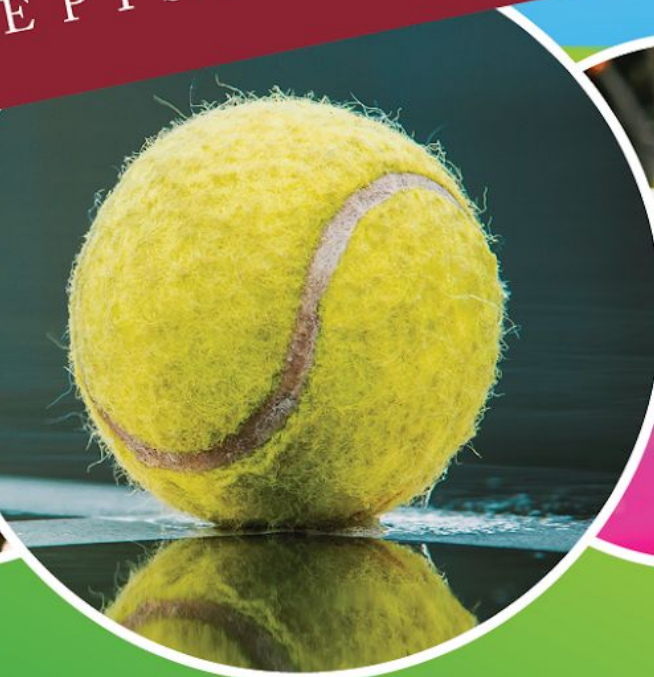


ACE

After-Class Enrichment



HOLY INNOCENTS'
EPISCOPAL SCHOOL



FALL 2020

AFTER-CLASS ENRICHMENT – FALL 2020

PK3	PK4	PK5	K	1	2	3	4	5
MONDAY								
								FW - Sew Fun (3-3:45)
								Abrakadoodle (3-3:45)
								Playball (3-3:45)
								Fashion Workshops - Sew It All (3:45-4:45)
								Cheer (3:45-4:45)
								Kids TV (3:45-5)
								Flag Football (3:45-4:45)
TUESDAY								
								Flag Football (3-3:45)
								Ballet (3-3:45)
								Playball (3-3:45)
								Bricks4Kidz (3-3:45)
								Frenchtastique (3:30-5:30)
								Kidz Tennis (3:45-4:45)
WEDNESDAY								
								Kidz Golf (3-3:45)
								Cheer (3-3:45)
								Early STEM Lab (3-3:45)
								Priceless Painting (3:45-5)
								Camp Sawicki (3:30-5)
								Kidz Sportz (3:45-4:45)
								Outdoor Explorers (3:45-4:45)
THURSDAY								
								Soccer Shots (3-3:45)
								Outdoor Explorers (3-4)
								Yoga with Ms. Dickey (3:45-4:45)
								Priceless Painting (3:45-5)
								STEM Velocity Lab (3:45-4:45)
								Robotics and Programming (3:45-4:45)
FRIDAY								
								Manners and Money Matter (Etiquette) (3-3:45)
								Yoga (3:00-3:45)
								Kidz Tennis (3:00-3:45)
One Day Events								
								All Things Halloween (3-4:30)
								Happy Halloween Happenings (3-4:15)
Multi-Day Events								
								Golden Bears Soccer (W, F, S)



ROUND SQUARE
Making the Round Square
Discoveries

The Round Square Discovery Framework

Communication Skills
Round Square Explorers develop an understanding between themselves and others by listening to one another's ideas and sharing their own through a mutually respectful exchange.

Ability to Solve Problems
Round Square Explorers discover the ability and confidence to think clearly and creatively to tackle a problem in a focused way and find the best possible solution(s) in the circumstances.

Inquisitiveness
Round Square Explorers make continuous enquiries in pursuit of truth. They explore the world around them and seek out their place within it.

Commitment to Sustainability
Round Square Explorers make a commitment to manage their use and application of the earth's resources to live within its means for the benefit of future generations.

