

Bear Tracks



Bear Creek Elementary
2500 Table Mesa Drive
Boulder, CO 80305

Tanner Dayhoff, Principal
January 17, 2020

Dear Bear Creek Community,

Boulder Valley School District is actively developing a new Strategic Plan - "All Together For All Students." You have received several communications from BVSD Superintendent Dr. Rob Anderson regarding this work. I am very excited about this work, and I want to update you on Bear Creek's involvement in "All Together For All Students."

Our new Strategic Plan seeks to achieve three Long Term Outcomes:

- Outcome #1 - All students benefit from challenging and relevant educational opportunities.
- Outcome #2 - Reduce disparities in achievement.
- Outcome #3 - Every student graduates empowered with the skills necessary for post-graduate success.

To accomplish this work, there are four Strategic Themes to guide our work:

- Strategic Theme #1 - Ensure all instruction is challenging, engaging, relevant and meets the needs of all students.
- Strategic Theme #2 - Provide schools and educators with responsive and customized supports to best serve students.
- Strategic Theme #3 - Engage the talent and passion of our community and families through communication, empowerment and partnership.
- Strategic Theme #4 - Cultivate a positive and inclusive culture throughout BVSD that promotes the well-being of students, families and employees.

BVSD is starting with six initiatives related to our Long Term Outcomes and Strategic Themes. Bear Creek teachers and I are highly involved in the development and implementation of these initiatives. As these initiatives rollout throughout BVSD and at Bear Creek, we'll provide updates to our school community. I believe that it's most important for parents to know (and celebrate) is that all parts of the Strategic Plan are student-focused, and customized for each school - including Bear Creek. To learn more about "All Together For All Students," visit:
<https://www.bvdsd.org/about/strategic-plan>.

With great pride in Bear Creek,

Tanner



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COUNSELOR'S

CORNER

JANUARY, 2020



A MESSAGE FROM MS. FELS

Hello Bear Creek Community,

Happy New Year and welcome back from winter break! It is hard to believe that second semester has begun and that we are halfway through the school year! I would like to remind students and families that support is always available and I encourage students and/or parents to reach out to teachers, admin, or myself if they need any help or support.

This month we are starting our ICAP lessons and learning all about the world of work! ICAP stands for Individual Career and Academic Plan and is a multi-year process that intentionally guides students and families in the exploration of career, academics, and postsecondary opportunities.

In grades 3-5, we will be exploring careers that students are interested in using the web tool www.mynextmove.org. Additionally, students will be using the O*NET interest profiler to help find what their interests are and how they relate to the world of work. In grades K-2, students will begin this process by having a discussion on students' interests. If you would like more information on ICAP please check out the website <https://www.cde.state.co.us/postsecondary/icap>.

For more information on lessons or for more tips/resources check out my website:

<https://sites.google.com/bvssd.org/bearcreekelementarycounseling/home>

As always, please feel free to reach out anytime with questions or concerns. I am happy to help!

Montana Fels

Tips for Promoting Student Success through resiliency:

Resilient Kids:

- Are allowed to make mistakes- let them see the consequences of their behavior, give them a chance to bounce back and learn from their behavior.
- Are taught to manage their emotions- teach that all emotions are normal, healthy ways to deal with emotions and fix problems.
- Are taught to problem solve- don't rush to solve problems for them, brainstorm ways to address challenges and possible consequences of each solution.

Counselor Contact Info:

Montana Fels

Phone: 720-561-3528

Email:

montana.fels@bvssd.org

BEAR CREEK CALENDAR

AT - A - GLANCE

Monday, January 20

NO SCHOOL - MLK Day



Tuesday, January 21

SAC @ 3:15

Wednesday, January 22

Spelling Bee @ 1:15

Friday, January 24

KG Lunar Parade @ 8:45

Thursday, January 30

CAP Parent Meeting 5:30-7:30

Friday, January 31

MLK Assembly @ 1:30

Monday, February 4

Parent/Teacher Conferences

Wednesday, February 5

Student Council @ 3:05

Spotlights Begins

Thursday, February 6

Parent/Teacher Conferences

Tuesday, February 11

Parent/Teacher Conferences

Friday, February 14

NO SCHOOL - Professional Dev. Day

BEFORE AND AFTER SCHOOL ACTIVITIES

As you are looking for activities for your children to participate in before and after school, I just wanted to give you a "heads-up" about where to look for activities that are happening at Bear Creek, and which ones are Bear Creek and BVSD sponsored.

