

FALL 2020 AFTER SCHOOL PROGRAM IN THE LOWER SCHOOL



The Convent of the Sacred Heart offers an After School Program for students in the Lower School. There is a limit to the number of children who can be enrolled in each activity.

During Summer vacation class enrollment will be determined. Parents will be notified concerning a student's acceptance or wait list status for her desired class(es).

- No applications will be accepted over the telephone.
- A class may be canceled if a minimum number of students do not register for it. Requests are honored in the order they are received.
- Registration will not be accepted if there are outstanding After School Program balances with the business office for prior semesters.
- A bill for the activity for which your child is registered will be sent to you. Please do not send any payment with the application.
- All fees include a snack.
- After School activities do not meet on school holidays or early dismissal days.
- Students are not allowed to bring play dates to the After School Program.
- Children are expected to be picked up promptly when the activity ends. Students who are late being picked up (greater than 15 minutes) will be placed in Extended Day and a fee will be charged.
- Financial aid is available to those who qualify_

HOMEWORK'S DONE!

for Grade 1

Teacher: Ms. Veronica Sanabani

Hours: 3:30 - 4:30 pm

Class Fee: \$525

Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the guidance and support of a teacher and the company of your peers.

INTRODUCTION TO RUNNING!

for Grade 2

Teacher: Ms. Katie Amodio

Hours: 3:30 - 4:30 pm

Class Fee: \$525

This class will instruct the girls in age-appropriate running techniques using warm-up and fitness games. Emphasis will be on safety and fun!

MINDFULNESS

for Grade 4

Teacher: Ms. Rachel Tenenbaum

Hours: 3:30 - 4:30 pm

Class Fee: \$525

In this class, students will learn mindfulness practices to help them express themselves creatively and work cooperatively. The girls will be introduced to breathing practices and mindfulness strategies, games and self-calming techniques and basic Yoga poses.

HARRY POTTER

for Grade 2

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$525

Material Fee: \$50

Conjure liquid luck, grow a mini mandrake, create a messenger owl and more as you continue to explore more wizardry wonders.

HIP HOP

for Grade 3

Teacher: Ms. Abbie Ruff

Hours: 3:30 - 4:30 pm

Class Fee: \$525

This class features kid-friendly routines based on original Hip Hop choreography. The instructor will break down the steps, add games, activities and cultural elements into the lessons. Come dance the afternoon away.

HOMEWORK'S DONE!

for Grade 2

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$525

Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the guidance and support of a teacher and the company of your peers.

MONDAY

RHYTHMIC DANCE

for Grade 3

Teacher: Ms. Hayley Clark

Hours: 3:30 - 4:30 pm

Class Fee: \$525

This class is for students who want to put in more time with conditioning and stretch. The girls will express their creativity through movement and dance.

FUN IN ESPANOL

for Grade 4

Teacher: Ms. Marielena Quintanilla

Hours: 3:30 - 4:30 pm

Class Fee: \$525 Material Fee: \$25

Students will enjoy a bilingual environment, where you can learn or brush up on your Spanish. Learn about traditions, foods, games and fairy tales from Latin America. Open to all regardless of their knowledge of the language. Bilingual Spanish speakers are welcome too!

VIRTUAL CLASS

This class will be taught via Zoom.

The girls will join from home.

SEWING for Grades 1/2

Teacher: Ms. Catherine Rowland

Hours: 4:00 - 5:00 pm

Class Fee: \$525

Each week the girls will sew a new fun creation tic tac toe board, pencil case, book mark, using materials such as felt, embroidery thread and buttons

RHYTHMIC DANCE

for Grades 1

Teacher: Ms. Haley Clark

Hours: 3:30 - 4:30 pm

Class Fee: \$525

This class is for students who want to put in more time with conditioning and stretch. The girls will express their creativity through movement and dance.

STEM CLUB/CODING CLUB

for Grades 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$525 Material Fee: \$50

This class combines the wonders of science, technology, engineering and math with fun projects. Students will learn computer coding, dabble in physics, practice their civil engineering skills, and a little chemistry. The perfect way to keep the learning momentum going outside of the classroom.

TUESDAY

ASIAN ARTS

for Grade 1

Teacher: Ms. Jennifer Simon

Hours: 3:30 - 4:30 pm

Class Fee: \$525

This Asian Arts and Craft class will incorporate a variety of traditional art such as origami, brush painting and flower making.

APPLICATION THE AFTER SCHOOL PROGRAM - FALL 2020

I would like to enroll

(Grade/Section)

for

(day)

for

(day)

Signature of Parent

(Home Telephone Number)

WEDNESDAY

DIVE INTO ART!

for Grade 1

Teacher: Ms. Jennifer Simon

Hours: 3:30 - 4:30 pm

Class Fee: \$525 Materials Fee: \$50

Let your imagination soar in the studio as you make original works of art inspired by art history and famous artists. Students will work in a variety of techniques including painting, drawing, collage and printmaking.

