



Elementary Counseling Program

The Wiseburn Elementary School Counseling Department consists of a team of dedicated professionals committed to developing a school culture and climate that is respectful, positive, accepting, and safe for students of all backgrounds. We call ourselves the CARE Team because our number one goal is to provide Counseling and Access to Resources in Education (CARE).

Counselors use a multi-tiered system of support (MTSS) to assess, develop, and implement supports and interventions.

This means that we work with school psychologists, teachers/staff, students, families, and community members to support every single WUSD Elementary student. When students are having a certain challenge, we help support that student with interventions that will benefit their unique needs. The MTSS Triangle, below provides a visual of counseling program services.



[Click here for counseling resources.](#)



[Click Here for a brief video introduction](#)

TIER 3: TARGETED/INTENSIVE

Individual interventions
Examples: Individual therapy, family therapy, FBA-based behavior intervention plan

TIER 2: SELECTED

Classroom strategies, small groups, individual interventions
Examples: Individual counseling, group counseling, specific-class lessons, behavior contracting, differential reinforcement, small-group or individual Social emotional learning

TIER 1: UNIVERSAL (ALL STUDENTS)

School/class-wide, equity, and culturally relevant and responsive systems and supports
Examples: PBIS (school-wide expectations, activities, assemblies, and incentives related to behavior); social-emotional learning; teacher trainings; parents workshops; physiology-hygiene, sleep, stress management

[CLICK HERE TO COMPLETE A COUNSELING REQUEST FORM AND/OR CONTACT DR. INGRAM WITH QUESTIONS.](#)