

September 2020						
BREAKFAST MENU						Menu subject to change without notice
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
W E E K 1		1 Breakfast Bar w/Mini Loaf Fresh Fruit Orange Juice Milk Choice	2 Sausage & Cheese Croissant Fresh Fruit Orange Juice Milk Choice	3 Barbacoa Taco Fresh Fruit Orange Juice Milk Choice	4 Bacon & Egg Taco Fresh Fruit Orange Juice Milk Choice	<b>BREAKFAST MEAL PRICES:</b>  REDUCED \$ .30 FULL PRICE \$ 1.55  <b>A LA CARTE</b> ENTREE \$1.50 EXTRA MILK \$.50 EXTRA FRUIT \$.50  <b>MILK CHOICES:</b> 1% Low Fat Milk Fat Free Chocolate Milk
W E E K 2	7 <b>NO SCHOOL (LABOR DAY)</b>	8 Kolache Fresh Fruit Orange Juice Milk Choice	9 Breakfast Skillet Bowl Fresh Fruit Orange Juice Milk Choice	10 Beef Tamales Fresh Fruit Orange Juice Milk Choice	11 Pancake on a Stick Fresh Fruit Orange Juice Milk Choice	
W E E K 1	14 Sausage Egg & Cheese Biscuit Fresh Fruit Orange Juice Milk Choice	15 Breakfast Bar w/Mini Loaf Fresh Fruit Orange Juice Milk Choice	16 Sausage & Cheese Croissant Fresh Fruit Orange Juice Milk Choice	17 Barbacoa Taco Fresh Fruit Orange Juice Milk Choice	18 Bacon & Egg Taco Fresh Fruit Orange Juice Milk Choice	
W E E K 2	21 Chicken Biscuit Fresh Fruit Orange Juice Milk Choice	22 Kolache Fresh Fruit Orange Juice Milk Choice	23 Breakfast Skillet Bowl Fresh Fruit Orange Juice Milk Choice	24 Beef Tamales Fresh Fruit Orange Juice Milk Choice	25 Pancake on a Stick Fresh Fruit Orange Juice Milk Choice	
W E E K 1	28 Sausage Egg & Cheese Biscuit Fresh Fruit Orange Juice Milk Choice	29 Breakfast Bar w/Mini Loaf Fresh Fruit Orange Juice Milk Choice	30 Sausage & Cheese Croissant Fresh Fruit Orange Juice Milk Choice			

**STISD Child Nutrition Dept.**  
(956)514-4230

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*To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).*

*This institution is an equal opportunity provider.*

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LUNCH MENU						
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	LUNCH MEAL PRICES:
W E E K 1		1 Asian Teriyaki Bowl w/ fried rice Egg Roll Green Beans Baby Carrots Fresh Fruit Fruit Cocktail	2 Cheese Enchiladas Pinto Beans Spanish Rice Romaine Salad Fresh Fruit Diced Pears	3 Chicken Fajita Bowl Green Beans Baby Carrots Fresh Fruit Applesauce	4 Nachos Supreme Broccoli Romaine Salad Fresh Fruit Pineapple Tidbits	<p><b>REDUCED \$ .40</b>  <b>FULL PRICE \$ 3.10</b></p> <p style="text-align: center;"><b>A LA CARTE</b></p> <p><b>SIDE DISH \$ 0.50</b>  <b>EXTRA MILK \$ 0.50</b>  <b>EXTRA FRUIT \$ 0.50</b>  <b>EXTRA VEGGIE \$ 0.50</b></p> <p><b>MILK CHOICES:</b>  <b>1% Low Fat Milk</b></p> <p><b>CONDIMENTS:</b>  <b>Ranch Dressing</b>  <b>Parmesan Cheese</b>  <b>Ketchup</b>  <b>Jalapenos</b>  <b>Mustard</b>  <b>Mayo</b>  <b>Gravy</b>  <b>Salsa</b></p> <p style="text-align: center;"><b>STISD Child Nutrition Dept.</b>  <b>(956)514-4230</b></p>
W E E K 2	7 <b>NO SCHOOL (LABOR DAY)</b>	8 Philly Cheesesteak Baked French Fries Baby Carrots Fresh Fruit Fruit Cocktail	9 Beef & Cheese Lasagna Twisted Cheese Breadstick Green Beans Romaine Salad Fresh Fruit Diced Pears	10 Carne Guisada w/ Tortilla Pinto Beans Baby Carrots Rice Banana Fruit Cocktail	11 Chili Cheese Dog Broccoli Tater Tots Orange Applesauce	
W E E K 1	14 Oven Baked Chicken Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit Peach Slices	15 Asian Teriyaki Bowl w/ fried rice Egg Roll Green Beans Baby Carrots Fresh Fruit Fruit Cocktail	16 Cheese Enchiladas Pinto Beans Spanish Rice Romaine Salad Fresh Fruit Diced Pears	17 Chicken Fajita Bowl Green Beans Baby Carrots Fresh Fruit Applesauce	18 Nachos Supreme Broccoli Romaine Salad Fresh Fruit Pineapple Tidbits	
W E E K 2	21 Spaghetti & Meatballs Garlic Stick Cooked Carrots Romaine Salad Fresh apple Peach Slices	22 Philly Cheesesteak Baked French Fries Baby Carrots Fresh Fruit Fruit Cocktail	23 Beef & Cheese Lasagna Twisted Cheese Breadstick Green Beans Romaine Salad Fresh Fruit Diced Pears	24 Carne Guisada w/ Tortilla Pinto Beans Baby Carrots Rice Banana Fruit Cocktail	25 Chili Cheese Dog Broccoli Tater Tots Orange Applesauce	
W E E K 1	28 Oven Baked Chicken Creamy Mashed Potatoes Cooked Carrots Dinner Roll Fresh Fruit Peach Slices	29 Asian Teriyaki Bowl w/ fried rice Egg Roll Green Beans Baby Carrots Fresh Fruit Fruit Cocktail	30 Cheese Enchiladas Pinto Beans Spanish Rice Romaine Salad Fresh Fruit Diced Pears			

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