

Boys & Girls Cross Country:

Chris Houser, Head Coach
xcountry@myimmaculatehs.org

Zoom Meetings:

- Monday 8/31, 8:00 p.m. - Guest Speaker: College Athlete
- Wednesday 9/2, 8:00 p.m. - Guest Speaker: College Coach

Practice:

Monday 9/7 - Friday 9/11 12:30pm - 1:30pm

Field Hockey:

Shannon Horosky, Varsity Head Coach
fieldhockey@immaculatehs.org

Zoom Meetings:

- Tuesday 9/1, 5:00 p.m. - Guest Speakers: College Athletes
- Thursday 9/3, 5:00 p.m. - Guest Speaker: Motivational Speaker

Practice:

Monday 9/7 - Friday 9/11 4:30pm - 5:30pm
Location: Turf

Football:

Christopher Pace, Head Coach
football@immaculatehs.org

Zoom Meeting:

- Tuesday 9/1, 7:00 p.m. - Guest Speaker: Motivational Speaker

Practice:

Monday 9/7 - Friday 9/11

Contact Head Coach Christopher Pace for details

Boys Soccer:

Greg Lacava, Head Coach
boysoccer@immaculatehs.org

Zoom Meetings:

- Monday 8/31, 5:00 p.m. - Guest Speaker: Division 1 Athlete
- Tuesday 9/1 5:00 p.m. - Guest Speaker: College Coach

Practice:

Monday 9/7 - Friday 9/11 4:30pm - 5:30pm
Location: Grass

Girls Soccer:

Nelson Mingachos, Head Coach
athleticdirector@myimmaculatehs.org

Zoom Meetings:

- Monday 8/31, 6:00 p.m. - Guest Speaker: Division 1 National Champion Athlete
- Tuesday 9/1, 6:00 p.m. - Guest Speaker: College Coach

Practice:

Monday 9/7 - Friday 9/11 12:30pm - 1:30pm
Location: Turf

Girls Swim:

Sarah Basile, Head Coach
sbasile@regionalmca.org

Zoom Meetings:

- Wednesday 9/2, 2:00 p.m. - Guest Speakers: Athletic Director Nelson Mingachos, Deacon Jeff Font and Local clergy
- Monday 9/7, TBA - Guest Speaker: Motivational Speaker

Practice:

Tuesday 9/8 - 9/11 3:00 - 4:30
Location: Brookfield Dive Shop

Volleyball:

Caity Van Camp, Head Coach
girlsvolleyball@myimmaculatehs.org

Zoom Meetings:

- Monday 8/31, 4:00 p.m. - Guest Speakers: Athletic Director Nelson Mingachos, Deacon Jeff Font and Local clergy
- Wednesday 9/2, 4:00 p.m. - Guest Speaker: Former College Athlete
- Friday 9/4, 4:00 p.m. - Guest Speaker: College Coach

Practice:

- Monday 9/7 - Friday 9/11
 - Wave 1 3:00pm - 4:00pm
 - Wave 2 4:30pm - 5:30pm
- Monday 9/7 & Thursday 9/10
 - Wave 4 6:00pm - 7:00pm
- Tuesday 9/8, Wednesday 9/9 & Friday 9/11
 - Wave 3 6:00pm - 7:00pm
- Monday 9/7 & Thursday 9/10
 - Wave 3 7:00pm - 8:00pm
- Tuesday 9/8 & Friday 9/11
 - Wave 5 7:00pm - 8:00pm

Cheerleading:

Lisa Marie Font, Head Coach
cheer@immaculatehs.org

Zoom Meetings:

Monday 8/31, 7:00 p.m. - Guest Speakers: College Cheerleaders

Practice:

Tuesday 9/8 - Thursday 9/10 5:00pm - 6:00pm