



**WESLEYAN**  
CHRISTIAN ACADEMY

**The Early Education Center at Wesleyan Christian Academy**  
**Weekly Menu**  
**August 31 - Sept 4, 2020**



	<b>31st</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>	<b>4th</b>
	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>*Refer to Substitution List</b> <b>**Toddler Substitutions</b>					
<b>SNACK BREAKFAST</b> <b>(Child Care)</b> <b>Toddler - 6th Grade</b>	100% Juice Rice Krispies Milk  <b>** Toast</b>	100% Juice Biscuit Milk  <b>** Toast</b>	100% Juice Cheese Toast (WG) Milk  <b>**Toast</b>	100% Juice Waffles Milk  <b>**Toast</b>	100% Juice Bagel & Jelly Milk  <b>**Toast</b>
<b>AFTERNOON SNACK</b> <b>(Child Care)</b> <b>Toddler - 6th Grade</b>	Graham Crackers Milk	Yogurt Carrots	Apple Sauce String Cheese	Reduced Sugar Cinnamon Toast Crunch Milk	Fruit Cup Crackers
<b>LUNCH</b> <b>Toddler - Tiny Twos</b>	Chicken Nuggets Brown Rice (WG) Broccoli Mixed Fruit Milk	Philly Steak Bun (WG) Green Peas Pears Milk	Turkey Sausage Biscuit Tater Tots Mandarin Oranges Milk	Sliced Ham Roll (WG) Baked Beans Peaches Milk	Beef Tacos Brown Rice (WG) Pintos Pineapple Milk
<b>Vegetarian Entrée</b>	Vegetarian Mandarin "Chicken"	Beefless Tips and Rice	Black Bean Burger	Crispy "Chicken" Tenders	Beefless Tacos
<b>LUNCH</b> <b>(Plate Lunch)</b> <b>2 - 4 yr. Olds and Staff</b>	Chicken Nuggets Brown Rice (WG) Broccoli Mixed Fruit Milk	Philly Steak Bun (WG) Green Peas Pears Milk	Turkey Sausage Biscuit Tater Tots Mandarin Oranges Milk	Sliced Ham Roll (WG) Baked Beans Peaches Milk	Beet Tacos Brown Rice(WG) Pintos Pineapple Milk
<b>(WG) Whole Grain</b>					<b>Week 3</b>

**"Be an example to the believers in the word, in conduct, in love, in faith, in purity." (1 Timothy 4:12)**

Fluid Milk: 1 year old: Unflavored whole milk; 2-5 years old: unflavored skim (fat free) or unflavored 1% (low fat) milk; 6 years and older: unflavored skim (fat-free) or 1% (low fat) milk; flavored skim (fat free) milk. Breastmilk may be served at any age in replacement of cow's milk without medical documentation. Approved non-dairy beverages may be served to children with special dietary needs with approved medical documentation. Parents are able to provide soy milk.