



Summer Bridge

Module 2

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What have we learned so far?

- During the first module:
 - We reviewed the purpose and vision for Summer Bridge.
 - We examined inspiration and what brings you inspiration
 - We also looked at the Personal Bank Account and how to make deposits during the weeks and months ahead.

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What's the Plan for Module 2?

- In this first module, we are going to look at:
 - Becoming Independent Learners
 - Being Proactive.
 - Time Management and Organization

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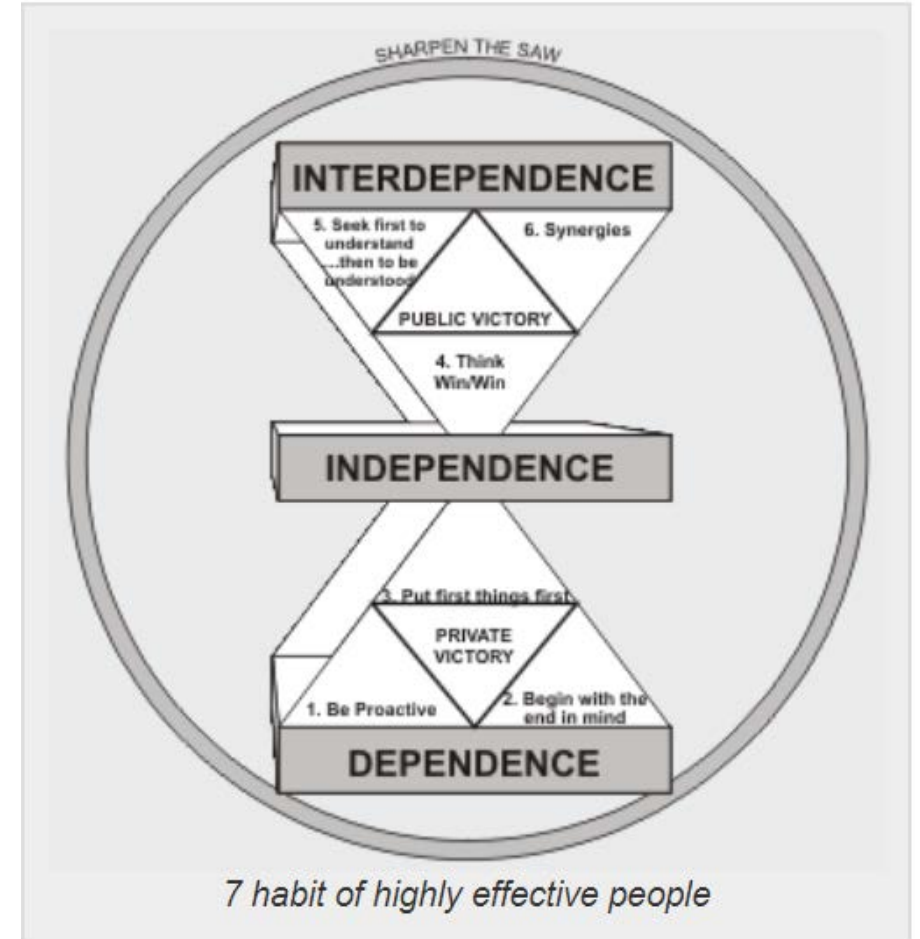
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Independent Learners

- One of the goals of Summer Bridge is prepare students to be independent learners.
- With school starting on-line and students learning from home, the importance of being an independent learner is even more critical.