*Starting today in Bear Tracks, you will see opportunities for your children to participate in school sponsored clubs such as intramural sports, jump rope, Spotlights, and drumming club. Bear Creek clubs are supervised by Bear Creek staff.

*[Lifelong Learning](#), which is part of BVSD's Community Schools Program runs many wonderful activities for students in schools across the district. If you go to their web-page you can find great kid classes, many of which will happen right at our school! Lifelong Learning will send you mail alerts of activities that are happening at Bear Creek. You can sign up for classes at any location, but parents have found it particularly accommodating when classes happen right at Bear Creek. This fall at Bear Creek Lifelong Learning will offer at Bear Creek such things as chess, basketball, Spanish classes, and Lego building.

*Finally, please check the Community Board in our front hallway where other activities that are not sponsored by the school or Lifelong Learning can be posted. Oftentimes these activities happen at Bear Creek, as groups can rent some of our spaces after school.



Parent/Teacher conferences are being managed through HelpAtSchool. **On Monday, January 27th, you will receive an email invitation from HelpAtSchool.** Please follow the instructions included in the invitation. If you have any questions, please contact the office at 720-561-3500.

Parent/Teacher Conference Dinners – It's

already time for parent-teacher conferences! WE NEED YOUR HELP to feed our hardworking Bear Creek teachers and staff on February 4th, 6th, and 11th. You can sign up to bring in a main dish, side, dessert or beverages. Each dinner has a different theme and we need enough to feed about 40-45 teachers and staff.



On Red Flag days we start inside!

2019-2020 Bear Creek Directory Link

How sick is too sick?

This a document put together by The Colorado Department of Public Health and being followed by BVSD. Please review the symptoms and responses.



Disney's The Little Mermaid JR

Journey "under the sea" with Ariel and her aquatic friends in *Disney's The Little Mermaid JR.*, adapted from *Disney's Broadway production and the motion picture*. Based on one of Hans Christian Andersen's most beloved stories, *Disney's The Little Mermaid JR.* is an enchanting look at the sacrifices we all make for love and acceptance.



3rd, 4th and 5th graders may sign up to participate in this before-school activity via the [Bear Creek website](#). Come and join in the fun!

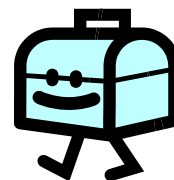
2020-2021 Kindergarten Registration



If you are a neighborhood parent of an incoming 2020-2021 kindergartner or know of a kindergartner in your neighborhood, please either stop by the office or send me an email with the student's name. **Please complete the online registration as soon as possible so we can determine the number of students/classes for next year.**

LOST and FOUND

The lost and found is located at the end of the hallway by the gym between the inside and outside doors. Currently we have clothing overflowing the bins. Labeling your child's clothing is one way to make sure it gets back to the child when found on the playground or when the clothing bin is cleaned out.



Child Assault Prevention

Bear Creek Elementary School will be participating in the **Child Assault Prevention (CAP) Program** from February 3rd-February 12th. More information can be found about this program at this [LINK](#), which was also sent home in Friday Folders. Please contact your child's teacher or Mr. Dayhoff if you have any questions.

Teacher Appreciation Snacks

Twice a month classroom parents sponsor "Appreciation Snacks" for the Bear Creek teachers and staff to express thanks for their hard work. Each classroom will have their chance during the school year. Each job requires (3) parents from the specified classroom to provide yummy snacks for approximately 15 teachers and staff. Some items that have been a hit in the past include bagels, lox and cream cheese, egg dishes, green salads, assorted fruit (to take) and fruit salads, veggie salads and trays, and of course the sweet stuff.

[Here is the link to sign up.](#)

Mia Jenak's Class	Wed Jan 22, 2020
Lori Hattendorf's class	Wed Feb 5, 2020
Ray Neiman's class	Wed Feb 19, 2020
Stephanie Brigg's Class	Wed Mar 4, 2020
Robin Norton's class	Wed Mar 18, 2020
Sara Bulow's Class	Wed Apr 1, 2020
Emily Kallio's Class	Wed Apr 15, 2020



EFFA Food Drive – Sponsored by BC Student Council. **The EFFA food drive will end on January 24th.** Boxes will be labeled and located outside Mrs. Platt's classroom. Each grade level asked to bring the following:

Kindergarten – Shampoo and Laundry Detergent

1st – Toilet paper and Toothbrushes

2nd – Baby food

3rd – Baking Mixes

4th – Cold cereal & condiments

5th – Canned goods (soup, veggies, fruit, chili)



**Earn Free Money For Bear Creek -
Every Time You Enter Your Loyalty Number!
...Update Your Info in 3 Easy Steps**

1. Create or login to your King Soopers account. You can do this online or on the King Soopers app. www.kingsoopers.com
2. Under "My Account" click on Community Rewards
<https://www.kingsoopers.com/account/communityrewards>
3. Search for "Bear Creek Elementary Home and School Association"
Or AQ261 and enroll!!

