

GFS

GERMANTOWN FRIENDS SCHOOL

ONLINE AFTER-SCHOOL CLUBS

FALL 2020



Please enjoy the following descriptions of the fun, enrichment-oriented clubs we will be offering online this fall.

Clubs will begin the week of September 21-26 and end the week of December 7-12. During the week of September 14, we will run trial sessions for all clubs (except yoga) so your child can try a club before committing. Please keep an eye out for more information on registering for a trial session.

Please note that club lengths are approximate. They may end up being a bit shorter or a bit longer.

GERMANTOWNFRIENDS.ORG

1 • AMAZING ZOOMDANCE

Tuesdays, 4:15-4:45 p.m. (no club 11/24) | **Preschool-Kindergarten (ages 2-6) | Material, Gear, and Space Needs: Students will need sufficient space to enjoy creative movement safely. This movement may involve twirling, skipping, jumping, and more! | \$215**

ZoomDance classes are filled with dance, music, storytelling, imagination, and fun! In the online format, we are looking to keep your kids moving and using their bodies with a range of creative activities. We'll dance our way through stories, exploring the characters and adventure through rhythmic movement, songs, and performance, and leave space for everyone to show off their favorite moves. Weekly class themes will include: Superhero Rescue Mission, Robot Take-Over, The Great Unicorn Search, Sneaky Monsters, The Giant's Castle, and many more. ZoomDance creator and instructor Sarah Gladwin Camp is a professional dancer and choreographer who has taught children's dance, music, and drama throughout Europe and in Philadelphia. To learn more, visit www.zoomdance.com.

2 • AMERICAN SIGN LANGUAGE

Wednesdays, 4:15-4:55 p.m. (no club 11/11, 11/25) | **Grades 1-5 | Material, Gear, and Space Needs: All materials will be provided | Enrollment Limit: 5 | \$195**

American Sign Language (ASL) will be taught by Karen Leslie-Henry, who is the Coordinator of Community Relations for our neighbor, The Pennsylvania School for the Deaf. This club is designed both for new and returning students. For returning students, Karen will review the ASL alphabet, numbers, and basic vocabulary. Students will be provided with alphabet and vocabulary worksheets, and will practice and learn handshapes associated with the language. Sessions will also include understanding deaf culture, basic communication tips and tools, conversation structure, and games. Since ASL relies totally on visual access, in the online version of this club, it will be important to have full visual access to the student's full face, both hands and upper body. Students new

to the program then will partner with their more experienced classmates because, as the old saying goes: "The best way to learn something is to teach it!"



3 • BALLET: TROLLS

Fridays, 4:15-5 p.m. (no club 11/6, 11/27) | **Preschool-Grade 1 (ages 3-7) | Material, Gear, and Space Needs: Ballet attire recommended; scarf or ribbon, stuffed animal, and wand if handy are recommended but not required. Students will need sufficient space to enjoy dancing safely. | \$195**

Put some sunshine in your pocket and join Fallon Gannon this fall for a fabulous, colorful, fun-filled season of music and dance featuring everyone's favorite Queen of Pop troll Poppy as well as her friends Branch, Biggie, and DJ Suki. Featuring hit songs such as "True Colors" as performed by Justin Timberlake and Anna Kendrick, dancers will work together in perfect harmony.

We will all dance together, remotely from our homes following the usual structure of Fallon's class: share, warmup, technique, and finish up with learning choreography. Class will begin with a sharing time for students to go around and say hello to their friends in the club. Once warmup begins all dancers will mute their mics to cut out all background noise so each dancer can focus on the instruction. Dancers will follow along with Fallon's instruction until the end of class. At the end, students will meet back together, turn on their mics, and can share with one another their favorite part of class/the dance/etc. Newcomers are welcome. Dancers are asked to bring a scarf or

ribbon and/or wand if they have them handy. Note: These props are recommended but NOT necessary. They will only be used for a few short exercises with a creative dance section.

Please note: As Ballet PLUS will follow directly after Ballet: *Trolls*, please be sure to have your child disconnect from Ballet once the main session has finished.

BALLET PLUS

Fridays, 5-5:20 p.m. (no club 11/6, 11/27) | Kindergarten-Grade 1 | \$50 for full season

Our more experienced dancers are invited again to participate in an additional twenty minutes of class following the regular ballet class. Students who have participated in ballet with Fallon for two or more prior terms are welcome to enroll in Ballet PLUS as a session option in ACTIVE Network.

Note: Ballet classes are open to dancers of all genders. Students will need their own ballet attire and slippers. Slippers, a leotard, and tights, or a T-shirt with black leggings, are recommended. Dancers should wear the attire they feel best suits them. Dancewear can be purchased through www.discountdance.com.

