



School Menu Reception - Year 4 Week Commencing 21st September 2020

It is the aim of the school to use **pure vegetable oil** for frying and to reduce the amount of **salt, fat & sugar** in all recipes

Please note: These are sample menus and may be subject to change due to Covid-19

Monday	Tuesday	Wednesday	Thursday	Friday
Main Course:				
Bolognese Spaghetti Broccoli	Jacket Potato Baked Beans	Chicken Tikka Rice Spinach & Tomato	Tomato Sauce & Cheese Sauce Pasta Courgette	Pizza Mixed Peppers
Vegetarian Option:				
Mushroom Stroganoff	Jacket Potato	Chilli	Tomato Sauce & Cheese Sauce Pasta	Pizza
Dessert:				
Whole Fruit Chocolate Crunch	Cut Fruit Banana Cake	Whole Fruit Yoghurt	Cut Fruit Crumble Slice	Whole Fruit Ice Cream