



EDEN PRAIRIE SCHOOLS  
Community Education

Eden Prairie Schools

# EARLY CHILDHOOD FAMILY EDUCATION

2020 In Person and Online Opportunities



[www.edenpr.org/epcommunityed](http://www.edenpr.org/epcommunityed)



*Thank you for your patience while we work out class offerings to meet the many needs of families in our community. We are excited about the offerings we have available!*

They include:

- Daytime, evening, and Saturday classes
- In-person small group age specific non-separating ECFE classes
- Online age specific parent education classes
- Online programming for children
- Multi-age classes where you can bring all your children under 5
- Specific topic related parent ed courses on positive discipline, race, and social-emotional learning-online.
- Opportunities to purchase learning kits for at-home learning and weekly Facebook LIVE videos with ideas for how to use the learning kit materials

In order to keep families as safe as possible, in-person classes will be limited to 3-5 parent/child pairs depending on the classroom size. Social distancing guidelines will be followed to allow for distancing of families within the classrooms. All in-person classes will be one hour and non-separating.

If you have additional questions about the district response and policies related to COVID-19, please visit [www.edenpr.org/covid19](http://www.edenpr.org/covid19).

You are your child's first and most important teacher! Early Childhood Family Education (ECFE) classes help you be the best parent you can be. ECFE classes are designed for you and your child, age birth to five. ECFE is unique to Minnesota and is a program of Eden Prairie Schools Community Education.

It is never too early to start stimulating your baby's mind in ways that promote healthy development and build on your relationship with your child. Our staff will show you ways to nurture your child's development physically, emotionally, and mentally. We have an inspiring curriculum that offers opportunities for you to learn with your child. There is also time for parent-only discussions where you will find answers to questions and meet other parents.

## EARLY CHILDHOOD FAMILY EDUCATION SCHEDULE 2020-2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			8:45-9:45 AM		
			Multi Age		
9:15-10:15 AM	9:00-10:00 AM	9:15-10:15 AM	9:00-10:00 AM	9:15-10:15 AM	9:30-10:30 AM
Tiny Explorers	Learning Kits	Small Wonders	Movers and Shakers	Movers and Shakers	Play and Learn
Movers and Shakers		Tiny Explorers			
Little Learners		Movers and Shakers			
	10:15-11:15 AM	10:45-11:45	10:15-11:15 AM	10:30-11:30 AM	
	Tiny Explorers	Little Learners	Tiny Explorers *	Fantastic Fridays	
	Movers and Shakers				
	Multi Age				
11 AM-12:00 PM			10:30-11:30 AM	11:00 AM-12:30 PM	
Movers and Shakers			Movers and Shakers	Managing Multiples	
	1:30-2:30 PM	1:30-2:30 PM	1:30-2:30 PM		
	Tiny Explorers*	Small Wonders *	Little Learners*		
			Movers and Shakers*		
	4:30-5:30 PM				
	Tiny Explorers				
	Movers and Shakers				
	Multi Age				
		7:30-8:30 PM	7:30-8:30 PM		
		Tiny Explorers*	Movers and Shakers*		

### KEY Age by Sept. 1, 2020

- Less than 1 year
- 1 Year
- 2 Year
- 3-4 Year
- Birth-5 Year

\* Indicates a 10-week class

In person ECFE classes are held at the Education Center at 8040 Mitchell Road, Eden Prairie, MN 55344. Online class information will be shared as needed.

10-Week Classes run September–November

\* Indicates an online class

## ECFE CLASSES

### SMALL WONDERS – In Person and Online

Less than 1 yr. (by Sept. 1, 2020)

Enjoy this relaxing, informative class for children who are less than one year old. This class is designed to be your time to slow down, enjoy your little one, and develop a supportive network with other parents. This weekly class is available either virtually or in a safe, small group class.

**IN PERSON:** Parent/child time including songs, puppets, and stories! Enjoy the parent support and build a network of friends for your child and family. A licensed parent educator will offer parenting resources and discussions on topics such as feeding, sleeping, safety, brain development, and balancing your life as a new parent. *Non-Separating*

**ONLINE:** This online parent class includes a weekly lesson followed up by an online live parent discussion. Learn about your child's developmental stage, parenting practices and resources to support their healthy development. Lessons are developed, delivered by, and facilitated by a licensed parent educator.

