

Understanding Autism: An Online Series for Parents

Region 4 Education Service Center is hosting a virtual series for parents of children with autism at no cost. Susan Catlett, Ph.D., BCBA-D, LBA will lead one-hour sessions that include training and some time to have your questions answered. These sessions will be offered each month and will address the following topics:

The Autism Spectrum: September 29, 2020; 12:00 – 1:00 PM

Autism is a broad spectrum of unique characteristics. In this session, the characteristics of autism and how they are expressed as behavior will be reviewed. [Click here](#) or go to www.esc4.net and search for session **1557937** to register.

The Meaning and Why of Behavior: October 27, 2020; 12:00 – 1:00 PM

Have you ever asked yourself, “Why is my child doing that?” Most parents have! In this session, you will learn more about what your children’s behavior means and why they behave as they do. [Click here](#) or go to www.esc4.net and search for session **1557947** to register.

Structure at Home: November 10, 2020; 12:00 – 1:00 PM

Children with autism often thrive in environments that are structured and predictable. In this session, you will learn strategies to structure your home in ways that support your children’s behavior. [Click here](#) or go to www.esc4.net and search for session **1557948** to register.

The Power of Positive Reinforcement: January 26, 2021; 12:00 – 1:00 PM

Children with autism often have unique interests and preferences. In this session, you will learn how to motivate your children using strategies that increase positive behaviors. [Click here](#) or go to www.esc4.net and search for session **1557950** to register.



Using Visual Supports in Daily Routines: February 16, 2021; 12:00 – 1:00 PM

Children with autism often understand information presented visually better than they understand spoken language. In this session, you will learn about the importance of visual supports as well as how to create and use them at home to support your children's behavior. [Click here](#) or go to www.esc4.net and search for session **1557952** to register.

Social Narratives and Power Cards: March 23, 2021; 12:00 – 1:00 PM

Social narratives and power cards are very effective in helping children with autism understand their world. Learn more about how you can use these powerful strategies to support social skills and behavior. [Click here](#) or go to www.esc4.net and search for session **1557953** to register.

Strategies to Support Communication: April 27, 2021; 12:00 – 1:00 PM

Children with autism often find it difficult to communicate in social settings and even to express their wants and needs. In this session, you will learn more about strategies that help children with autism communicate. [Click here](#) or go to www.esc4.net and search for session **1557954** to register.

Self-Regulation Strategies: May 25, 2021; 12:00 – 1:00 PM

Not only do children with autism often have difficulty understanding emotions, but they also might have difficulty managing their emotions and, therefore, demonstrate extreme reactions to seemingly minor events. In this session, strategies that help children with autism understand, identify, and manage their behaviors and emotions will be shared. [Click here](#) or go to www.esc4.net and search for session **1557955** to register.

Translation services are available on request. If you would like translation services, please email cathy.williams@esc4.net at least 3 days before the scheduled session.

We look forward to seeing you! If you have any questions, please contact Cathy Williams, Ph.D., BCBA, LBA at cathy.williams@esc4.net.

