

Saints Back Safely

COVID-19 Symptoms Checklist, Flow Chart, and Scenarios

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus.

Do you have any of the following?

- ☐ Cough
- ☐ Fever or chills (anyone over 99.9°F will not be allowed on campus)
- ☐ Shortness of breath or difficulty breathing
- ☐ Muscle or body aches
- ☐ Sore throat
- ☐ New loss of taste or smell
- ☐ Diarrhea
- ☐ Headache
- ☐ Nausea or vomiting
- ☐ New fatigue
- ☐ Congestion or runny nose

Are you ill, or caring for someone who is ill?

- Employees or students who are well, but caring for someone who is ill with COVID-19 should stay home. Employees should notify their supervisor and HR. Students should email COVIDresponse@ndpsaints.org
- Employees who are ill and display one or more of the symptoms above should notify their supervisor and HR.
- Students who are ill and display one or more of the symptoms above should email COVIDresponse@ndpsaints.org

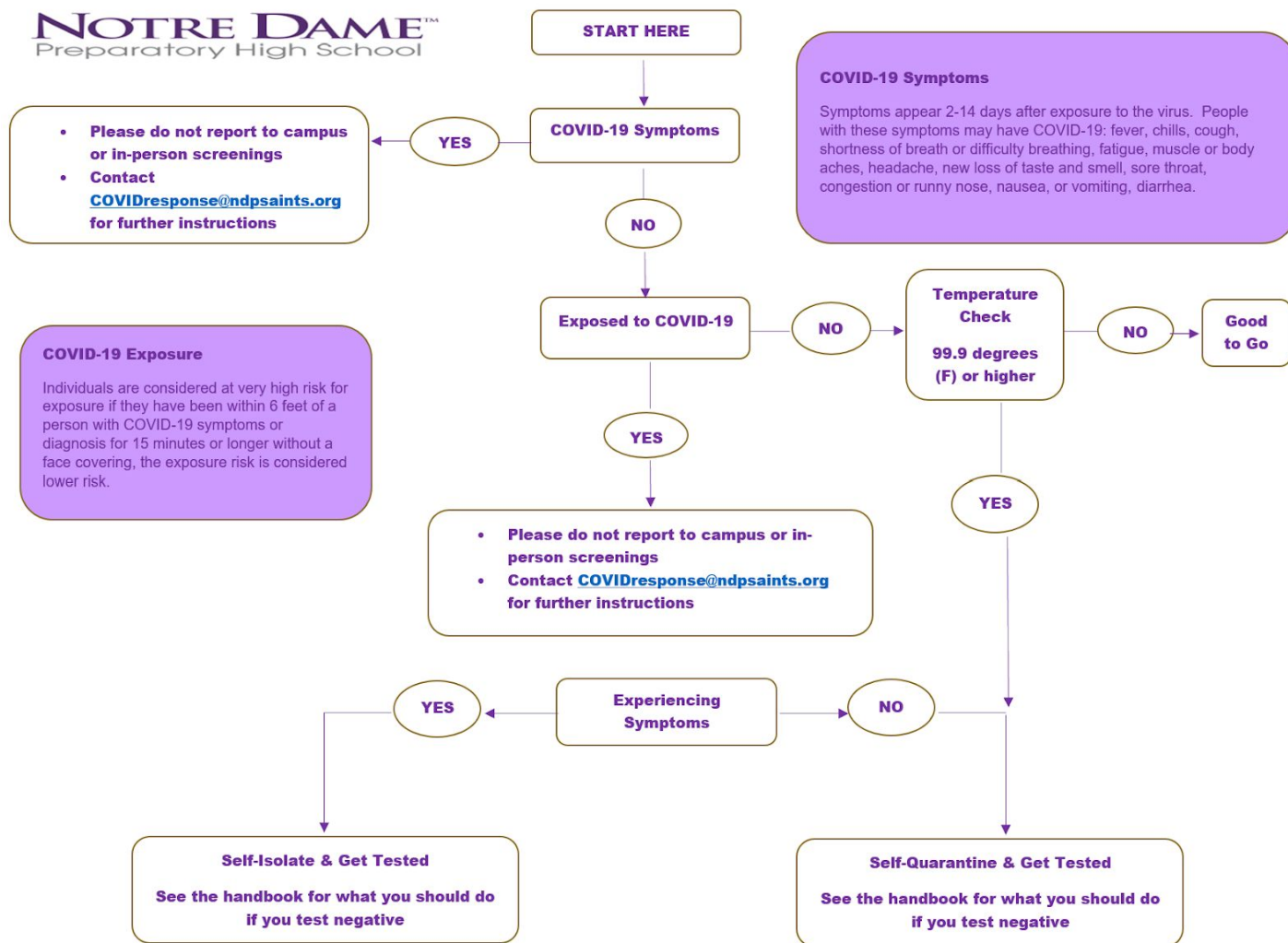
In the past two weeks, did you:

