
Middle School Student Expectations for Distance Learning

1. Be prepared for online school each day.

Be up and dressed appropriately, with your computer set up in a shared living area, not a bedroom. You can use earbuds to isolate the audio for your Zoom class if you have siblings working close by.

2. Follow your regular schedule of classes.

We will follow the usual 8-day class schedule. Each class will begin at the normally scheduled time with a Zoom video conference. The video conference will not last the whole block, so it is important that you are “on time to class.” This will help you stay connected with classmates and your teacher.

3. Contribute to the class

and support the teacher and your classmates by behaving in the same supportive and respectful manner as would be expected in a class at school.

4. Complete all required work.

For much of the time, you will be working independently on work set in PowerSchool Learning. You are expected to complete all the work your teacher assigns, and to turn in assignments online and on time.

5. Manage your screen time.

Take regular stretch breaks, go for walks, and get some fresh air. It’s important for your body and your mind. Sing, dance, be creative!

6. If you have questions or need extra help academically,

let your teacher know, either in the video conference or via email using your ASP email account.

7. If you need support,

please reach out to your school Counselor or Division Director. Though it may sound great, distance learning can leave you feeling a bit isolated and few people like big changes to their routine. Be extra supportive to your peers, check in on your classmates, and be sure to get outside for exercise breaks. If you are struggling with any of this, reach out to your Counselor.

8. If you need technical assistance,

please email ithelp@asparis.fr.