King Soopers will now donate money to Bear Creek through your loyalty card or phone number. It is still an easy and free way to help Bear Creek.
If you have any questions, please reach out to katelyn.m.root@gmail.com.

Dr. Martin Luther King Jr. Celebration

The power of music and words unites the Bear Creek community in our annual Martin Luther King, Jr. celebration. Students celebrate others differences and strive to carry on the prevailing message of equality and peace for all people. The performance begins **@ 1:30 on Friday, January 31 with doors opening at 1:15.**



Dogs on School Property – Follow this link to review BVSD policy about dogs on school property. One note...if you visit the property over weekends/holiday, please remember to "clean up" after your pet.



5 Things You Need to Know: Staying healthy during cold and flu season

This time of year marks the beginning of cold and flu season. The Centers for Disease Control says that this may be a particularly nasty one – so we would like to remind you of a few simple ways you can help avoid these bugs.

Here are 5 Things You Need to Know about [avoiding cold and flu season from the CDC](#)[Opens in New Window](#):

1. **Wash your hands OFTEN** - The best way to stay healthy is to keep your hands clean by washing them with soap and hot water or using an alcohol-based hand sanitizer. [Handwashing Tips for Kids | Children's Hospital Colorado](#)[Handwashing: Clean Hands Save Lives](#)[It's a SNAP Toolkit: Handwashing](#)
2. **Avoid Close Contact (Stay Home if you are Sick)** - Colds and flus are easily transmitted from person to person when they are close contact. That is why we encourage people who are sick to stay home. [How sick is too sick?](#) - See Health Services for guidelines on when to stay home
3. **Cover your mouth and nose** - Typically cold and flu are transmitted through your mouth and nose. By avoiding contact with your face and even covering it with a mask – you can avoid getting sick. Of course, if you sneeze or cough, make sure to cover your mouth and nose (elbows are great for this) and wash your hands.
4. **Clean surfaces regularly** - Oftentimes the cold and flu are transmitted when sick individuals touch doorknobs, desks or other items – and by cleaning surfaces with disinfectant, you can keep these diseases from spreading.
5. **Stay Healthy** - By sleeping well, eating healthy, exercising regularly, managing your stress and drinking plenty of fluids, your body is less susceptible to illness.

[Healthy Habits to Help Prevent Flu | Centers for Disease Control](#)

Resources:

[Cold Versus Flu | Centers for Disease Control](#)
[Influenza \(Flu\) | Boulder County Public Health](#)
[Influenza \(Flu\) | Centers for Disease Control](#)
[Flu View | Boulder County Public Health](#)

BEAR CREEK LIP SYNC 2020



Hi Bear Creek Lip Sync-ers!

I hope everyone is having fun putting together your groups for the annual Lip Sync show on **March 6**. As many of you know, this show is a Bear Creek tradition and is fun for both students and parents. It also gives the students a chance to get up on stage, get creative, and have fun!

Please be sure to upload your group & music selection to the Lip Sync website by **Monday, January 27**. Here is how:

- 1) Go to <https://bvsd.helpatschools.com/schools/1/performances/1/guidelines>
- 2) Click the button "Click here to sign up a new group"
- 3) Input Group Name, Performers, Music (aiff, ogg, mp3, mp4, m4a, or wav format), and Lyrics

Some Helpful Tips:

- Groups of 9 or less: songs should be less than 90 seconds long.
- Groups of 10 or more: songs should be less than 120 seconds long.
- Audacity is a good, free program that you can use to edit your music. GarageBand and Wavepad are other alternatives.
- Lyrics will be reviewed for inappropriate language and obvious or implied inappropriate themes, so please keep that in mind when submitting your choices. (Alternate G-rated mixes are usually available on YouTube!)
- As your group begins to brainstorm ideas, please remember easy props are fine, but there isn't much space to store them on the sides of the stage. They should be easy, quick to set up and break down, and not require much storage space. Please no glass or other breakable materials. Shoes are required for performers!

Need Help Finding a Group?:

If you have room in your group for some more students, please sign up on this Google sheet. Additionally, if your child needs help finding a lip sync group, please also sign up on this sheet. We hope students will be able to find a group through this sheet and that no one is left out!

https://docs.google.com/spreadsheets/d/1DLUuZmVfywE48p4_zUfNdfJI4TbBOIQ0o2WReJzkbBI/edit#gid=0

Please email me with any questions at anniecchu@yahoo.com.