- ☐ Have contact with someone diagnosed with Covid-19?
- ☐ Live in or visit a place where COVID-19 is spreading?
- ☐ Travel out of the state
- ☐ Have a family member travel out of state

If you answered yes to one or more of the above questions, please review our scenario charts

As a reminder, please do your part and practice the following:

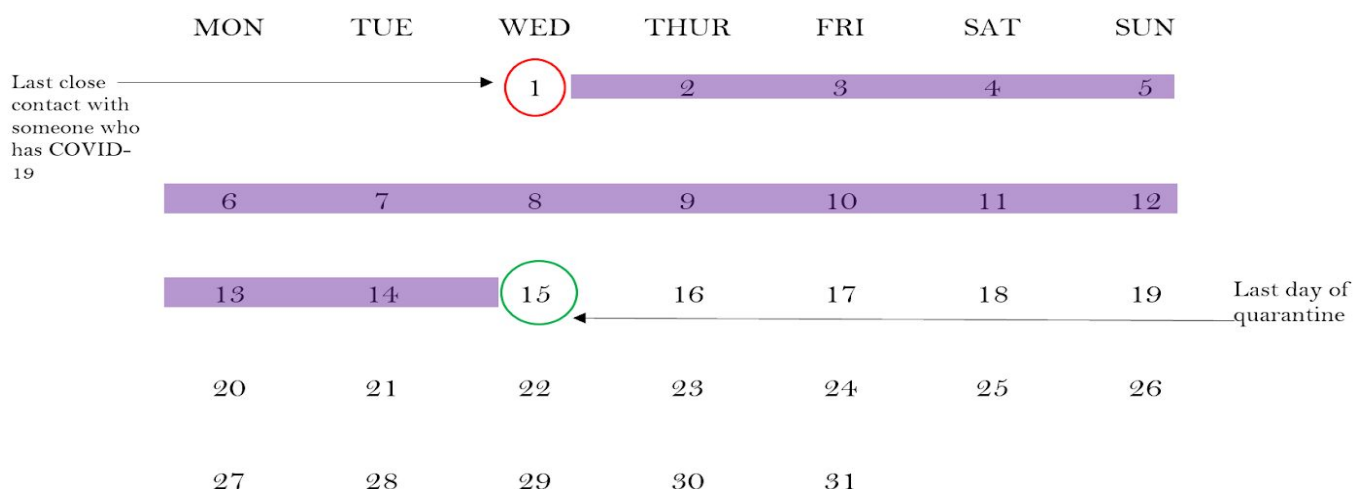
- ☐ Cleaning your hands
- ☐ Avoiding close contact with others
- ☐ Avoiding touching your face, mouth, nose, etc.



Scenario 1: Close contact with someone who has COVID-19; will not have further close contact

I had close contact with someone who has COVID-19 and will not have further contact or interactions with the person while they are sick (e.g., co-worker, neighbor, or friend).