Appreciation of Diversity
Round Square Explorers learn to value the strength and solidarity of an inclusive society that embraces all individuals.

Inventiveness
Round Square Explorers develop new ideas and demonstrate divergent thinking, creativity, imagination and innovation.

Compassion
Round Square Explorers discover in themselves a desire and capacity to feel and share another's emotions, perspective and opinions; to empathise.

Self Awareness
Round Square Explorers cultivate an understanding of themselves, their personality, values, attitudes, strengths and weaknesses, through personal discovery.

Courage
Round Square Explorers discover in themselves the ability and willingness to confront fear, pain, danger, uncertainty, or intimidation.

Teamwork Skills
Round Square Explorers discover the benefits of working together in a group with others in pursuit of a common goal.

Tenacity
Round Square Explorers discover in themselves the ability to persevere when confronted with challenge, and learn from their mistakes, with a readiness to try again.

Sense of Responsibility
Round Square Explorers discover in themselves a real sense of personal, moral, ethical, social and civic duty.

Holy Innocents' is a proud member of Round Square International, an association of nearly 180 schools - on six continents - and in over 50 countries. Round Square encourages students to adventure beyond academic excellence to develop their full potential through discovery and the power of experiential education. Our Auxiliary programs strive to provide your students with excellent after-school care, and to help your students work on important life skills that will develop them into positive, productive Global Citizens.

All of our ACE courses highlight at least three of the twelve Round Square Discoveries. Please use the Discoveries legend to help determine which ACE courses may be best for your student.

Primary School Class Offerings

Monday Classes

Playball

Grades: PK3 through PK4

Time: 3-3:45 p.m.

First Day: September 14

Last Day: November 16

Days of no class: October 12

Price: \$220

Location: Primary School BBAR

Discoveries: Tenacity, Teamwork Skills, Self-Awareness

Description: Playball is the premier Sports Program that is for sporty and non-sporty kids both. We address the development of children and they have fun while participating! Our program has been a favorite for years with children and parents both. We cover the basic sports skills of Soccer, Baseball, Basketball, Tennis, and Hockey through a fun learning environment. Your child is actively engaged and learning skills for life as we use the medium of sports to engage and improve motor development, concentration, hand, eye, and foot coordination, balance, social skills, build muscle tone, and more.

Fashion Workshops – Sew Fun!

Grades: PK5 through Kindergarten

Time: 3-3:45 p.m.

First Day: September 14

Last Day: November 16

Days of no class: October 12

Price: \$380

Location: Primary School Classroom

Discoveries: Tenacity, Courage, Inventiveness

Description: Even the smallest hands can learn to sew and create fun, cute and wearable items. This class focuses on teaching hand sewing using yarns and threads. Students will create items such as stuffed animal toy, doll skirt or shorts, craft apron, fabric basket, wall art and more. All supplies are included in the class fee. Projects vary and change based on the semester.

AFTER-CLASS ENRICHMENT – FALL 2020

[Abrakadoodle – Cute and Cuddly!](#)

Grades: PK3 through Kindergarten

Time: 3-3:45 p.m.

First Day: September 14

Last Day: November 16

Days of no class: October 12

Price: \$230

Location: Primary School Classroom

Discoveries: Communication Skills, Inventiveness, Inquisitiveness

Description: Calling little art lovers of all things cute and cuddly! Who doesn't love to snuggle up with a favorite blanket, cuddle a cute teddy bear, or hug and kiss loved ones? Young artists will explore these ideas and more in their artwork through the lens of beloved children's book characters and illustrations. Students will have cute and cuddly sensory experiences, talk about emotions, and delve into favorite stories. It's time to cuddle up with good books and make some amazing cute and cuddly artwork!

Tuesday Classes

[Bricks4Kidz](#)

Grades: PK3 through Kindergarten

Time: 3-3:45 p.m.