Additionally, you can register each week for the FREE parent and baby song time on Thursdays 11:00-11:45.

*In Person 10 Weeks (Sept.-Nov.)*

#2020-01 Tuesdays 9:15-10:15 AM

*Online 10 Weeks (Sept.-Nov.)*

#2021-02 Wednesdays 1:30-2:30 PM

### TINY EXPLORERS – In Person and Online

Age 1 yr. (by Sept. 1, 2020)

Join a Tiny Explorers class! Watch your child explore learning opportunities with curiosity and passion. Participate in parent discussion time to explore what's behind your toddler's endless energy and enthusiasm. This weekly class is available either online or in a safe, small group class.

**IN PERSON:** Join this class where eager students turn a whirl of activity into learning that inspires confidence. This class provides parent/child activities including songs, books, toys and games that you and your child will both enjoy! Enjoy the parent support and build a network of friends for your child and family. Parenting resources and discussions will be shared during this non-separating class. *Non-Separating*

**ONLINE:** This online parent class includes a weekly video parent lesson followed up by an online live parent discussion. Learn about your child's developmental stage, parenting practices and resources to support their healthy development. Lessons are developed, delivered by, and facilitated by a licensed parent educator. Additionally, each week you will receive a lesson from a children's teacher with age appropriate activities for your child.

*In Person 10 Weeks (Sept.-Nov.)*

#2022-01 Mondays 9:15-10:15 AM

#2022-02 Tuesdays 10:15-11:15 AM

#2022-03 Tuesdays 4:30-5:30 PM

#2022-04 Wednesdays 9:15-10:15 AM

#2022-05 Thursdays\* 10:15-11:15 AM (\*9 Week Class)

*Online 10 Weeks (Sept.-Nov.)*

#2023-01 Tuesdays 1:30-2:30 AM

#2023-02 Wednesdays 7:30-8:30 PM

### MOVERS AND SHAKERS – In Person and Online

Age 2 yr. (by Sept. 1, 2020)

Join a Movers and Shakers class with your two year old! Children will practice social skills such as taking turns, listening to the teacher, and following in a line while experiencing a fun and loving classroom environment. Parents will meet and discuss topics like healthy eating habits, toilet training and how to set limits with love. This weekly class is available either online or in a safe, small group class.

**IN PERSON:** Enjoy parent/child time including songs, activities and games that you and your child will both enjoy! Enjoy the parent support and build a network of friends for your child and family. Parenting resources and discussions will be shared during this non-separating class. Register and watch your child explore every learning opportunity with curiosity and passion. *Non-Separating*

**ONLINE:** This online parent class includes a weekly pre-recorded lesson followed up by an online live parent discussion. Learn about your child's developmental stage, parenting practices, and resources to support their healthy development. Lessons are developed, delivered by, and facilitated by a licensed parent educator. Additionally, each week you will receive a pre-recorded video from a children's teacher with age appropriate activities for your child.

*In Person 10 Weeks (Sept.-Nov.)*

#2024-01 Mondays 9:15-10:15 AM

#2024-02 Mondays 11:00 AM-12:00 PM

#2024-03 Tuesdays 10:15-11:15 AM

#2024-04 Tuesdays 4:30-5:30 PM

#2024-05 Wednesdays 9:15-10:15 AM

#2024-06 Thursdays\* 9:00-10:00 AM (\*9 Week Class)

#2024-07 Thursdays\* 10:30-11:30 AM (\*9 Week Class)

#2024-08 Fridays+ 9:15-10:15 AM (+7 Week Class)

*Online 10 Weeks (Sept.-Nov.)*

#2025-01 Thursdays\* 1:30-2:30 PM (\*9 Week Class)

#2025-02 Thursdays\* 7:30-8:30 PM (\*9 Week Class)

### Fee Scale for 2020-21 ECCE Classes

Yearly Household Income	In Person 10-Week Class Fee	10 Week Online Class Fee	In Person Per Class	Online Per Class
\$50,000 and Above	\$100	\$35	\$10	\$3.50
Under \$49,999	\$50	\$15	\$5	\$1.50

## **LITTLE LEARNERS – In Person and Online**

**Age 3 to 4 yr. (by Sept. 1, 2020)**

Three- and four-year-olds are so excited to explore the bigger world of school and friends, but can be a parenting challenge. This weekly class is available either online or in a safe, small group class.