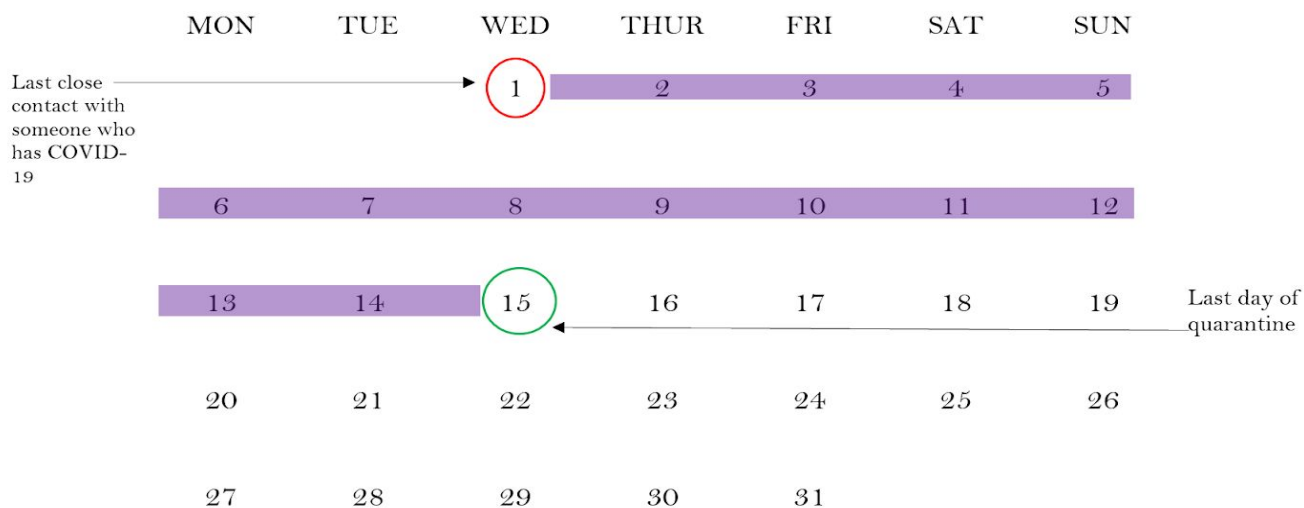
Your last day of quarantine is 14 days from the date you had close contact.



****Please note that if your quarantine starts at noon on day 1, your quarantine will end at noon on day 14****

Scenario 2: Close contact with someone who has COVID-19; lives with the person, but can avoid further close contact

I live with someone who has COVID-19 (e.g., roommate, partner, family member), and that person has isolated by staying in a separate bedroom. I have had no close contact with the person since they isolated.