First Day: September 8

Last Day: November 17

Days of no class: October 13, October 20

Price: \$235

Location: Primary School Classroom

Discoveries: Inventiveness, Ability to Solve Problems, Teamwork Skills

Description: Calling all Little Builders! Bricks4Kidz is a fun, hands-on S.T.E.M-focused class where students will design and build challenging LEGO models from our over 1,000 models including animals, monuments, airplanes, rockets and much more using our Architecture Brick Kits! Students learn important life skills such as organizational skills, number patterns, counting and cardinality, and process thinking while improving their creativity and hands-on problem-solving skills! We will progress students through a learning progression of curriculum units including Amazing Animals, Wonders of the World, Forces of Nature, and much more.

Every child takes home a custom-built mini figure at the end of the session!

AFTER-CLASS ENRICHMENT – FALL 2020

Flag Football

Grades: PK4 through Kindergarten

Time: 3-3:45 p.m.

First Day: September 8

Last Day: November 17

Days of no class: October 13, October 20

Price: \$230

Location: Primary School Playground

Discoveries: Teamwork Skills, Tenacity, Sense of Responsibility

Description: TGA Premier Sports is bringing sports fitness with a concentration on flag football to Holy Innocents' primary students! Our enrichment program combines athletics and life lessons while emphasizing safety, fitness, and fun. Certified coaches lead students through station-based drills and games that develop the fundamental skills of flag football with a strong focus on **agility, footwork, and hand-eye coordination**. These skills are essential to all sports and will help create a solid sports foundation while also teaching valuable life lessons including **perseverance** and **sportsmanship**. TGA provides all necessary equipment.

Playball

Grades: PK5 through Kindergarten

Time: 3-3:45 p.m.

First Day: September 8

Last Day: November 17

Days of no class: October 13, October 20

Price: \$220

Location: Primary School BBAR

Discoveries: Tenacity, Teamwork Skills, Self-Awareness

Description: Playball is the premier Sports Program that is for sporty and non-sporty kids both. We address the development of children and they have fun while participating! Our program has been a favorite for years with children and parents both. We cover the basic sports skills of Soccer, Baseball, Basketball, Tennis, and Hockey through a fun learning environment. Your child is actively engaged and learning skills for life as we use the medium of sports to engage and improve motor development, concentration, hand, eye, and foot coordination, balance, social skills, build muscle tone, and more.

AFTER-CLASS ENRICHMENT – FALL 2020

Ballet

Grades: PK3 through Kindergarten

Time: 3-3:45 p.m.

First Day: September 8

Last Day: November 17

Days of no class: October 13, October 20

Price: \$255

Location: Primary School Classroom

Discoveries: Teamwork Skills, Tenacity, Self-Awareness

Description: This class will teach the fundamentals of pre-ballet in a fun creative non-competitive atmosphere. Children will learn steps like skipping, marching, galloping, hopping, and leaping.

Songs with pantomime movement will teach your children the 7 movements of dance. Students will learn Dance terminology placement exercises to improve posture and exercises to strengthen tummy muscles all while having fun in ballet class. At the end of each class will be a time for a fun dance game!

* Uniforms are optional, and students will need to be able to dress themselves. Ballet uniforms can be purchased from The Studio - Atlanta Dance for an additional fee.

Wednesday Classes

Cheerleading

Grades: PK3 through Kindergarten

Time: 3-3:45 p.m.

First Day: September 9

Last Day: November 18

Days of no class: October 21

Price: \$245

Location: Primary School Classroom

Discoveries: Teamwork Skills, Tenacity, Sense of Responsibility

Description: TGA Premier Sports is bringing cheerleading to Holy Innocents' primary students! Our enrichment program combines athletics and life lessons while emphasizing safety, fitness, and fun. Certified coaches lead students through station-based drills and games that develop the fundamental skills of **tumbling, motions, jumps, and choreography** while using the sport to teach valuable life lessons including **perseverance** and **sportsmanship**. TGA provides all necessary equipment.

AFTER-CLASS ENRICHMENT – FALL 2020

Kidz Golf

Grades: PK3 through Kindergarten

Time: 3-3:45 p.m.

