Options</i>	<b>24</b> Hot Breakfast Sandwich or Yogurt Parfait Orange Wedges 100% Juice	<b>25</b> Hot Breakfast Sandwich or Muffin Fruit Cup 100% Juice
<b>28</b> Ham & Croissant Breakfast Bake or Yogurt Parfait Fruit Cup 100% Juice	<b>29</b> Blueberry Croissant Breakfast Bake or Muffin Apple 100% Juice	<b>30</b> <i>Professional Development No School</i>		



- All breakfast meals include: 2 oz whole grains, ½ cup fruit & ½ cup 100% juice, and 8 fl oz low fat or fat-free milk
- Please make all checks payable to Stonington Public Schools Food Services or SPS Food Services
- Applications for free and reduced price meals may be submitted at any time during the school year! <https://www.stoningtonschools.org/departments/food-services>