

**Elementary / Middle School
High School / Staff**

MONDAY

Pasta with Tomato & Mushrooms

Baked Sliced Chicken with Lemon

Zucchini Boats

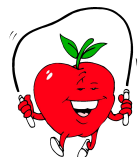


TUESDAY

Salmon Risotto

Flounder Fish

Spinach



WEDNESDAY

Whole-Wheat Pasta "Norma" Style

Beef Chili

Mashed Potatoes



THURSDAY

Chicory Risotto

Sliced Turkey

Steamed Carrots



FRIDAY

Pizza

Cuttlefish Cous-Cous

"Caponata"



**Elementary / Middle School
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MONDAY

Saffron Risotto

Fish burgers

Au Gratin Potatoes

TUESDAY

Pasta "All'arrabbiata" Style

Baked Turkey

Butter Green Beans

WEDNESDAY

Whole-Wheat Pasta with
Broccoli & Cherry Tomatoes

Breaded Flounder Fish

Cabbage with apple salad

THURSDAY

Gnocchi "Bolognese" style

Veal Meatballs with peas

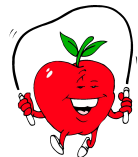
Chard

FRIDAY

Sea Fruit Risotto

Plaice Fish with onions and
oranges

Steamed Potatoes



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MONDAY

Pasta with Season
Vegetables

Baked Chicken Drumsticks

Broccoli & Cauliflower

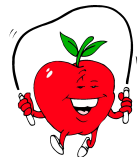


TUESDAY

Clams Risotto

Home-made codfish sticks

Cubes Potatoes



WEDNESDAY

Whole-Wheat Pasta with
cherry tomatoes & olives

Beef Strips with rosemary
and herbs

Steamed Chard



THURSDAY

Gorgonzola and Pears
Risotto

Baked Turkey

Round Zucchini



FRIDAY

Pizza

Fish Rolls with Eggplants

Sautèed Potatoes



Elementary / Middle School
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MONDAY

**Parmesan Risotto with
balsamic vinegar reduction**

Sogliola Fish

Green Beans & Carrots

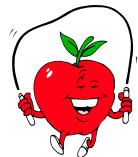


TUESDAY

Pasta with Sea "Ragu"

Baked Chicken Nuggets

Baked Potatoes



WEDNESDAY

Pasta with peppers

**Fish Ramen Soup with
Vegetables**

Brussels Sprouts



THURSDAY

Fresh Pasta with Pesto

Veal

Spinach with Raisins



FRIDAY

Shrimp Risotto

**Plaice fish
"Mediterranean" Style**

Mashed Potatoes