4 • BUILD YOUR OWN APP WITH VineyardAppCamp

Wednesdays, 4:15-5:15 p.m. (no club 11/11, 11/25) | Grades 4-8 | Material, Gear, and Space Needs: Some print outs will be sent to students. | \$195

VineyardAppCamp teaches your child both the skills of a coder and the mindset of an entrepreneur! Please watch [this great video](#) highlighting the aspect of our program where students build real apps for non-profits using the skills they've learned in the class. By the end of the fall club season your child will design, build, and release his or her own app onto the App Store. Our dedicated and experienced instructors help club participants bring their ideas to reality, gain a valuable suite of 21st-century coding skills, and learn about technology and entrepreneurship. Your child doesn't need to have any prior coding experience, and by the end, they'll have their own iPhone app on the App Store to share with family and friends just like a Silicon Valley entrepreneur!

5 • CERAMICS: THE CLAY CLUB

Wednesdays, 4:15-5:05 p.m. (no club 11/11, 11/25) | Grades 1-4 | Material, Gear, and Space Needs: Homemade "claydough" or air dry clay (see below on ordering), a plastic tablecloth, tools, paints, brushes, Mod Podge, and a variety of simple tools that students may already have or can easily be found around the house. | \$195

The online "clay" club this term will be using an air dry clay material that does not require firing. Some possible projects might include animal sculptures and figures, clay jewelry, self-portraits/clay faces, decorative containers, etc. If available, the commercial air dry material required will be sent to the student's home. Alternatively, a parent or caregiver may need to make the homemade air dry material using basic ingredients such as cornstarch, vinegar, white glue, etc. (with the specific recipe for the material sent in advance). The online format will also require parents to gather together common objects and tools found at home for the projects.

Expert ceramicist Lynne Dorman, who has been teaching ceramics to children for more than a decade, will be bringing her love of clay and art to these fun-filled after school clubs.

Crayola White Air Dry Clay (along with other supplies) is available for purchase at Michaels for \$12.99 (\$10.40 with coupon 20MADEBYYOU). [Click here](#) to find a store in the Philadelphia area.

Please note: If unable to buy the air dry clay listed below, parents may make their own "claydough" at home.

6 • CERAMICS: THE CLAY CLUB - KINDERGARTEN

Thursdays, 4:15-5:05 p.m. (no club 11/26) | Kindergarten | Material, Gear, and Space Needs: Homemade "claydough" or air dry clay (see below on ordering), a plastic tablecloth, tools, paints, brushes, Mod Podge, and a variety of simple tools that students may already have or can easily be found around the house. | \$195

The online "Clay" club will focus on squeezing, poking and molding a simple, homemade dough substance to create fun, useful and decorative objects such

as dishes, pendants, beads, animal sculptures, and pieces of one's choosing - just the thing to keep little hands busy! The dough will be made using the simple ingredients of flour, salt, and water and can be made in advance (recipe will be sent ahead) or by following along with the instructor during the first session. The online format will require that parents gather together basic tools and materials for the projects. Some parent/caregiver assistance may be required to prepare the "claydough".

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Please note: If unable to buy the air dry clay listed below, parents may make their own "claydough" at home.

7 • CHESS FOR LOWER SCHOOLERS

Saturday, 8:50-9:30 a.m. (no club 10/31, 11/28)
| Grades 1-4 | Material, Gear, and Space Needs: Students will need to set up an account at lichess.org, which is a free and kid safe site. The instructor will need their username. | Enrollment Limit: 8 | \$265

Chess Club is designed both for students who recently have learned the rules of chess (e.g., how to move the pieces; the relative value of each piece; and the meaning of check, checkmate, and stalemate) and for more experienced players who already know about center control, development of knights and bishops, and king safety. Thinking BEFORE touching is our



number one priority. We will ask ourselves, "What is my opponent trying to do?" and "What is going to happen to my piece if I go there?" The emphasis is not on winning, but on having fun while learning one of the world's oldest and most popular games.

Newcomers are welcome to join the Lower School Chess Club (although they may wish to arrange an individual lesson or two with instructor Ross Colby beforehand).

Please note: Parents may need to be present for the first day (or first few days) with younger kids so the kids can learn to send and accept challenges.

8 • CHESS FOR TOURNAMENT PLAYERS

Saturday, 8-8:45 a.m. (no club 10/31, 11/28) | Grades 4-12 | Material, Gear, and Space Needs: Students will need to set up an account at lichess.org, which is a free and kid safe site. The instructor will need their username. | Enrollment Limit: 8 | \$265

The Tournament Chess Club with Ross Colby is for experienced Lower School, Middle School, and Upper School chess players who already have competed in one or more chess tournaments. Participants will practice precise chess terminology, including "rank," "file," "center," and "diagonal." Students will learn and practice forks, pins, skewers, discovered attacks, and removing the defender. In past years GFS tournament players have competed as a team at local, state, and national tournaments.