**IN PERSON:** The preschool years are full of discovery and pushing boundaries as children become more independent. This class is designed to offer three and four year olds with opportunities to build their self esteem, confidence, and independence while creating positive peer connections. Parents will learn strategies for successful and effective parenting by a licensed parent educator while building a network of supportive parents in your community. *Non-Separating*

**ONLINE:** This online parent class includes a weekly lesson followed up by an online live parent discussion. Learn about your child's developmental stage, parenting practices and resources to support their healthy development. Lessons are developed, delivered by, and facilitated by a licensed parent educator. Additionally, each week you will receive a pre-recorded video from a children's teacher with age appropriate activities for your child.

*In Person 10 Weeks (Sept.-Nov.)*

#2026-01 Mondays 9:15-10:15 AM

#2026-02 Wednesdays 10:45-11:45 AM

*Online 10 Weeks (Sept.-Nov.)*

#2027-01 Thursdays 1:30-2:30 PM

## **MULTI AGE – In Person**

**IN PERSON:** This in-person class is for parents with multiple young children who would like to come together and connect with other families. Your child(ren) will participate in engaging activities and an educational group time filled with stories, songs, and enrichment. A licensed parent educator will provide resources and parent discussions on a variety of parenting topics. *Non-Separating*

*In Person 10 Weeks (Sept.-Nov.)*

#2030-02 Tuesdays\* 4:30-5:30 PM (\*9 Week)

#2030-03 Thursdays\* 8:45-9:45 AM (\*9 Week)

#2030-01 Tuesdays 10:15-11:15 AM

## **MANAGING MULTIPLES – In Person**

**Birth-5 Years (by Sept. 1, 2020)**

Are you the parents of twins, triplets, or more? Join this once a month multiples class for support from other parents of multiples, parent education, and play time for the children. Sign up for one or all the classes, \$10 per class. Register only one child for this class and the remaining children birth to 5 are free!

#2095-01 Friday, Sept. 18 11:00 AM-12:30 PM

#2095-02 Friday, Oct. 23 11:00 AM-12:30 PM

#2095-03 Friday, Nov. 13 11:00 AM-12:30 PM

## **NEW! FANTASTIC FRIDAYS – In Person**

**IN PERSON:** Register weekly for an outdoor exploring time with a children's teacher and parent educator in this non-separating class. Children birth to 5 are welcome and each week will bring new activities. Meet at the Education Center Playground.

*Register Weekly (Fridays Sept.-Nov.)*

#2040-01 Friday, Sept. 18 10:30-11:30

#2040-02 Friday, Sept. 25 10:30-11:30

#2040-03 Friday, Oct. 2 10:30-11:30

#2040-04 Friday, Oct. 23 10:30-11:30

#2040-05 Friday, Oct. 30 10:30-11:30

#2040-06 Friday, Nov. 13 10:30-11:30

#2040-07 Friday, Nov. 20 10:30-11:30

## **NEW! PLAY & LEARN – In Person**

**Multi-Age**

Explore, create, move, and discover fun and friends! Time in the motor room and outdoor play area will provide opportunity for socialization and purposeful play. Meet us outside of the Education Center, or inside in the Motor Room if it's raining.

*In Person 10 Weeks (Sept.-Nov.)*

#2090-01 Saturdays 9:30-10:30 AM

## **NEW! LEARNING KITS - Online**

**Multi-Age**

This class is designed for families that are looking to keep your young child(ren) busy while at home. Pick up weekly hands-on kits filled with crafts and activities prepped and prepared for your family, then join a licensed child educator live on Facebook to join in on the fun together! The live sessions will be recorded and made available to anyone who couldn't join.

*Online 10 Weeks (Sept.-Nov.)*

#2050-01 Tuesdays 9:00-10:00 AM

## **NEW! STORY AND SONG TIME - Online LIVE**

**birth-1 yr. (by Sept. 1, 2020)**

Register weekly for this virtual story and song time each week with a licensed Parent Educator. You never know what can happen when you go live with other family and friends! A link will be sent to registered participants each week.