First Day: September 9

Last Day: November 18

Days of no class: October 21

Price: \$280

Location: Primary School BBAR/Playground

Discoveries: Courage, Tenacity, Teamwork Skills

Description: This progressive, instructional golf program can be held indoors or outside and is great for both boys and girls alike. Golf is a great way for children to learn balance and body control which are incorporated into our curriculum-based program. All equipment is provided by Kidz Golf for use in the program where children will learn; Putting, Chipping & Wedge Play, Long Irons, Tee Shots, Terminology, Golf Etiquette, The Lingo, Rules of Golf, and most importantly – they will learn respect for the game and their golf buddies. If you want your child to learn the game of golf, trust the coaches at Kidz Golf to provide them with a solid foundation in which to build a life-long love for the game.

Early STEM Lab

Grades: PK3 through Kindergarten

Time: 3-3:45 p.m.

First Day: September 9

Last Day: November 18

Days of no class: October 21

Price: \$265

Location: Primary School Classroom

Discoveries: Ability to Solve Problems, Tenacity, Inventiveness

Description: You won't believe your eyes on what we've got in store for you! If your child loves to be amazed by cool reactions, fast objects and unbelievable phenomena, then you won't want to miss out on this program. **My First STEM LAB** builds upon your child's skills in constructing the world around them, understanding nature, conducting experiments, and exploring space. Your child won't forget these experiences as they take their first brave steps into STEM.

Pandemic Disclosure: In the unfortunate event of a school closure, this program will resume virtually during the same time slot. Materials will be provided for each student. Activities may require a lab partner over the age of 13. A list of basic household materials to supplement some activities will also be provided.

Thursday Classes

Outdoor Explorers

Grades: PK3 through Kindergarten

Time: 3-4 p.m.

First Day: September 10

Last Day: November 19

Days of no class: N/A

Price: \$240

Location: Primary School Classroom/Outdoors

Discoveries: Commitment to Sustainability, Self-Awareness, Inquisitiveness

Description: Join us as we search for insects, rocks, birds, and more in the schoolyard habitat surrounding Holy Innocents! Our first session will start with a schoolyard nature scavenger hunt designed to uncover the amazing nature that calls our schoolyard home. An expert Blue Heron Naturalist will help children make exciting finds out in nature and learn how to explore safely. By spending hands-on time in nature, children will learn to care for living things and build their own scientific understanding of the natural world through discovery, observation, and experimentation. At every session, a Blue Heron naturalist will bring an outdoor activity kit full of tools to facilitate outdoor exploration. This kit will include magnifying lenses, field guides, butterfly nets, buckets and baskets for collecting, and art supplies. Every session will include some type of art-related activity.

Sample lessons and activities include:

- Rock collecting and geology.
- Collecting and observing insects and drawing or painting the insects we find.
- Bird watching and building bird feeders or nesting balls for birds.
- Creating mini-animal homes and habitats.
- Seed collecting and planting the seeds we discover.
- Making our own maps and treasure maps of the schoolyard.

AFTER-CLASS ENRICHMENT – FALL 2020

Soccer Shots

Grades: PK3 through Kindergarten

Time: 3-3:45 p.m.

First Day: September 10

Last Day: November 19

Days of no class: N/A

Price: \$250

Location: Primary School Playground/BBAR

Discoveries: Communication Skills, Self-Awareness, Teamwork Skills

Description: Using creative and imaginative games, weekly sessions focus on basic soccer skills like dribbling, passing, and shooting. This class will highlight a positive character trait each session, such as respect, teamwork, and appreciation. Soccer Shots will expose your child to the fun of soccer and provide the foundation needed to get started in the sport and fall in love with the sport.

Friday Classes

Kidz Tennis

Grades: PK3-Kindergarten

Time: 3:00-3:45 p.m.

