

# SANDY SPRING FRIENDS SCHOOL | Upper School Virtual Schedule

How are the **skills, assets,** and **pedagogical best practices** from our professional development and MBE research reflected in our proposed schedules for the fall?



## **Relationship Building and Social-Emotional Learning**

- Meetings for Worship, club and elective times, and advisory meeting times are built into the scheduled academic day.
- Advisories will have in-person, on-campus social meet-ups once every three weeks, starting Sept. 21.



## **Synchronous and Asynchronous Learning**

- Synchronous meeting time allows for two “live” instruction class block periods to meet per 5-day week, with multiple opportunities for drop-in office hours and scheduled meeting times with teachers.
- Synchronous class periods occur in the morning for Upper School in order to accommodate students over different time zones.
- Asynchronous work and learning times are posted as recommendations for families to account for 5 hours of learning for each class.

# Upper School Sample Weekly Schedule

SAMPLE WEEKLY SCHEDULE | Upper School

Monday	Tuesday	Wednesday	Thursday	Friday
8:00 - 8:45 A Block	8:00 - 8:45 C Block	8:00 - 8:45 F Block	8:00 - 8:45 B Block	8:00 - 8:45 E Block
8:50 - 9:35 B Block	8:50 - 9:20 Advisory	8:50 - 9:35 G Block	8:50 - 9:20 Meeting for Worship	8:50 - 9:35 F Block
9:45 - 10:30 Zoom Rooms or Asynchronous Work Time or Assembly	9:25 - 10:10 D Block		9:25 - 10:10 C Block	9:40 - 10:25 G Block
10:30 - 12:30 Asynchronous Work Time	10:15 - 11:00 E Block	9:40 - 10:25 A Block	10:15 - 11:00 D Block	10:30 - 11:00 Clubs, Affinity Groups
	10:30 - 11:00 Zoom Rooms All Teachers Available	10:30 - 11:00 Zoom Rooms All Teachers Available		
10:40-11:30 Torch	11:15 - 12:30 Asynchronous Work Time & Scheduled Mtgs with Teachers	11:15 - 12:30 Asynchronous Work Time & Scheduled Mtgs with Teachers	11:15 - 12:30 Asynchronous Work Time & Scheduled Mtgs with Teachers	11:15 - 12:30 Asynchronous Work Time & Scheduled Mtgs with Teachers
11:40-12:30 Wildezine				
12:30 - 1:00 Lunch 12:40-1:30 MUN	12:30 - 1:00 Lunch	12:30 - 1:00 Lunch	12:30 - 1:00 Lunch	12:30 - 1:00 Lunch
1:30 - 3:00	1:00 - 3:30	1:00 - 3:30	1:00 - 3:30	1:00 - 3:30
1:40-2:30 Quiz Bowl	Asynchronous Work Time and Rotating Social Pods On-Campus (after Sept. 21)	Asynchronous Work Time and Rotating Social Pods On-Campus (after Sept. 21)	Asynchronous Work Time and Rotating Social Pods On-Campus (after Sept. 21)	Asynchronous Work Time and Rotating Social Pods On-Campus (after Sept. 21)
Faculty Meetings & Planning				

Each block period meets synchronously 2 times/week during a 5-day schedule (4-day and 3-day schedules also available). Synchronous blocks meet in the morning to accommodate students in different time zones. Asynchronous learning times are recommendations for families. The "Zoom Rooms" are similar to Academic Help; students may also schedule one-on-one meetings with teachers as needed. The Social Pods schedule will be available soon.



Synchronous



Asynchronous



Break



Optional Clubs,  
Affinity Groups,  
Electives