Thank you!
Annie Haselfeld
Lip Sync Director

Bear Creek Spelling Bee

Congratulations to the 27 kids who qualified for our school spelling bee to be held Wed. Jan 22 at 1:30. The words on the qualifying test were very tough! The most commonly misspelled word was accelerates--contestants should review that one :) Well done, everyone!!

3rd grade:

Wensen Fang
Adele Ferris

4th grade:

Vienna Dai
Avery Gill
Jake Nelson
Danica Christensen
Eli Sawyer
Isadora Zuo
Darya Yazdi
Jaden Chang
Sophia Duan
Luna Fierer
Osel Yeh

5th grade:

Mason Brown
Luke Selby
Celeste Bizzarro-Parkin
Martin Baker
Saras Totey
Francis DeSantis
Luming He
Sidney Booth
Kara Kang
Sydney Vaughan
Ben Arons
Jude Chen
Jeffrey Dai
Jiyu Kim



PE NEWS

Reminder: Jump Rope club and Intramural activities have resumed.
Health and Fitness tips from Mr. Soole

Fitness and Your 6- to 12-Year-Old

Reviewed by: [Mary L. Gavin, MD, 2019](#)

Kids this age need physical activity to build strength, coordination, and confidence — and to lay the groundwork for a healthy lifestyle. They're also gaining more control over how active they are.

School-age kids should have many chances to do a variety of activities, sports, and games that fit their personality, ability, age, and interests. Brainstorm with your kids on activities that feel right. Most kids won't mind a daily dose of fitness as long as it's fun.

Physical activity guidelines for school-age kids recommend that they get 1 hour or more of moderate to strong physical activity daily.

In addition:

- ◆ Most of the physical activity should be aerobic, where kids use large muscles and continue for a period of time. Examples of [aerobic](#) activity are running, swimming, and dancing.
- ◆ School-age kids usually have brief bouts of moderate to strong physical activity alternating with light activity or rest throughout the day. Any moderate to strong activity counts toward the 60-minute goal.
- ◆ Muscle-strengthening and [bone-strengthening](#) physical activity should be included at least 3 days a week.
- ◆ Children naturally build strong muscles and bones when they run, jump, and play. Formal weight programs aren't needed, but are safe when properly designed and supervised.

Fitness at Home

Many parents and kids think of [organized sports](#) when they think of fitness. Though there are many advantages to signing a child up for a sports team, practice and games once or twice a week will not be enough to reach activity goals. Also, parents can no longer rely on physical education in schools to provide enough physical activity for kids.

Here are some ways to keep your kids moving at home:

- ◆ Make physical activity part of the daily routine. From household chores to an after-dinner walk, keep your family active every day.
- ◆ Allow enough time for free play. Kids can burn more calories and have more fun when left to their own devices. Playing tag, riding bikes around the neighborhood, and building snowmen are fun and healthy.
- ◆ Keep a variety of games and sports equipment on hand. It doesn't have to be expensive — an assortment of balls, hula-hoops, and jump ropes can keep kids busy for hours.
- ◆ Be active together. It'll get you moving, and kids love to play with their parents.
- ◆ Limit time spent in sedentary activities, such as watching TV, using electronic devices, being online, and playing video games.

If you run out of possibilities at home, take advantage of local playgrounds and athletic fields. Make family fitness outings part of your regular routine. Let family members choose an activity — go hiking, ice skating, or try out the rock-climbing gym. Anything goes, as long as everyone can participate. And remember: You'll help show your kids that exercise is important by regularly exercising yourself.

Fitness for Kids

Through physical activities, kids learn about [sportsmanship](#), setting goals, meeting challenges, teamwork, and the value of practice.

Keep in mind your child's age and developmental level, natural abilities, and interests. Kids 6 to 8 years old are sharpening basic physical skills like jumping, throwing, kicking, and catching. Some enjoy doing this in organized sports teams, but non-competitive leagues are best for younger kids. Show your support by coaching your child's team or cheering from the stands on game days.

Kids 9 to 12 years old are refining, improving, and coordinating skills. Some become even more committed to a sport while others drop out as competition heats up and level of play improves.

It's OK if a child isn't interested in traditional sports, but it's important to find [alternative ways](#) to be active.

Encourage a child who doesn't like soccer, basketball, or other team sports to explore other active options, like karate, fencing, golf, bicycling, skateboarding, and tennis.