First Day: September 11

Last Day: November 13

Days of no class: September 25

Price: \$265

Location: Primary School Gym -BBAR

Discoveries: Courage, Tenacity, Teamwork Skills

Description: Our progressive program utilizes a station-based teaching method that groups children by age and ability. Each station is led by a coach who will deliver the curriculum-based system in a safe, fun, and challenging manner to develop agility, balance, body-control, and shot-making. Children will also learn good sportsmanship and players who are ready will have the opportunity to begin playing matches against their classmates.

All equipment is mobile, age-appropriate, and sized right for children. Racquets are provided for use in this fast-paced tennis program. The goals of this program are to prepare children for a healthy lifestyle, improve balance, agility, and body control, develop hand-eye coordination and athleticism, and of course to encourage a love for the game of tennis.

AFTER-CLASS ENRICHMENT – FALL 2020

Yoga

Grades: PK3-Kindergarten

Time: 3:00 p.m.-3:45 p.m.

First Day: September 11

Last Day: November 13

Days of no class: September 25

Price: \$275

Location: Primary School Classroom

Discoveries: Compassion, Tenacity, Self-Awareness

Description: Ready for a fun class that will have kids practicing yoga at home? Yoga includes simple poses with music, art, games, breathing exercises, and relaxation activities. Kids will learn about body awareness, self-expression, and social skills. Active and fun, the classes help students develop strength, flexibility, concentration, and focus.

Lower School Class Offerings

Monday Classes

Fashion Workshops – Sew It All!

Grades: 1-5

Time: 3:45-4:45 p.m.

First Day: September 14

Last Day: November 16

Days of no class: October 12

Price: \$380

Location: Lower School Classroom

Discoveries: Tenacity, Courage, Inventiveness

Description: This class will focus on creating 6 easy to follow guided sewing projects using a sewing machine. Projects include home, apparel and accessories such as a pillow, cross body bag, tote bag, craft apron and more. Some of the skills that are learned include hemming, machine sewing, hand sewing, encasing elastic, and mastering straight seams. All Supplies such as fabric and notions are included in your fee. Projects will change each semester.

AFTER-CLASS ENRICHMENT – FALL 2020

Kids TV

Grades: 3-5

Time: 3:45-5:15 p.m.

First Day: September 14

Last Day: November 16

Days of no class: October 12

Price: \$285

Location: Lower School Classroom

Discoveries: Communication Skills, Ability to Solve Problems, Teamwork Skills

Description: Welcome to Kids TV! Kids TV is a Filmmaking & TV Production course for students grades 3rd - 5th. During the Kids TV Class, kids will focus on producing short videos (30sec –3min) that they can either produce by themselves or in small teams (3 students). Students will learn editing in order to edit their individual videos.

Skill Sets Learned: Camera operations with large and small media devices, Video Editing, and Producing.

Cheerleading

Grades: 1-5

Time: 3:45-4:45 p.m.

First Day: September 14

Last Day: November 16

Days of no class: October 12

Price: \$265

Location: Lower School Classroom

Discoveries: Teamwork Skills, Tenacity, Sense of Responsibility

Description: TGA Premier Sports is bringing cheerleading to Holy Innocents' Lower School students! Our enrichment program combines athletics, academics and life lessons while emphasizing safety, fitness, and fun. Certified coaches lead students through station-based drills and games that develop the fundamental skills of

tumbling, choreography, motions, jumps, and performance while using the sport to teach valuable life lessons including **perseverance, leadership, and sportsmanship**.

TGA provides all necessary equipment.

AFTER-CLASS ENRICHMENT – FALL 2020

Flag Football

Grades: 4-5

Time: 3:45-4:45 p.m.

First Day: September 14

Last Day: November 16

Days of no class: October 12

Price: \$165

Location: Lower School Classroom

Discoveries: Teamwork Skills, Tenacity, Sense of Responsibility

Description: This flag football program will be non-competitive and will emphasize team building and having fun. Coach Umstead will help the children learn pass routes and certain techniques of the game. Open to boys and girls with any level of experience!