## **NEW! STORY AND SONG TIME - Online LIVE**

**Age 1-5 yr. (by Sept. 1, 2020)**

Register weekly for this virtual story and song time each week with a licensed Early Childhood teacher. You never know what can happen when you go live with other family and friends! A link will be sent to registered participants each week.

## ECFE OUTREACH CLASSES-FREE!

Early Childhood Family Education is a wonderful resource for Eden Prairie families. Finances or transportation should not be a barrier for families interested in learning more about how to best support your child's growth and development. In an effort to make ECFE classes available to all families, we host outreach classes that are taught in the community.

This year we will host the classes outdoors (weather permitting). Register for free online at [www.edenpr.org/epcommunityed](http://www.edenpr.org/epcommunityed) or call 952-975-6940.

*Classes are held throughout the school year. All classes will be held outdoors, weather permitting.*

*A detailed schedule is available at class.*

*Pre-registration is requested.*

### BRIAR HILL OUTREACH

#1224 Briar Hill (Residents Only)  
starting Monday, Sept. 14  
Briar Hill Apartments  
7025 Woodland Dr.  
Eden Prairie, MN 55344

### CASCADE

#1224 Cascade / Renew (Residents Only)  
Monday afternoons, 2:30-3:30 PM  
12100 Singletree Lane  
Eden Prairie, MN 55344

### Fountain Place

#1224 Fountain (Residents Only)  
Friday afternoons, 12:30-1:30 PM  
Fountain Place Apartments  
8564 Magnolia Trail  
Eden Prairie, MN 55344

### PRAIRIE MEADOWS PARK

(behind office)  
Wednesday mornings, 10:45-11:45 AM  
11345 Westwind Drive  
Eden Prairie, MN 55344

### Preserve Outreach

#1224 Preserve (Priority to Residents)  
Thursday mornings, 10:30-11:30 AM  
The Preserve  
11221 Anderson Lakes Pkwy.  
Eden Prairie, MN 55344

## PARENT ONLINE EDUCATION

Join a 5-week online class with other parents to learn and discuss topics of interest. Choose from:

### \* Positive Discipline

Join other parents to talk about turning your parenting challenges into opportunities to connect with your children. Discussion will be about learning positive discipline techniques. *Two opportunities to join! Class will be offered twice.*

#### 5 Weeks

#2060-02	Tuesdays, Sept. 15–Oct. 13	8:00–9:00 PM
#2080-02	Tuesdays, Oct. 20–Nov. 17	8:00–9:00 PM

### \* Emotions - Yours, Mine and Ours

This class will focus on parent's role in supporting their child's emotional growth and intelligence. Using research from Gottman Institute, "Emotion Coaching: the Heart of Parenting", we will discuss and explore the five-step method that builds emotional intelligence and creates positive, long-lasting effects for children from toddlers to teens. *Two opportunities to join! Class will be offered twice.*

#### 5 Weeks

#2070-02	Thursdays, Sept. 17–Oct. 15	5:00–6:00 PM
#2080-01	Thursdays, Oct. 22–Nov. 19	5:00–6:00 PM

### \* It's Never Too Early to Talk About Race

This class aims to increase your skill and comfort level talking about race with young children. Each week the discussion will be centered on a short reading, podcast excerpt, or video sent to participants the week before. "Young children notice and think about race. Adults often worry that talking about race will encourage racial bias in children, but the opposite is true. Silence about race reinforces racism by letting children draw their own conclusions based on what they see. Families can play a powerful role in helping children of all ages develop positive attitudes about race and diversity and skills to promote a more just future—but only if we talk about it! (The Children's Community School, 2018)" *Two opportunities to join! Class will be offered twice.*

#### 5 Weeks

#2060-01	Tuesdays, Sept. 15–Oct. 13	8:00–9:00 PM
#2060-02	Tuesdays, Oct. 20–Nov. 17	8:00–9:00 PM

### Fee Scale for Parenting Classes

Yearly Household Income	Parent Education Class Fee
\$50,000 and Above	\$18
Under \$49,999	\$8





**EDEN PRAIRIE SCHOOLS**  
Community Education



Want to try  
an ECCE class  
for FREE?

# welcome babies!



Give your baby a strong start! These classes are for newborns through babies age 12 months and their significant caregivers: mom, dad, grandparents, etc. These baby classes are offered **FREE** of charge, but pre-registration is required. A variety of dates and times are offered throughout the year. All classes are held online.