HOMEWORK'S DONE

for Grade 4

Teacher: Ms. Yedifer Pina

Hours: 3:30 - 4:30 pm

Class Fee: \$525

Wouldn't it be nice to bring home an empty backpack at the end of the day? Finish your homework at school while working in a quiet room with the guidance and support of a teacher and the company of your peers.

MINDFULNESS

for Grade 2

Teacher: Ms Rachel Tenenbaum

Hours: 3:30 - 4:30 pm

Class Fee: \$525

In this class, students will learn mindfulness practices to help them express themselves creatively and work together cooperatively. The girls will be introduced to breathing practices and mindfulness strategies, games and self-calming techniques and basic Yoga poses.

RUNNING CLUB!

for Grade 3

Teacher: Ms. Fennelley Land and Ms. Norah Murphy

Hours: 3:30 - 4:30 pm

Class Fee: \$525

This class will instruct the girls in age-appropriate running techniques using warm-up and fitness games. Emphasis will be on safety and fun!

THE STOCK MARKET GAME!

for Grade 4

Teacher: Mrs. Maureen Cook

Hours: 3:30 - 4:30 pm

Class Fee: \$525

Join our online simulation of the stock market! Girls will be given a virtual \$100,000 to invest while learning how to create a portfolio, trade, buy and sell stocks. Working with partners, students will develop and enhance skills in leadership, problem solving and team building.

THURSDAY

DRAWING

for Grade 2

Teacher: Ms. Jennifer Simon

Hours: 3:30 - 4:30 pm

Class Fee: \$525 Material Fee: \$50

Join this class in exploring how to draw your favorite animal or pet! We will use photos as well as our imaginations to find fun ways to create hair, fur and feathers for our drawings!

EXPLORING THE CONSERVATORY GARDEN

for Grade 4

Teacher: Ms. Eunice Kim

Hours: 3:30 - 4:30 pm

Class Fee: \$525 Materials Fee: \$50

This class is for students who enjoy spending time outdoors and creating art! We'll explore, sketch and paint Central Park's beautiful and scenic Conservatory Garden. Open to all levels of experience with art and highly recommended to those who enjoy watercolor and calligraphy.

HOMEWORK'S DONE!

for Grade 3

Teacher: Ms. Nicole Klein

Hours: 3:30 - 4:30 pm

Class Fee: \$525

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INTRODUCTION TO RUNNING!

for Grade 1

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Class Fee: \$525

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VIRTUAL CLASS

This class will be taught via Zoom. Girls will join from home.

MATH ENRICHMENT

for Grades 3/4

Teacher: Ms. Yedifer Pina

Hours: 4:00 - 5:00 pm

Class Fee: \$525

This class will focus on math concepts and honing math skills. The girls will review in class lessons and homework.

FRIDAY

ASIAN ART

for Grade 2

Teacher: Ms. Jennifer Simon

Hours: 3:30 - 4:30 pm

Class Fee: \$525 Material Fee: \$50

This Asian Arts and Craft class will incorporate a variety of traditional art such as origami, brush painting and flower making.

HIP HOP

for Grade 1

Teacher: Ms. Abbie Ruff

Hours: 3:30 - 4:30 pm

Class Fee: \$525

This class features kid-friendly routines based on original Hip Hop choreography. The instructor will break down the steps, add games, activities and cultural elements into the lessons. Come dance the afternoon away!

ON-CAMERA ACTING

for Grade 4

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$525

Lights, camera, action! This cinematic course focuses on acting techniques and audition skills. Learn the basics of playing to the camera.

STEM CLUB /CODING

for Grade 3

Teacher: T.B.A.

Hours: 3:30 - 4:30 pm

Class Fee: \$525 Material Fee: \$50

This class combines the wonders of science, technology, engineering and math with fun projects. Students will learn computer coding, dabble in physics, practice their civil engineering skills, and a little chemistry. The perfect way to keep the learning momentum going outside of the classroom!

FALL 2020 CALENDAR

Monday	21, 28
Tuesday	22, 29
Wednesday	23, 30
Thursday	24
Friday	25

OCTOBER

Monday	5, 19, 26
Tuesday	6, 13, 20, 27
Wednesday	7, 14, 21, 28
Thursday	1, 8, 15, 22, 29
Friday	2, 16, 23, 30

NOVEMBER

Monday	2, 9, 16, 23
Tuesday	3, 10, 17, 24
Wednesday	4, 11, 18, 25
Thursday	5, 12, 19
Friday	6, 13

DECEMBER

Monday	7
Tuesday	-
Wednesday	-
Thursday	10
Friday	4, 11

Contact: Patricia Sweeney
psweeney@cshnyc.org

Convent of the Sacred Heart
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New York, New York 10128-0689
Att: LS After School Program
Mrs. Patricia Sweeney