

Resources and Tips
For Ursuline Families
As we Prepare for School Reopening

1. Purchase extra masks, gloves, and hand sanitizer now to avoid any back to school shortages.
2. Consider also ordering goggles, which are available in an array of colors, now before supplies become limited! While not a requirement, they are an additional way to protect your child.
3. Backpacks are particularly hard to sanitize. Make your own sanitizer and keep in a spray bottle for easy use. Here are instructions for a variety of surfaces, provided by the NH DHHS Division of Public Health Services:

Sanitizing Food Contact Surfaces: **1 tablespoon** of bleach per **1 gallon** of water will give you a 50-200 ppm of sanitizing solution. This can be used to sanitize dishes, utensils, food preparation counters and tables. Make sure that you use only Unscented bleach for food preparation counters and tables.

Disinfecting changing tables, bathrooms, toys: **1 tablespoon** of bleach per **1 quart** of water OR **¼ cup** of bleach per **1 gallon** of water. This will give you a 500-800 ppm disinfecting solution. Remake solution daily.

For toys, wash and rinse toys to remove any visible dirt. Soak toys in a solution of **¾ cup** bleach **per gallon** of water for 5 minutes. Rinse toys and allow to fully air dry.

4. Remember not to drink hot beverages shortly before having your temperature taken!