9 • HAND SEWING

Mondays, 4:15-5 p.m. (no club 9/28, 11/23, 11/30) | Grades 1-5 | Material, Gear, and Space Needs: A sewing kit will be needed for this club. Please select the sewing kit—which will be a session option—when registering. | \$175 (plus \$22 for sewing kit)

Local needle arts expert Heather Hutchison Harris is back to share her love of handcrafts with our younger lower schoolers. Using Google Meet, club participants will have a live class with Heather using the pre-purchased hand sewing kit. As participants' skills develop, so will the complexity of the projects.

In addition to refreshing (or learning) key sewing skills such as threading a needle, tying knots, practice running and whip stitches, and add embellishments that are included in [the sewing kit](#). Participants will learn practical skills and build confidence. Heather's hand sewers will have an awesome time creating cool projects with their friends!

Please either order [the sewing kit](#) yourself on Amazon.com or purchase it as a session option when registering (and we will have it shipped to you).



10 • HIP-HOP WITH MOVEMAKERS PHILLY

Thursdays, 4:15-5 p.m. (no club 11/26) | Grades 2-5 | Material, Gear, and Space Needs: Sufficient space to do hip-hop dance moves. | **\$195**

Movemakers Philly's renowned hip-hop classes combine martial arts-like technique with fast, energetic choreography. Participants will not only learn the evolution of hip-hop as a dance form, they will also study choreography from the latest music videos. Each session will begin with warm-up exercises before the music starts and the class begins learning and creating their own complex dance moves. Students will be encouraged to find their identities through movement and to explore "the choreographer within" by creating portions of the final routine themselves.

11 • IMAGINATION STATION

Tuesdays and Thursdays, 4:15-5 p.m. (no club 11/24, 11/26) **TWO TIMES A WEEK!!** | Grades 1-3 | Material, Gear, and Space Needs: Two "Treasure Kits" that will be mailed directly to participants' homes. | **\$329**

All Aboard! Join our own Heather McKelvey as she and her crew of creative friends conduct our imaginary train for not one, but TWO fabulous, fun-filled, theme-related station stops each week. Our adventure will begin when all interested passengers (who pre-register) will be invited on a sample journey during the week of September 14, free of charge to Germany to visit Minatur Wunderland, the largest model railway in the world! After watching a video, passengers will have a chance to decorate their own conductors' hat and make their own passport in which to record memories of their future station stops. So whether you want to discover your inner architect, rock out during a Karaoke challenge, or investigate a Who-done-it, this all-new club will offer a spectacular opportunity to explore a wide variety of interests, activities, and creative fun.

12 • KARATE I

Mondays, 4-4:30 p.m. (no club 9/28, 11/23, 11/30) | Preschool-PreK (ages 3-5)

13 • KARATE II

Mondays, 4:30-5:15 p.m. (no club 9/28, 11/23, 11/30) | Kindergarten-Grade 3

14 • KARATE III

Mondays, 5:15-6 pm. (no club 9/28, 11/23, 11/30) | Grades 4-8

Material, Gear, and Space Needs: A foam pool noodle cut evenly into four pieces and a yoga mat are recommended; space to do karate; and a karate gi to wear if available. | **\$175**

Under the direction of expert martial artist Mr. Edgard Velez, Karate students will learn and practice drills designed to condition their minds and bodies while also emphasizing fun. Mr. Edgard specializes in teaching children of all ages, experience levels, and backgrounds, and is dedicated to instilling the

benefits of hard work, respect, compassion, and drive, both in and out of class. Karate online will continue to enforce the lessons we have learned in the classrooms. Our lessons will include games and drills that will help with focus, coordination, and fun.

Please note: If your child does not have a gi and would like one, they can be ordered directly from [Speedy Karate](#).

15 • MANDARIN: SINGING PANDAS

Thursdays, 4-4:30 p.m. (no club 11/26) | Preschool-PreK (ages 2 years, 7 months-5) | Enrollment Limit: 4

16 • MANDARIN: LAUGHING DRAGONS

Tuesdays, 4:15-4:55 p.m. (no club 11/24) | Kindergarten-Grade 2 | Enrollment Limit: 4

17 • MANDARIN: FLYING TIGERS

Thursdays, 4:30-5:10 p.m. (no club 11/26) | Grades 3-5 | Enrollment Limit: 4

Material, Gear, and Space Needs: None | **\$175**

Join our experienced and much beloved Mandarin teacher, Hsiao-Ning Tu, who is returning to offer our youngest language learners her time-tested “hands-on” approach to teaching tones, vocabulary, and key phrases by combining songs, stories, and play with the basic elements of kids’ daily life! Each class will involve fun-filled, live Chinese cultural practice brimming with age-appropriate songs, stories, games, and even poetry! Rooted in children’s innate curiosity and language-acquisition instincts, Tu laoshi’s (laoshi = teacher) immersion approach maximizes linguistic exposure and sharpens the aural sensitivity of young brains.