Tuesday Classes

Kidz Tennis

Grades: 1-4

Time: 3:45-4:45 p.m.

First Day: September 8

Last Day: November 17

Days of no class: October 13

Price: \$265

Location: Lower School Classroom/Playground

Discoveries: Courage, Tenacity, Teamwork Skills

Description: Our progressive program utilizes a station-based teaching method that groups children by age and ability. Each station is led by a coach who will deliver the curriculum-based system in a safe, fun, and challenging manner to develop agility, balance, body-control, and shot-making. Children will also learn good sportsmanship and players who are ready will have the opportunity to begin playing matches against their classmates.

All equipment is mobile, age-appropriate, and sized right for children. Racquets are provided for use in this fast-paced tennis program. The goals of this program are to prepare children for a healthy lifestyle, improve balance, agility, and body control, develop hand-eye coordination and athleticism, and of course to encourage a love for the game of tennis.

AFTER-CLASS ENRICHMENT – FALL 2020

Frenchtastique

Grades: 3-5

Time: 3:30-5:30 p.m.

First Day: September 15

Last Day: October 27

Days of no class: October 13

Half Semester course

Price: \$225

Location: Lower School Classroom

Discoveries: Inventiveness, Teamwork Skills, Compassion

Description: Come spend six afternoons with Madame Walker and Madame Dickey as we explore French culture! We'll taste some French food and make some together, play French games, make art, and so much more! Join this class to experience French culture – experience with the French language is not necessary!

Wednesday Classes

Kidz Sportz

Grades: 1-4

Time: 3:45-4:45 p.m.

First Day: September 9

Last Day: November 18

Days of no class: October 21

Price: \$280

Location: Lower School Classroom

Discoveries: Courage, Tenacity, Teamwork Skills

Description: Kidz Sportz is a great way to introduce your child to athletics in a safe environment where the focus is on fun! Your children will love this “game-based” class format that teaches essential athletic skills such as; catching, throwing, agility, coordination, and balance. We provide all necessary equipment for our program which includes sports such as; kickball, whiffle ball, frisbee golf, modified dodgeball, modified volleyball and many more! Skill games are broken down into smaller components so the children will enjoy the developmental process.

AFTER-CLASS ENRICHMENT – FALL 2020

Camp Sawicki

Grades: 3-5

Time: 3:30-5:30 p.m.

First Day: September 16

Last Day: November 11

Days of no class: October 21

Price: \$300

Location: Lower School Classroom

Discoveries: Compassion, Sense of Responsibility, Teamwork Skills

Description: Camp Sawicki is packed with good, old fashion FUN! (Screen FREE!) And old fashion fun includes an atmosphere of respect and caring for our fellow campers with rotating leadership roles weekly. Life skills and life lessons are woven into traditional camp activities like creating (all new) masterpieces in arts and crafts, cooking, scavenger hunts, field day (complete with crazy water activities), storytelling around the “campfire,” traditional board and card games, holiday celebrations and more!

*This longer camp allows for one full session to be devoted to service. The last day of camp will peak with a camp celebration and awards. Kids of different ages arrive as campers but leave as family! This is the most unique camp experience at HIES! **More new activities will be offered so all “returning campers” will have fun and be able model what true campers do!

*The supply fee includes snacks, supplies and a cool t-shirt.

Outdoor Explorers

Grades: 1-5

Time: 3:45-4:45 p.m.

First Day: September 9

Last Day: November 18

Days of no class: October 21

Price: \$225

Location: Lower School Classroom/Outdoors

Discoveries: Commitment to Sustainability, Self-Awareness, Inquisitiveness

Description: Join us as we search for insects, rocks, birds, and more in the schoolyard habitat surrounding Holy Innocents! Our first session will start with a schoolyard nature scavenger hunt designed to uncover the amazing nature that calls our schoolyard home. An expert Blue Heron Naturalist will help children make exciting finds out in nature and learn how to explore safely. By spending hands-on time in nature, children will learn to care for living things and build their own scientific understanding of the natural world through discovery, observation, and experimentation. At every session, a Blue Heron naturalist will bring an outdoor activity kit full of tools to facilitate outdoor exploration. This kit will include magnifying lenses, field guides, butterfly nets, buckets and baskets for collecting, and art supplies. Every session will include some type of art-related activity.

