

## HIGH SCHOOL:

Student	Monday	Tuesday	Wednesday	Thursday
9:30-11:00	Block 1 (90 min)	Block 1 (90 min)	Block 1 (90 min)	Block 1 (90 min)
11:00-11:15	<b>15 minute Break</b> (grab a snack, take a walk, connect with a friend, quiet time, read a book, complete work assignments for class, work in small groups on assignments/projects)			
11:15-12:45	Block 2 (90 min)	Block 2 (90 min)	Block 2 (90 min)	Block 2 (90 min)
12:45-1:15	<b>30 minute Lunch Break</b>			
1:15-2:45	Block 3 (90 min)	Block 3 (90 min)	Block 3 (90 min)	Block 3 (90 min)
2:45-3:00	<b>15 minute Break</b> (grab a snack, take a walk, connect with a friend, quiet time, read a book, complete work assignments for class, work in small groups on assignments/projects)			
3:00-4:30	Block 4 (90 min)	Block 4 (90 min)	Block 4 (90 min)	Block 4 (90 min)

Friday	
Student Schedule	Teacher Schedule
Asynchronous Work Time for Students and Time to Connect with Teachers	9:30-10:15: Office Hours for Block 1
	10:15-11:00: Office Hours for Block 2
	11:00-11:45: Office Hours for Block 3
	11:45-12:30: Office Hours for Block 4
LUNCH 12:30-1:00	
1:00-2:00 Clubs/Int./Enr	
Asynchronous Work Time for Students	2:00-3:00 Faculty Time/Department Meetings/CRT work/Division PLC (1/month)
	3:00-4:30 PLC (school)