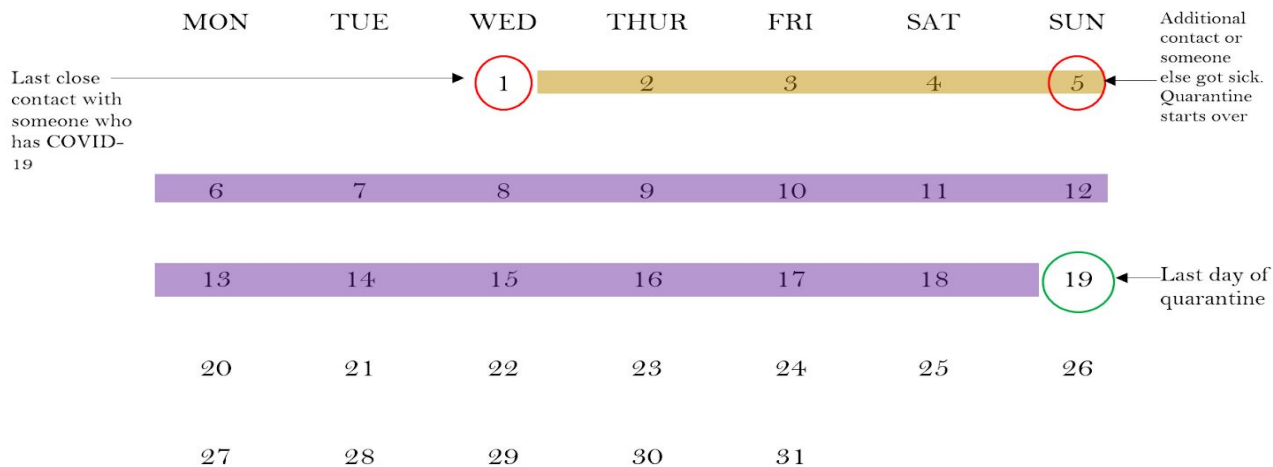


****Please note that if your quarantine starts at noon on day 1, your quarantine will end at noon on day 14****

Scenario 3: Under quarantine and had additional close contact with someone who has COVID-19

I live with someone who has COVID-19 and started my 14-day quarantine period because we had close contact. What if I ended up having close contact with the person who is sick during my quarantine? What if another household member gets sick with COVID-19? Do I need to restart my quarantine?

Yes. You will have to restart your quarantine from the last day you had close contact with anyone in your house who has COVID-19. **Any time a new household member gets sick with COVID-19, and you had close contact, you will need to restart your quarantine.**

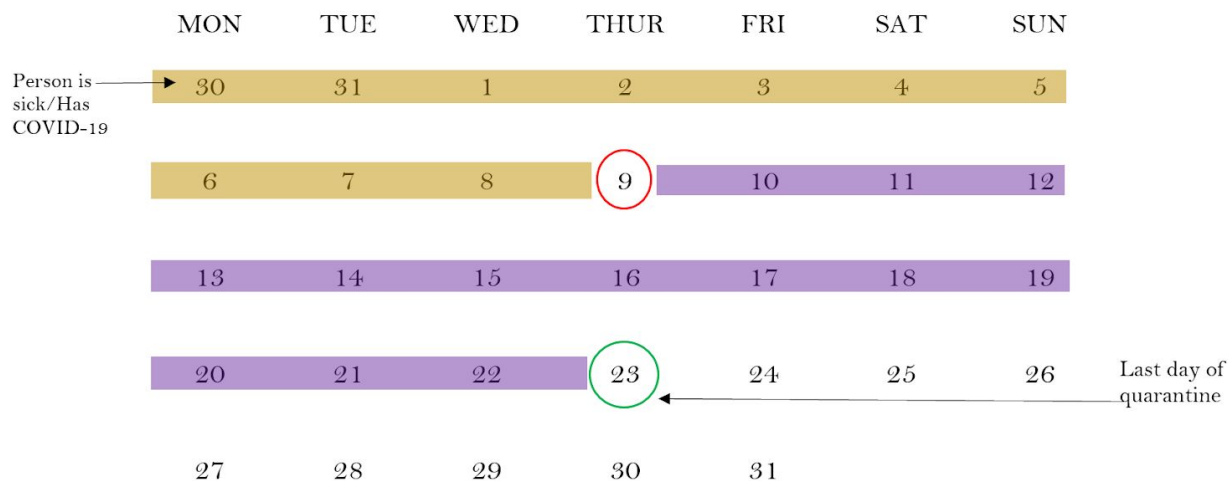


****Please note that if your quarantine starts at noon on day 1, your quarantine will end at noon on day 14****

Scenario 4: Live with someone who has COVID-19 and cannot avoid continuous close contact

I live in a household where I cannot avoid close contact with the person who has COVID-19. I am providing direct care to the person who is sick, don't have a separate bedroom to isolate the person who is sick, or live in close quarters where I am unable to keep a physical distance of 6 feet.

You should avoid contact with others outside the home while the person is sick, and quarantine for 14 days after the person who has COVID-19 meets the criteria to end home isolation.



****Please note that if your quarantine starts at noon on day 1, your quarantine will end at noon on day 14****