AFTER-CLASS ENRICHMENT – FALL 2020

Sample lessons and activities include:

- Rock collecting and geology.
- Collecting and observing insects and drawing or painting the insects we find.
- Bird watching and building bird feeders or nesting balls for birds.
- Creating mini-animal homes and habitats.
- Seed collecting and planting the seeds we discover.
- Making our own maps and treasure maps of the schoolyard.

Priceless Painting

Grades: 1-5

Time: 3:45-5 p.m.

First Day: September 9

Last Day: November 18

Days of no class: N/A

Price: \$380

Location: Middle School Art Room

Discoveries: Inquisitiveness, Courage, Tenacity

Description: Join us this semester as we paint with acrylics on canvas! Students will finish several masterpieces including an impressionistic painting as well as an abstract. Your child does not need to be able to draw well to find success in this class. The focus during the week is to introduce each child to the joy of painting and mixing colors. Be prepared to be amazed by your children's art!

*Since acrylic paint stains wear old clothes and shirts to the class!

Thursday Classes

STEM Velocity Lab

Grades: 1-3

Time: 3:45-4:45 p.m.

First Day: September 10

Last Day: November 19

Days of no class: N/A

Price: \$305

Location: Lower School Classroom

Discoveries: Ability to Solve Problems, Tenacity, Inventiveness

Description: Crash! Pop! Eureka! Does your Early Learner enjoy science coming to life? Then this is the program for them! Each week we will explore something new and

AFTER-CLASS ENRICHMENT – FALL 2020

exciting from a wide range of age-appropriate STEM topics in the areas of engineering, physics, chemistry, biology, astronomy, and more. We'll conduct experiments and activities to provide first hand experiences to help them become more confident in their understanding of the natural world. New Activities provided each week throughout the school year.

Pandemic Disclosure: In the unfortunate event of a school closure, this program will resume virtually during the same time slot. Materials will be provided for each student. Activities may require a lab partner over the age of 13. A list of basic household materials to supplement some activities will also be provided.

Robotics and Programming

Grades: 4-5

Time: 3:45-4:45 p.m.

First Day: September 10

Last Day: November 19

Days of no class: N/A

Price: \$305

Location: Lower School Classroom

Discoveries: Ability to Solve Problems, Tenacity, Inventiveness

Description: Ever wanted to design, build and program your own robots? Well, here's your chance! In this Specialized Program for Upper Elementary, students will gain invaluable experiences to boost their understanding of Robotics and software design and help them develop their ability to think abstractly, logically and analytically.

Throughout the program, students will take on various projects to become familiar with a wide range of robotics topics such as: Scratch Programming, Mechanical & Electrical Engineering, Sensors, Coding, Design Principles and More...New Activities provided each week throughout the school year.

Pandemic Disclosure: In the unfortunate event of a school closure, this program will resume virtually during the same time slot. Materials will be provided for each student. Activities may require a lab partner over the age of 13. A list of basic household materials to supplement some activities will also be provided.

Priceless Painting

Grades: 1-5

Time: 3:45-5 p.m.

First Day: September 10

Last Day: November 19

Days of no class: N/A

Price: \$380

Location: Middle School Art Room

AFTER-CLASS ENRICHMENT – FALL 2020

Discoveries: Inquisitiveness, Courage, Tenacity

Description: Join us this semester as we paint with acrylics on canvas! Students will finish several masterpieces including an impressionistic painting as well as an abstract. Your child does not need to be able to draw well to find success in this class. The focus during the week is to introduce each child to the joy of painting and mixing colors. Be prepared to be amazed by your children's art!

*Since acrylic paint stains wear old clothes and shirts to the class!