Preventing Problems

Kids who participate in sports are at risk for [injuries](#), so be sure yours wear the proper protective equipment, such as a helmet and protective pads when roller-blading. Kids who specialize in one sport are also at risk of overuse injuries, including stress fractures and joint injuries.

A child with a chronic health condition or disability should not be excluded from fitness activities. Some activities may need to be changed or adapted, and some may be too risky depending on the condition. Talk to your doctor about which activities are safe for your child.

Kids who enjoy sports and exercise tend to stay active throughout their lives. And staying fit can improve how kids do at school, build [self-esteem](#), prevent obesity, and decrease the risk of serious illnesses such as [high blood pressure](#), diabetes, and heart disease later in life.

If your child complains of pain during or after physical activity, talk with your doctor.

In accordance with the BVSD policy on distribution/posting of non-curricular material-Bear Tracks will print curricular items about our school. Many outside opportunities available, (i.e. Science Matters, second language programs, parenting workshops, community sports, non-profit organizations, etc.) may be posted on the hall bulletin board with prior approval of the Principal, but may not be included in Bear Tracks. Be sure to check the Parent's Board in the school for information regarding outside opportunities. All articles can be submitted to Carolyn Walker at carolyn.walker@bvsd.org.

Submission Deadline	Publication Date
February 12	February 13
March 12	March 13
April 18	April 19

Additional information about Bear Creek can be found on the website at <https://bce.bvsd.org/Pages/default.aspx>



SPECIAL OPPORTUNITY

Until February 28th, 2020 orders can be placed through the Original Works [eStore](#) either from the artwork image used during the Fall 2019 Original Works program, or from other artwork or photos of your choice that you can easily upload to the eStore. Original Works will process the orders, and then conveniently ship them directly to your home.

IMAGE FLEXIBILITY

Existing Artwork - If you would like to order items using the artwork your child created last fall, call or email Original Works and provide your child's name, teacher, and grade. Original Works will promptly e-mail you the image. E-MAIL: cs@originalworks.com. PHONE: 518-584-9278.

New Images - If you prefer, you may choose a new piece of artwork, or a favorite photograph from your own collection.

PLACING YOUR ORDER

Online ordering is simple, and takes just a few minutes.

- Save the image(s) you wish to upload to your computer desktop.
- Visit the Original Works eStore at www.originalworks.com/store.
- Check out the products, including our *exclusive* eStore items.
- To place an order, login (if you already have an eStore account) or use Express Register to quickly set up an account.
 - Upload the artwork or photos from your desktop to your own image library in the eStore. If uploading a *new* image or photograph, access details on image format and resolution at www.originalworks.com/image-details/
 - Click on the product you wish to order, then select the image from your image library that you would like reproduced on the product.
 - Select "Add To Cart".
 - Continue shopping, or proceed to Checkout
 - To ensure the school will receive credit for your order, please include the **School Code - BEARCE** on Line 2 of the Address when checking out.
 - Your order will ship directly to your home in 5-7 business days.

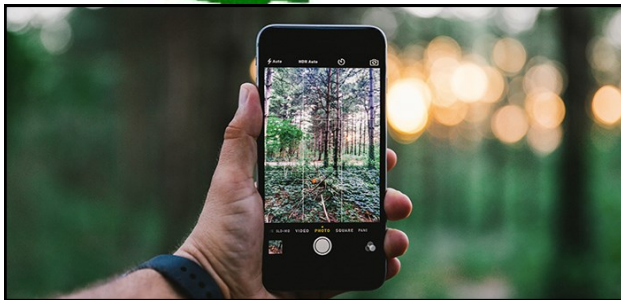
Should you have questions, or require assistance in placing your order, please contact Original Works Customer Service Department at 518-584-9278.

SPOTLIGHTS CONCERT



Thank you Natasha Rigg for the
Awesome Pictures

THE WIRELESS ALLIANCE



Where Have All the Cell Phones Gone?

The EPA states that for every 1 million cell phones recycled we can reclaim....

35,274 pounds of copper

772 pounds of silver

75 pounds of gold

33 pounds of palladium

In fact, today, there are 327.5 million cell phones in use in the US alone...and 6.9 billion worldwide.



The Wireless Alliance is a **cell phone** and **ink cartridge** recycling company. We work with wireless retail stores, e-waste recyclers, schools, universities, state and local government, large corporations and non-profit organizations to collect and recycle cellular equipment and ink cartridges. All equipment is repurposed in a zero waste, environmentally-conscious manner. Since 2001, The Wireless Alliance has reclaimed over 500 tons of wireless equipment from landfills, contributing to a cleaner and safer environment.

