

Fr. Matt's Musings August 31, 2020

In Heraclituas

Heraclitus was an ancient Greek philosopher who posits that the only constant in life is change. During these past few months, no words seem more true. Everything seems to change, sometimes even daily, with this pandemic. It is easy to dwell on the negatives: masks, social distancing, virtual, on-line learning, lack of a vaccine, but change, although difficult, always has an upside. I ask you to think about and share some of the positive changes that have been part of these past days since the March 16th shutdown. For me, here are a few of the positives:

- A renewed sense of humility. I can make plans and try to take charge of the events of my day, but so often, that control is beyond my efforts.
 Therefore, we are called to a renewed trust in our loving God.
- Shared trust. We are always called to rely on one another. I have seen remarkable generosity on the part of our staff and parishioners and great concern for our fellow parishioners. Difficult times call on the best or worst sides of our nature. I choose to focus on our better and higher nature.
- 3. Slowing down. March and April were hard with the shutdown and the cold and wet days. But, the rest of the spring and summer have been filled with beautiful days and shame on me when I did not take advantage of those days to take awe in the beauty of God's creation.

Please feel free to share with us a positive change in you in the midst of this pandemic.

In conclusion, Fr. Metzger also shared with me that Heraclitus also remarked that no one steps in the same river twice for both the river and the person are always different.

Hopefully, we can take advantage of every unique moment because the next moment will change.

Live Jesus!

Fr. Matt frhillyard@olgcva.org In Christ - Stronger Together receiving this email because you have expressed an interest in these messages. Please add frhillyard@olgcva.org to your address book so we'll be sure to land in your inbox! If you know someone who would like to be added to the list have them email communications@olgcva.org.

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