



## THE HEWITT SCHOOL

# HEAD OF SCHOOL DR. TARA CHRISTIE KINSEY'S RECOMMENDED READING LIST

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### Diversity, Equity, and Inclusion

- We Should All Be Feminists* by Chimamanda Ngozi Adichie
- Being the Change: Lessons and Strategies to Teach Social Comprehension* by Sara K. Ahmed
- The New Jim Crow: Mass Incarceration in the Age of Colorblindness* by Michelle Alexander
- The Fire Next Time* by James Baldwin
- Blindspot: Hidden Biases of Good People* by Mahzarin R. Banaji and Anthony G. Greenwald
- Between the World and Me* by Ta-Nehisi Coates
- Eloquent Rage: A Black Feminist Discovers Her Superpower* by Brittney Cooper
- Demarginalizing the Intersection of Race and Sex: A Black Feminist Critique of Antidiscrimination Doctrine, Feminist Theory and Antiracist Politics* by Kimberlé Crenshaw
- White Fragility: Why It's So Hard For White People To Talk About Racism* by Robin DiAngelo
- Bad Feminist* by Roxane Gay
- Avoiding Racial Equity Detours* by Paul Gorski
- Culturally Responsive Teaching and the Brain: Promoting Authentic Engagement and Rigor Among Culturally and Linguistically Diverse Students* by Zaretta Hammond
- Teaching to Transgress: Education as the Practice of Freedom* by bell hooks
- How to Be an Antiracist* by Ibram X. Kendi
- Sister Outsider: Essays and Speeches* by Audre Lorde
- Raising Race Questions: Whiteness and Inquiry in Education* by Ali Michael
- How Girls Achieve* by Sally A. Nuamah
- Safe Spaces, Brave Spaces: Diversity and Free Expression in Education* by John Palfrey
- Me and White Supremacy* by Layla F. Saad
- Whistling Vivaldi: How Stereotypes Affect Us and What We Can Do* by Claude M. Steele

### Leadership

- Resonant Leadership: Renewing Yourself and Connecting with Others Through Mindfulness, Hope, and Compassion* by Richard Boyatzis and Annie McKee
- Good to Great: Why Some Companies Make the Leap...and Others Don't* by Jim Collins
- New Power: How Power Works in Our Hyperconnected World—and How to Make It Work for You* by Jeremy Heimans and Henry Timms
- Start With Why: How Great Leaders Inspire Everyone to Take Action* by Simon Sinek
- Thanks for the Feedback: The Science and Art of Receiving Feedback Well* by Douglas Stone and Sheila Heen
- The Art of Community: Seven Principles for Belonging* by Charles Vogl

### Parenting

- The Gift of Failure: How the Best Parents Learn to Let Go So Their Children Can Succeed* by Jessica Lahey
- How to Raise an Adult: Break Free of the Overparenting Trap and Prepare Your Kid for Success* by Julie Lythcott-Haims
- The Parents We Mean to Be: How Well-Intentioned Adults Undermine Children's Moral and Emotional Development* by Richard Weissbourd

### Education

- Make It Stick: The Science of Successful Learning* by Peter C. Brown, Henry L. Roediger III, and Mark A. McDaniel
- The Path to Purpose: How Young People Find Their Calling* by William Damon
- What School Could Be: Insights and Inspiration from Teachers Across America* by Ted Dintersmith
- Mindset: The New Psychology of Success* by Carol S. Dweck
- Overloaded and Underprepared: Strategies for Stronger Schools and Healthy, Successful Kids* by Denise Pope, Maureen Brown, and Sarah Miles



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### Girls' Learning

***Under Pressure: Confronting the Epidemic of Stress and Anxiety in Girls*** by Lisa Damour

***Untangled: Guiding Teenage Girls through the Seven Transitions to Adulthood*** by Lisa Damour

***Teaching Girls*** by Peter Kuriloff, Shannon Andrus, and Charlotte Jacobs

***Girls & Sex: Navigating the Complicated New Landscape*** by Peggy Orenstein

***The Curse of the Good Girl: Raising Authentic Girls with Courage and Confidence*** by Rachel Simmons

***Enough As She Is: How to Help Girls Move Beyond Impossible Standards of Success to Live Healthy, Happy, and Fulfilling Lives*** by Rachel Simmons

***Odd Girl Out: The Hidden Culture of Aggression in Girls*** by Rachel Simmons

### Presence

***Braving the Wilderness: The Quest for True Belonging and the Courage to Stand Alone*** by Brené Brown

***Rising Strong: How the Ability to Reset Transforms the Way We Live, Love, Parent, and Lead*** by Brené Brown

***Just Breathe: Meditation, Mindfulness, Movement, and More*** by Mallika Chopra

***In Praise of Slowness: Challenging the Cult of Speed*** by Carl Honoré

***Wherever You Go, There You Are: Mindfulness Meditation in Everyday Life*** by Jon Kabat-Zinn

***The Things You Can See Only When You Slow Down: How to be Calm in a Busy World*** by Haemin Sunim