Items we accept:

All cell phones, smart phones, PDA's, iPods, digital cameras, and iPads
regardless of age or condition

Chargers

Rechargeable cell phone batteries

All accessories including: Bluetooth, air cards, clips and cases

Paper manuals and plastic packaging

ALL ink cartridges

Bear Creek receives a portion of the proceeds from the recycling of these products and has both a cell phone and ink cartridge container in the foyer of the school building.

BOX TOPS BUZZ! 11

The latest news & information from Box Tops for Education

August 2015



EARN CASH



for our school with Box Tops for Education!

It's easy! Box Tops are each worth 10¢ for our school. Look for Box Tops on hundreds of participating products, including cereal, snacks, paper products and produce.

See a list of participating products at BTFE.com/products

Here's how Box Tops works:



BUY Buy the products
CLIP Clip the Box Tops
SEND Send Box Tops to school
EARN Earn cash for our school

Twice a year, we submit all our school's Box Tops and receive a check. Our school can use that money to buy anything it needs. If every family clips Box Tops, imagine how much our school can earn!

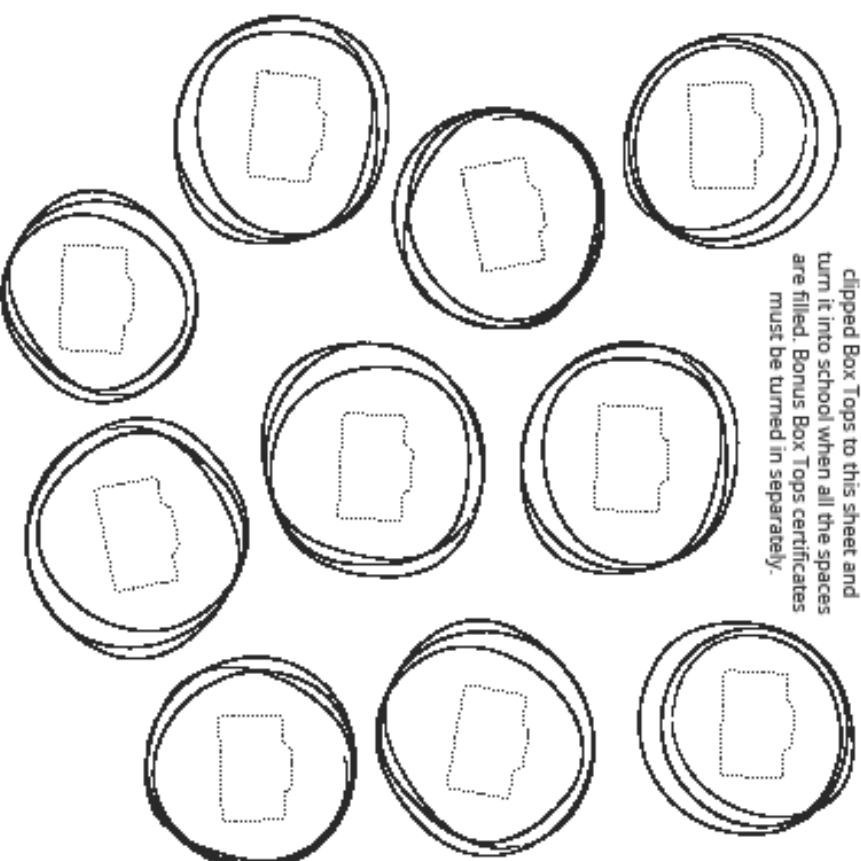
LEARN MORE ABOUT BOX TOPS AT BTFE.COM



BE FIRST READY

READY

Go back to school with Box Tops and get a head start on earning for our school! Tape or paste your clipped Box Tops to this sheet and turn it into school when all the spaces are filled. Bonus Box Tops certificates must be turned in separately.



Thank you for helping! Box Tops are each worth 10¢ for our school. To learn more about Box Tops for Education, go to BTFE.COM.

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Milk Caps for **MOOOLA**



Earn cash for your school! Save Longmont Dairy Milk Caps.