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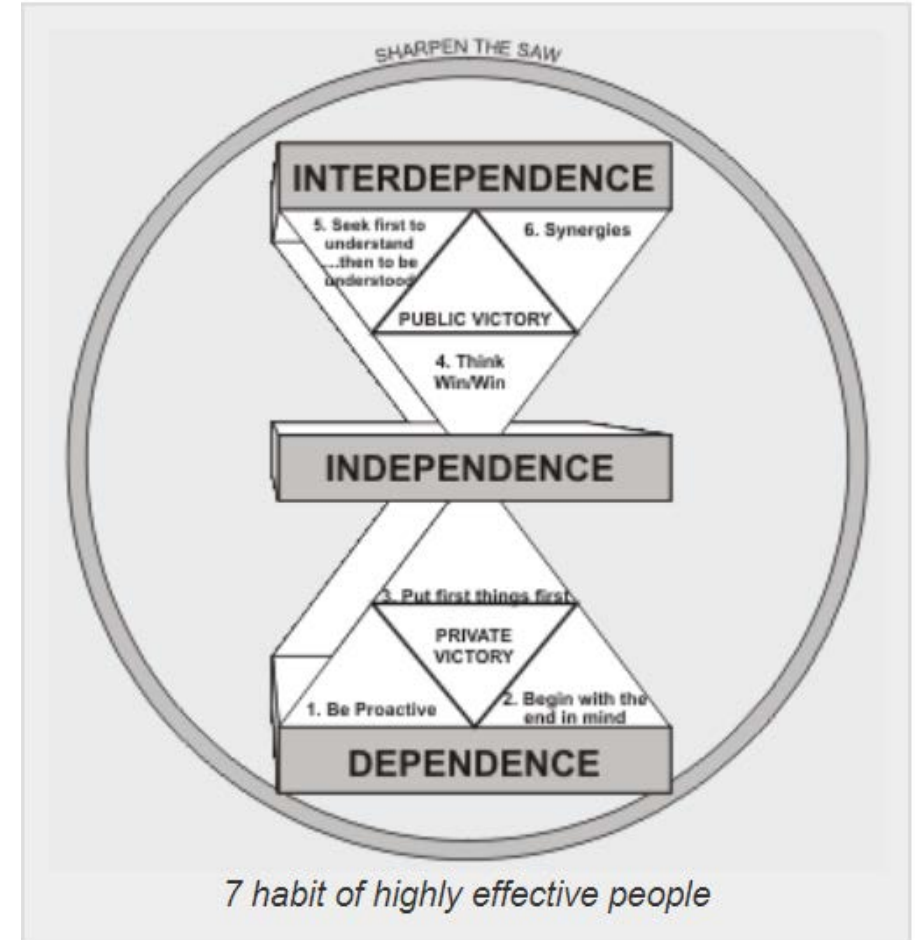
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Independent Learners

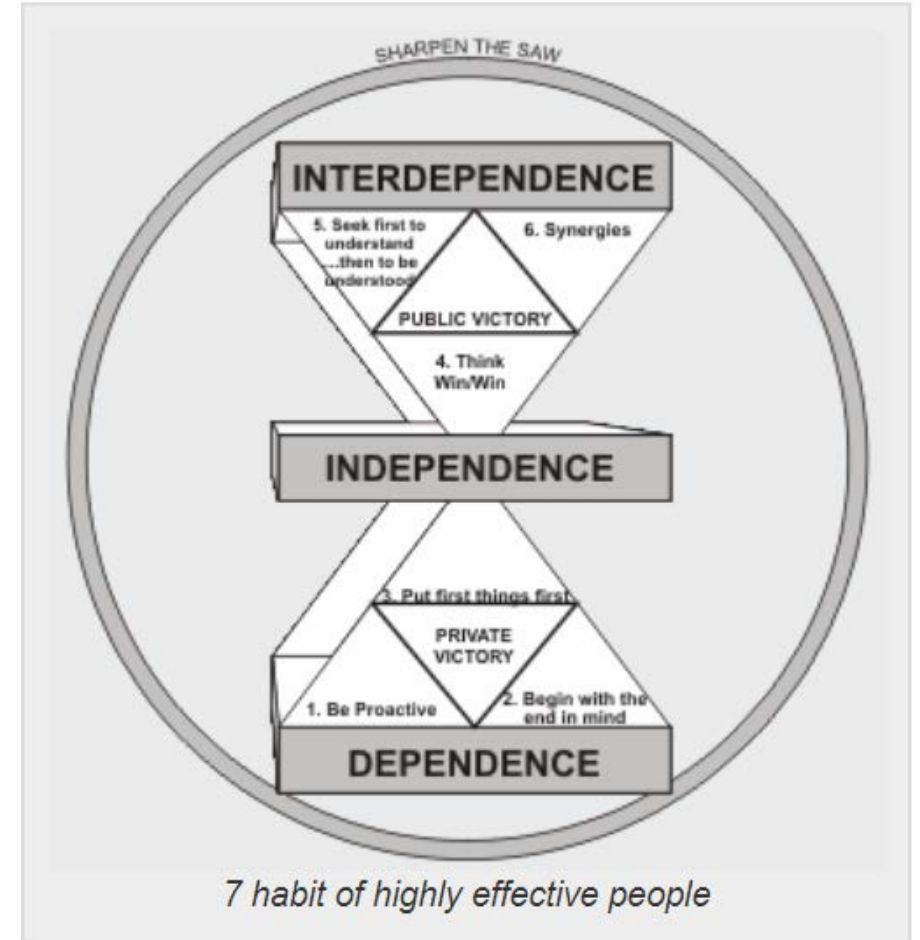
- Independent learners do the following:
 - Will try new things without the a teacher's help
 - Believes that even if they try and fail, they can improve in the future.
 - Has strategies and processes they use when taking on new tasks
 - Has developed ways to motivate themselves even when challenged or stuck.



