

## **Maclay Athletics Return to Play Protocol & Policies**

### **Practice Policies and Procedures**

- Players will complete a series of Covid-19 related screening questions and a temperature check daily at a designated space by the coach.
- Stay home if sick. Follow routine Maclay Sick Policy for guidance of when can return to campus and participate in athletics. <https://www.maclay.org/campus-life/health>
- Face coverings are always to be worn while inside any enclosed location and when less than 6 feet apart when outside, including all in person team meetings, weight training and film sessions. No exceptions.
- Hand Sanitizer must be used before, during and after practice. Hand hygiene with soap and water should take place if feasible at the conclusion of practice or event.
- Equipment must be cleaned at the conclusion of each practice and during practice as feasible.
- Individual water bottles must always be used and placed in designated areas by coach to allow for proper spacing while consuming any oral fluids.
- When in weight room, athletes will ensure disinfection of weight room equipment before and after individual usage. Strength coach will ensure disinfection of equipment.
- Minimum guidelines from FHSAA and CDC will be followed by the team.

Cross Country- <https://files.constantcontact.com/3b111df2501/063446df-9420-45f9-85b3-42ae05607ad4.pdf>

Football- <https://files.constantcontact.com/3b111df2501/a18369f1-ec05-4468-bb1a-15735967f936.pdf>

Golf- <https://files.constantcontact.com/3b111df2501/8b676085-79e5-4b38-b5a5-0c15276f64b7.pdf>

Swimming & Diving- <https://files.constantcontact.com/3b111df2501/b00b6acb-d77c-4856-a6c0-384084ab82a0.pdf>

Volleyball- <https://files.constantcontact.com/3b111df2501/8fb261a4-c4ff-4bbe-9e16-2b165a575eed.pdf>

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports-faq.html>

## **COVID-19 Considerations**

- If you are in the process of getting a COV-SARS 2 test secondary to any symptomology, known exposure, or as directed by a medical provider, you cannot be on campus or participate in athletics.
- All team members identified as close contact exposure or COV-SARS 2 positive must immediately cease from participating in any athletic activity associated with Maclay and follow the quarantine and isolation guidelines and medical clearance guidelines prior to return to team activities.
- All players who test positive for COV-SARS 2 must notify the school nurse and Athletic Director and follow Maclay School Guidance for return to play.
- When positive cases are identified on the team and reach 15% or 4 team members, whichever is more, all players and coaches should immediately volunteer to move to CVC for a minimum of 2 weeks.

## **Medical Clearance for COVID-19 Positive Athlete**

- All COVID-19 positive athletes must be medically cleared from their primary healthcare provider to participate in any athletic training, practices, or games associated with Maclay. Clearance date from medical provider must occur after the date of the SARS- COV-2 testing date to ensure student has fully recovered and have no evidence of myocardial injury to safely participate in athletics.

<https://www.aappublications.org/news/2020/07/22/sportsguidance072220>

<https://www.acc.org/latest-in-cardiology/articles/2020/07/13/13/37/returning-to-play-after-coronavirus-infection>