

# Daily Self-Screen *(Passive Screening)*



## For COVID-19 Symptoms

Staff, Students, Parents, and Visitors of Spring Lake Park Schools must self-screen for symptoms at home daily before coming to school. This is called passive screening. If a person is sick or exhibits symptoms of COVID-19, they may not come to school.

*Parents, Students and Staff: Please complete this short checklist each morning before coming or sending kids to school.* If you have any of the following symptoms, that indicates a possible illness that may decrease your ability to learn and put you at risk for spreading illness to others.

### **Symptoms Checklist:**

- *New onset cough*
- *Shortness of breath or difficulty breathing*
- *Fever of 100 degrees without fever reducing medication*
- *Chills*
- *Muscle pain or body aches*
- *Sore throat*
- *New loss of taste and smell*
- *Diarrhea*
- *Congestion or runny nose*
- *Nausea or vomiting*
- *Headache*



**Close Contact Checklist:** Have you had close contact (within 6 ft for 15 minutes or more) with anyone who is positive for COVID-19, OR do you have a household member waiting for COVID-19 test results?

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*If you answer "Yes" to any of the above (symptoms OR close contact):*

- 1.** *Please stay home when sick; DO NOT come to school or work*
- 2.** *Contact your school's attendance line (families) or supervisor (staff)*
- 3.** *Consider contacting your health care provider*