Independent Learners

- The reason for using 7 Habits of a Highly Effective Teen for Summer Bridge is that its goal is to move teens from dependence to independence.
- As we learn the strategies in the rest of the modules, remember the goal:

To Become an Independent Learner!



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How Independent Are You?

At this time, please pause the video and think about the following questions:

- Do you try new things without the a teacher's help?
- Do you believes that even if you try and fail, you can improve in the future?
- Do you have strategies and processes you use when taking on new tasks? To motivate yourself when stuck?

Please give yourself a few minutes to think about these questions before restarting the video.



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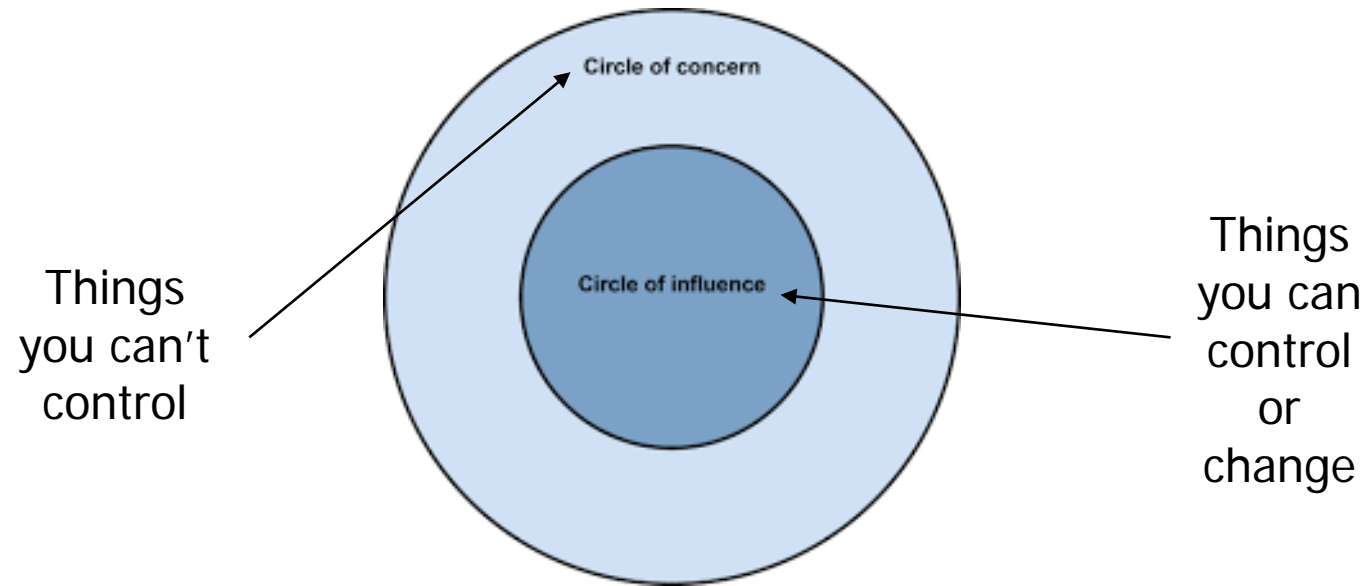
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Be Proactive?

- The first habit that can help move students toward becoming an independent learner.
- Please stop the video here and complete the reading on Being Proactive. Some questions to think about while reading are:
 - Think about a time that you were reactive. How might you have changed that incident by being more proactive?
 - Give a recent example of when something outside of your circle of control bothered you. How might you have focused your energy on your circle of control and improved the situation?
- You may also enjoy watching the video on [Being Proactive](#) that is on the main page.

