



Daily Health Checklist for Staff and Students

During the COVID-19 public health emergency, state and local health department guidance has changed with some frequency as more information is learned. Therefore, the School District of Janesville asks staff, students, and families to work together in taking extra precautions to keep everyone safe.

Before reporting to school each day, staff and students should check for the following daily symptoms:

- Check your temperature: **a temperature of 100.4° F (38° C), or greater, means you must stay at home.**

- One of the following symptoms below requires you to stay at home:
 - Cough (New or Worsening)
 - Shortness of breath/difficulty breathing
 - Vomiting
 - Diarrhea
 - New loss of taste and/or smell

- Two or more of the following symptoms below require you to stay home:
 - Chills
 - Headache
 - Muscle Pain
 - Nausea
 - Sore Throat
 - Running Nose/Congestion (Not related to allergies)
 - Unusual fatigue

District Administrators reserve the right to send any staff member or students with visible symptoms home from school if deemed necessary and appropriate.

Last Update: August 28, 2020