



School Menu Year 5 - Year 13 Week Commencing 14th September 2020

It is the aim of the school to use **pure vegetable oil** for frying and to reduce the amount of **salt, fat & sugar** in all recipes

Please note: menus are reduced and may be subject to change due to Covid-19

Monday	Tuesday	Wednesday	Thursday	Friday
Main Course:				
Breaded Drumsticks Couscous Cauliflower	Meatballs Spaghetti Carrots	Braised Beef Mash Potato Broccoli	Cheese & Tomato Panini Lettuce, Tomato & Cucumber	Fish Cake Sauté Potatoes Broccoli
Vegetarian Option:				
Quiche	Ratatouille	Bean Wrap	Cheese & Tomato Panini	Gnocchi
Dessert:				
Whole Fruit Whip	Cut Fruit Sponge	Whole Fruit Jelly	Cut Fruit Muffins	Whole Fruit Meringues