Something to Highlight



Focus on things you can change or influence

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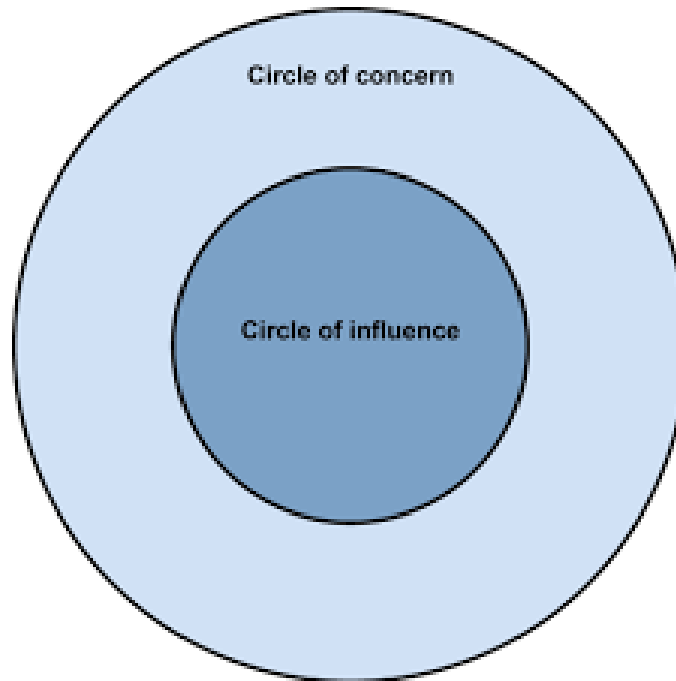
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Something to Highlight

THINGS YOU CAN'T CONTROL OR CHANGE:

- OTHER PEOPLE OTHER
 - THE WEATHER
- THINGS YOU DID WRONG IN THE PAST
- HOW OTHER PEOPLE TREAT ME
 - HOMEWORK



THINGS YOU CAN CONTROL OR CHANGE:

- YOUR ATTITUDE
- YOUR MOOD
- YOUR REACTION TO GOOD AND BAD THINGS THAT HAPPEN
- HOW I TREAT OTHER PEOPLE

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Staying Organized

- In Module 1, we started examining organization with setting up a Study Spot. Now, we want to dive further into organization, by looking at three areas:
 - Organizing Your Materials
 - Organizing Your Time
 - Organizing Your Thoughts
- With school beginning on-line and much more flexibility being built into the school day, organization is more important than ever. It also means organization might look differently than it did last school year.

Organizing Your Materials

- In the past, your organization system may have included your backpack and your binder.
- While many of you may continue to use that system, you will also need to organization of digital materials.
- Some questions to think about for your materials:
 - How will you organize your things so that they are easy to access? Where will you keep them? Where will they be in the morning and where will they go at night?
 - How will you manage digital and non-digital materials? Binders for non-digital and folders for digital work online? Some other system?

Organizing Your Time

- While completing schoolwork on-line and at home provides flexibility, it also requires planning. Without a set schedule, it is easy for time to lose track of time.
- Some tips for organizing your time:
 - Have a calendar or a planner. Keep track of important deadlines.
 - Block out time on your calendar to work. Commit to doing schoolwork only during that time. Build in breaks, but avoid distractions.
 - Create a backwards plan for your work. Write deadlines down and think about how much time it will take to complete the assignment. Put that time down in your calendar.
- Remember, much of your work will be self paced, which means you need to set up your own structures to stay on track.

Organizing Your Thoughts

- Goal setting is critical to success in any challenging tasks. No matter what the task is, it is important to know where you are going, how you are doing, and what success looks like.
 - The next module, Begin With the End in Mind, will go into this more specifically.
- The key is to remember that organization should be based on goals you have developed. You determine what you want to achieve and then organize your material and time needed to get there.

Getting Organized

At this time, please pause the video and think about the following questions:

- What is your plan for organizing your materials? What do you need to do to make sure you have everything you need for school?
- What is your plan for organizing your time? Do you have a calendar or a planner? How will you track your work and progress?

Please give yourself a few minutes to think about these questions. There are also resources for organizing materials, time and thoughts on the main page.



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End of Module 2

- Thank you for taking the time to complete Module 2!
- Please stop the video and complete the reflection so we can know what you thought!



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