Yoga with Ms. Dickey

Grades: 2-5

Time: 3:45-4:45 p.m.

First Day: September 10

Last Day: November 19

Days of no class: N/A

Price: \$210

Location: Lower School Classroom

Discoveries: Compassion, Perseverance, Self-Awareness

Description: Did you know that yoga is over 5,000 years old? Come learn all about why it's been around so long with Ms. Dickey. We will make cool shapes with our bodies, learn breathing techniques, and come out of each class feeling stronger and more peaceful.

Friday Classes

Manners and Money Matter

Grades: 2-5

Time: 3-3:45 p.m.

First Day: September 11

Last Day: October 30

Days of no class: September 25

Half Semester course

Price: \$138

Location: Lower School Classroom

Discoveries: Self Awareness, Sense of Responsibility, Communication Skills

Description: Your child will learn social, leadership, dining and money skills to feel more comfortable and self assured in social situations. This enjoyable and informative program includes role-playing exercises that can be done using social distancing. Workbooks are included and can be kept as a reference. The Dave Ramsey money class includes a kit by Dave Ramsey, Financial Peace Jr., that will help your child learn how to give, save and spend. An optional graduation dinner will be offered after the

AFTER-CLASS ENRICHMENT - FALL 2020

class is completed so that your child can practice all of the social and dining skills he/she has learned.

Some of the etiquette topics are as follows:

- 5 Seconds for a Great First Impression
- The 7 Ingredients of a Good Introduction
- Introducing Yourself and Others
- Etiquette in Public Places
- The ABCs of Table Manners
- Styles of Eating
- Thank You Notes

Multi-Day Classes

Golden Bears Soccer

Grades: 2-5

Time: Wednesdays: 3:45-4:45 p.m., Fridays: 3-4 p.m., Saturdays: 9-10 a.m.

First Day: September 9

Last Day: November 14

Days of no class: September 25, October 10, October 21,

Price: \$360

Description: The Golden Bears 2nd through 5th grade Fall Soccer Clinic is a custom-built program that was developed by our HIES Upper School coaching staff using the latest coaching and training methodologies. They will focus on individual skill and technical work with partner and multi-player situational progression. Their training goals will be to develop confident, creative, and skillful players. They will identify and train the most critical "moves and skills" needed to dominate 1v1 situations and help players build a deeper understanding on how to play the beautiful game of soccer. All coaches are USSF and/or USC certified who will create a training environment that promotes positive habits of self-reliance, relentless work ethic, personal accountability, and progressive goal setting. Players will train on Wednesdays and Fridays on their technical skills. On Saturday mornings, players will be divided into teams of 4 and will play each other. This is the time where the boys can show off the skills and moves they learned from the weekdays' training sessions. Bottom line...we are training and developing the future HIES State Champs!

One Day Events

All Things Halloween!

Date: October 15

AFTER-CLASS ENRICHMENT – FALL 2020

Grades: 3-5

Time: 3-4:30 p.m.

Price: \$80

Location: Classroom

Description: 90 minutes of ghoulish action-packed bonding with fellow “Zombies” of different ages while preparing (and devouring) spooky food, playing spirited games, and creating freaky arts and crafts. This course is wholesome Halloween fun from yesteryear with just enough chills to bond with a new buddy! If you love Halloween and crazy fun as much as Mrs. Sawicki, this is the class for you! Beware! Halloween season tends to bring out... "other sides" of Mrs. Sawicki! Hey-hee!

Happy Halloween Happenings!

Date: October 22

Grades: 1-2

Time: 3-4:15 p.m.

Price: \$80

Location: Classroom

Description: 75 minutes of ghoulish action-packed bonding with fellow “Zombies” of different ages while preparing (and devouring) spooky food, playing spirited games, and creating freaky arts and crafts. This course is wholesome Halloween fun from yesteryear with just enough chills to bond with a new buddy! If you love Halloween and crazy fun as much as Mrs. Sawicki, this is the class for you! There is sure to be some spooky—but not too spooky surprises!