**Learn more at [www.edenpr.org/ecce](http://www.edenpr.org/ecce)!**

## SEPTEMBER

**Song and Story Time (birth-1)**  
Thurs., Sept. 17, 11:00-11:45 AM

**Infant Massage**  
Fri., Sept. 18, 10:00-11:00 AM

**Song and Story Time (birth-1)**  
Thurs., Sept. 24, 11:00-11:45 AM

**Infant Massage**  
Thurs., Sept. 24, 6:00-7:00 PM

**Parent & Baby Yoga**  
Fri., Sept. 25, 10:30-11:30 AM

## OCTOBER

**Song and Story Time (birth-1)**  
Thurs., Oct. 1, 11:00-11:45 AM

**Baby Sign Language**  
Thurs., Oct. 1, 6:00-7:00 PM

**Infant Massage**  
Fri., Oct. 2, 10:00-11:00 AM

**Song and Story Time (birth-1)**  
Thurs., Oct. 8, 11:00-11:45 AM

**Song and Story Time (birth-1)**  
Thurs., Oct. 15, 11:00-11:45 AM

**Song and Story Time (birth-1)**  
Thurs., Oct. 22, 11:00-11:45 AM

**Infant Massage**  
Thurs., Oct. 22, 6:00-7:00 PM

**Parent & Baby Yoga**  
Fri., Oct. 23, 10:30-11:30 AM

**Baby Connect and Learn**  
Fri., Oct. 30, 10:00-11:00 AM

## NOVEMBER

**Infant Massage**  
Thurs., Nov. 5, 6:00-7:00 PM

**Infant Massage**  
Fri., Nov. 6, 10:00-11:00 AM

**Story and Song Time (1-5 yrs.)**  
Fri., Nov. 6, 10:30-11:00 AM

**Story and Song Time (1-5 yrs.)**  
Fri., Nov. 13, 10:30-11:00 AM

**Baby Sign Language**  
Thurs., Nov. 19, 6:00-7:00 PM

**Parent & Baby Yoga**  
Fri., Nov. 20, 10:30-11:30 AM

**Story and Song Time (1-5 yrs.)**  
Fri., Nov. 20, 10:30-11:00 AM



**BONUS**  
Story and Song  
Time for 1-5 yr.  
Fridays at 10:30!

**REGISTER TODAY TO RESERVE YOUR SPOT!**

**ONLINE** [www.edenpr.org/epcommunityed](http://www.edenpr.org/epcommunityed)

**QUESTIONS? REGISTRATION ASSISTANCE?**

Call 952-975-6940 Ext. 1 and we'd be glad to assist you.



EDEN PRAIRIE SCHOOLS  
Community Education

# Are you **READY!** for Kindergarten?

You're invited to participate in our **NEW** format -  
online and at your own pace!

*Each online class can be done at your own pace during  
the month listed. Each session offers new skills and  
new resources for at home learning.*

Fall Session: October 2020  
Winter Session: January 2021  
Spring Session: April 2021

Each session  
provides different focus  
areas and toys.  
**SIGN UP FOR ALL  
THREE TO MAXIMIZE  
LEARNING!**



Ready! for Kindergarten is a nationally recognized program shown to give parents and caregivers the skills and tools to help their children enter kindergarten at or above grade level. Designed for families with children ages 3 to 5.5 years. This online class will include training on the reading, writing, and social-emotional skills that children need to thrive in school. The online training is for parents and guardians to learn how to utilize the learning tools with your children.

Yearly Household Income	READY!
\$40,001 and Above	\$65
\$0-\$40,000	FREE

After registering, you will receive a link to watch the pre-recorded training by educators from the Ready! for Kindergarten program. After completing the online training you will receive a collection of high-quality toys (learning tools) to further your child's progress towards school readiness. Please note: There is a Fall, Winter and Spring session with new content and new learning tools, so register for all three sessions!

*READY! for Kindergarten is part of our ECFE program for which classes are priced on a sliding fee scale based on your household income. Payment is made in full at time of registration.*

An Eden Prairie parent educator will be in contact to provide additional support and get you the resources you need for the on-line course.

**REGISTER** Call 952-975-6940 or visit [www.edenpr.org/READY](http://www.edenpr.org/READY)