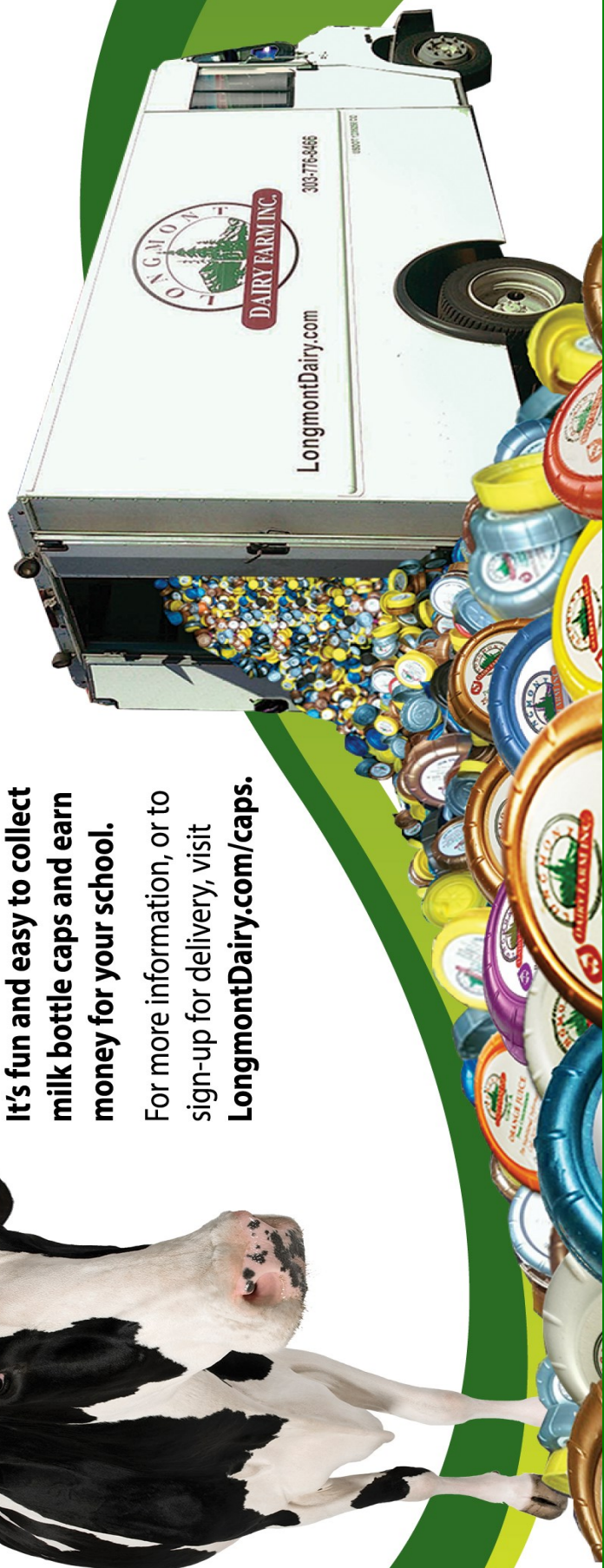
Longmont Dairy Farm will donate 5¢ for every bottle cap that your school collects from Longmont Dairy produced products (including Cold Brew Coffee, Iced Tea, Coffee Creamers, Milk, Cream, Lemonade and Orange Juice).

Since 2014, over \$300,000 has been donated back to participating schools through the Milk Caps for Moooola program. Schools are free to spend these funds as they wish: for good behavior rewards, special sports equipment, and field trips. Collect caps from your family or your neighbors.



**It's fun and easy to collect
milk bottle caps and earn
money for your school.**

For more information, or to
sign-up for delivery, visit

LongmontDairy.com/caps.



January 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 <div>Winter Break</div>	2	3	4
5	6 NO SCHOOL Professional Development	7 1st Day back from Break	8	9	10	11
12	13	14 PTO @ 1:30	15	16 	17 Bear Tracks	18
19	20 NO School MLK Day	21 SAC @ 3:15 	22 Spelling Bee @ 1:15	23	24	25
26	27	28	29	30 CAP Parent Meeting 5:30-7:30	31 MLK Assembly @ 1:30	

February 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4 Parent/Teacher Conferences	5 SPOTLIGHTS1 Student Council 3:05-3:45	6 Parent/Teacher Conferences	7 5th Gr. Lip Sync	8
CAP in Classes						
9	10	11 Parent/Teacher Conferences PTO @ 1:30	12	13 End of Trimester 	14 NO SCHOOL Professional Development Day	15
CAP in Classes						
16	17 NO SCHOOL Presidents' Day	18	19	20	21 5th Gr. Lip Sync KG Report Cards	22
23	24	25	26 1-5 Report Cards in IC	27	28 5th Gr. Lip Sync	29
Lip Sync Non-dress Rehearsals						



TU Wizards!

