

Contact Tracing for COVID-19 in K-12 Schools

HOW TO PREPARE AND WHAT TO EXPECT



1

Talk about the person's health.

The case investigator will:

- ✓ Discuss how to manage any symptoms.
- ✓ Discuss how to prevent other people from getting sick by recommending to isolate the person with COVID-19 and quarantine other household members.
- ✓ Make sure the family has the resources they need to stay safe and healthy in isolation.

A case investigator may also speak with the person's doctor to find out more specific health information.

2

Identify who may have been exposed to COVID-19. This is done by identifying those who had close contact¹.

The case investigator will:

- ✓ Talk to the person or their parent/guardian about who they or their child has spent time with in school and outside of school.
- ✓ Talk to school staff (teacher, bus driver) to obtain class schedules, seating charts, or other information. The name and identity of the person with COVID-19 will not be shared with the school.

1

Talk about COVID-19 symptoms and information about testing.

The contact tracer will help make sure anyone identified as a close contact:

- ✓ Knows the symptoms of COVID-19.
- ✓ Understands how to monitor their own (or their child's) health.
- ✓ Knows where and how to get tested².

²A contact who tests negative must still complete the full 14 day quarantine.

2

Enroll the contact in the VDH contact monitoring and reporting tool "Sara Alert".

This will allow the local health department to check on the person every day regarding their symptoms, and connect them to care if needed

3

Talk about quarantine recommendations and resources.

- ✓ The close contact must stay at home and self-quarantine for 14 days following exposure
- ✓ Connect the family to resources that enable a safe and healthy quarantine.

¹Close contact is defined as being within 6 feet of a person with COVID-19 for at least 15 minutes or having exposure to the person's respiratory secretions (for example, coughed or sneezed on; shared a drinking glass or utensils; kissing) while they were contagious. A person with COVID-19 is considered to be contagious starting 2 days before they became sick, or 2 days before they tested positive if they never had symptoms.

Did you know?
Contacts of contacts do not need to quarantine.