18 • SCIENCE EXPLORERS

Fridays, 4:15-5:00 p.m. (no club 11/6, 11/27) | Grades 3-6 | Material, Gear, and Space Needs: All materials included in the price and kits will be mailed directly home. | **\$265 (includes kit)**

Art and science go hand-in-hand, and this club will spark creativity, innovation, and inspiration in all-new ways. Each session will apply science concepts

to hands-on investigations with an artistic twist. We’ll explore the biology of sound and sight, the physics of circuits, the chemistry of physical and chemical reactions, and more! From making spin art machines and sidewalk chalk to solar prints and an oscilloscope, Science Explorers will have you combining creativity and science to fashion masterpieces that go beyond “refrigerator door” art!

19 • STORYTELLER’S WORKSHOP

Tuesdays, 4:15-5 p.m. (no club 11/24) | Grades 3-5 | Material, Gear, and Space Needs: Composition notebook, writing utensil | **\$175**

We are delighted to welcome fifth grade teacher Alison Hammond back to the clubs program for Storyteller’s Workshop. Participants will write many types of stories, inspired by creative writing prompts and mentor texts. For readers and writers, it will be a chance to revisit favorite books, meet new authors, and fill our writer’s notebooks with lots of ideas. The trajectory of our time together will be led by student interests and ideas.



20 • UKULELE KIDS

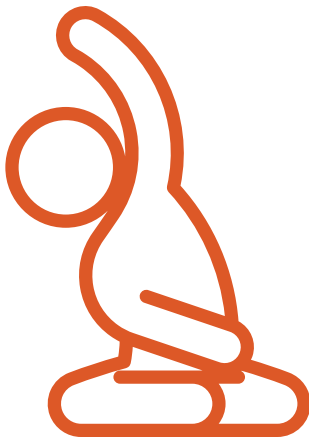
Mondays, 4:15-4:45 p.m. (no club 9/28, 11/23, 11/30) | Grades 1-3 | Material, Gear, and Space Needs: Ukulele | Enrollment Limit: 3 | **\$175**

Interested in learning how to play a stringed instrument? The ukulele is the perfect choice: they are simple to learn, easy to carry, comparatively inexpensive to purchase, and timelessly popular. This course, taught by a professional musician from Philly Music Lessons, will begin with basic chords and then progress to learning songs. Students will also learn

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about the instrument's history as well as some classic songs. Philly Music Lessons have found great success with online lessons since having to shut down their studios. Ukulele remains an easy instrument to learn, and excel at, even via the online format.

Note: Students who do not already own a ukulele can order one through Active Network when registering for the club.



21 • YOGA WEDNESDAYS

Wednesdays, 4:15-4:55 p.m. (no club 11/11, 11/25) | Grades 1-4 | Material, Gear, and Space Needs: None | **\$195**

Join us for Yoga Wednesdays, led by Wesley Blades from Early Childhood at GFS. This class will give kids a safe environment to play, explore, and experience the wonderful benefits of yoga including grounding, self-expression, balance, and flexibility. The class is centered around a series of yoga poses that are rich in detail and technique. The sequence invites students to embody the values and/or theme of the class through breathing and movement.

22 • YOU GO GIRLS™

Thursdays, 4:15-4:45 p.m. (no club 11/26) | Grades 3-6 | Material, Gear, and Space Needs: Sneakers and a place to run outside safely. | **\$195**

You Go Girls™ is a club that supports sisterhood and self-esteem in the context of running. Under the direction of GFS parents and running enthusiasts Chris Peterson and Katie Scrivner, girls will be led virtually through a series of stretching and strength work to help them prepare for independent running activities to complete before the following week's session. Each week we will focus on a different aspect of the art and sport of running and a different aspect of teamwork, and positive mental and emotional development for girls. Girls will need to have some time each week to run independently and safely, either in a yard or with an adult in the community. Weekly commitment outside of club time will be no more than 45 minutes each week.

CONTACT INFORMATION

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REGISTRATION

Visit www.germantownfriends.org/extendedday to find the registration button for ACTIVE Network. Enrollment is limited, so sign up early!