Since four decades ago, the CU Wizards program has presented **FREE** monthly shows that entertain and inform children about the wonders of science. Under the direction of Prof. David Nesbitt, these interactive shows are presented once a month from September through June. They are hosted by renowned University of Colorado, Boulder professors and provide a perfect start to a fun-filled weekend. The shows are geared toward children and young adults, but all are welcome! Each program lasts about an hour and includes several lively demonstration experiments.

No reservations required. All shows are on Saturday mornings and begin at 9:30 a.m.

WHERE?

At the University of Colorado at Boulder in the Duane Physics or Cristol Chemistry buildings. There is **FREE PARKING** in LOTS 308 and 436. There is also parking available for a \$4.00 flat fee in the Euclid parking structure. Please refer to our website for additional parking information.

SPONSORS:

- Chancellor DiStefano
- David Paddock Endowment
- George Gamow Memorial Lecture Fund
- College of Arts & Sciences
- Merrill Lynch
- CU Science Discovery Program
- CU Outreach Program
- Local Wizards Fans who donate!

CU Wizards 2019-2020 Schedule:

9/28/2019	Prof. Susan Marie Hendrickson	<i>Recharge, Reuse, REDOX...Batteries!</i> (Gift Not Included)	Cristol Chem 140
10/26/2019	Prof. Steven Pollock	Whispers & Bangs! The Physics of Sound & Music	Duane Physics G1B30
11/2/2019	Prof. Tarek Sammakia & Prof. Niels Damrauer	Baking Bread (or How I Learned to Stop Worrying and Love Gluten and Flaming Gummy Worms)	Cristol Chem 140
12/7/2019	Master Storyteller Susan Marie Frontczak	A Visit from Madame Curie	Old Main Chapel
1/25/2020	Prof. James Thompson	The Physics of Superheroes!	Duane Physics G1B30
2/22/2020	Prof. David Nesbitt	The Chemistry of Cooking	Cristol Chem 140
3/7/2020	Prof. Brian Hynek	<i>Rocks from Outer Space!</i>	CU Fiske Planetarium
4/25/2020	Prof. Monika Fleshner	<i>Superheroes Within!</i> <i>Immunity in Health & Disease</i>	Cristol Chem 140
5/16/2020	Prof. Tom Perkins	From Very Big to Very Small: The Powers of Ten!	Duane Physics G1B30
6/20/2020	Prof. Tanja Cuk	<i>The Magic of Chemistry</i>	Cristol Chem 140

For more information please visit: www.colorado.edu/cuwizards

CU Wizards

Prof. James Thompson

**The
Physics
of
Superheroes
& Villains**



**Opening Soon ...
in a classroom near you.**

Duane Physics G1B30

JANUARY 25, 2020

www.colorado.edu/cuwizards



FUN FOR THEM. PEACE OF MIND FOR YOU.

BEFORE & AFTER SCHOOL CARE FOR K-5TH

At the Y, we believe knowledge, skills and values learned early in life create a foundation for the future. We also believe in the power of fun and games, creativity and curiosity, friends and role models. That's why YMCA Before & After School Care sets out to give kids both smile-inspiring escapades and foundational experiences that help them grow as individuals. Whether it's getting homework help, exploring science concepts, enjoying outdoor playtime or creating group art projects, the Y provides a safe, supportive environment that focuses on learning, developing interests and making friends.

Plus, parents enjoy the peace of mind of having a state-licensed program in their child's school as well as affordable rates and qualified, trained staff.

- 7:00am until school starts / school dismissal until 6:00pm
- Full-time, part-time and drop-in options available
- School Day Off Camp and Late Start Day options
- Swim lesson add-on available for BVSD
- Participants receive member rates on Y programs such as sports and swim lessons
- Free and discounted family membership options

BVSD LOCATIONS

Bear Creek, BCSIS, Creekside, Crest View, Columbine, Eisenhower, Flatirons, Foothill, High Peaks, Louisville, Mesa, Superior, Unihill and Whittier

SVVSD LOCATIONS

Transportation is provided to and from the Longmont Y from the following schools: Columbine, St. John the Baptist Church School, Mountain View, Sanborn, Northridge, Rocky Mountain, Fall River, Timberline, Twin Peaks and Alpine.

WELD RE-5J

Pioneer Ridge and Milliken Elementary

THOMPSON

Big Thompson Elementary

Visit ymcanoco.org for details or check with the site director at your school.

Financial assistance and CCAP is available to those who qualify. Details at ymcanoco.org/financial-assistance.

YMCA OF NORTHERN COLORADO ymcanoco.org • 303-443-4474
Branches in Boulder, Lafayette, Longmont & Johnstown (coming in spring 2020)