



MANSFIELD ISD TAKE & BAKE MENU

AUGUST 27 - SEPTEMBER 2

PICK UP DAY: THURSDAY
TIMES: 10:30AM-12:30PM & 5:30PM-6:30PM

NOW SERVING 5 DAYS WORTH OF MEALS AT A TIME! PICK UP EVERY THURSDAY.

PICK UP TIMES 10:30am - 12:30pm OR 5:30pm - 6:30pm

Children are not required to be present at pick up but MUST be a student enrolled in Mansfield ISD. Pricing based on regular student meal price.

PAID (PK-8) \$20 (HS) \$22 - REDUCED (PK-12) \$3.50 - FREE (PK-12) \$0 - ADULT/GUEST \$35 - SNACK PACK \$5

Meals available at the following locations:

Annette Perry ES - DP Morris ES - Glenn Harmon ES - Mary Jo Sheppard ES - Della Icenhower IS - Lake Ridge HS

THURSDAY

27

FRIDAY

28

MONDAY

31

TUESDAY

1

WEDNESDAY

2

BREAKFAST

Mini Pancakes (1)
Pear Cup (1)
100% Juice (1)
Milk (1)

BREAKFAST

Dutch Waffle (1)
Peach Cup (1)
100% Juice (1)
Milk (1)

BREAKFAST

Chicken Slider (1)
Applesauce Cup (1)
100% Juice (1)
Milk (1)

BREAKFAST

Lucky Charms (1)
Fresh Orange (1)
100% Juice (1)
Milk (1)

BREAKFAST

Muffin (1) & Cheese Stick (1)
Fresh Apple (1)
100% Juice (1)
Milk (1)

LUNCH

Hot Meal!
Lasagna (1)
TX Toast (1)
Garden Salad (1c)
Green Beans (1/2c)
Peach Crisp (1/2c)
Milk (1)

LUNCH

Chicken Tenders
Cucumber Pinwheels (1/2c)
Corn (1/2c)
Fresh Nectarine (1)
Milk (1)

LUNCH

Meatball Sub
Marinara Cup (1)
Broccoli (1/2c)
Sliced Apples (1/2c)
Milk (1)

LUNCH

Fish Nuggets (4)
TX Toast (1)
Emoji Fries (4)
Baby Carrots (1/2c)
Banana (1)
Milk (1)

LUNCH

Turkey & Cheese Flatbread
Green Beans (1/2c)
Veggie Dippers (1/2c)
Raspberry Rip Slush (1)
Milk (1)

HS Snack Pack

Mixed Fruit Cup (1)

HS Snack Pack

Cheez-its (1)
Fresh Apple (1)

HS Snack Pack

Fresh Orange (1)

HS Snack Pack

Nacho Doritos (1)
Pear Cup (1)

HS Snack Pack

Banana (1)



Follow us on Facebook @ Mansfield ISD Student Nutrition and Instagram @ thecrossingcafe_misd

TAKE AND BAKE HEATING INSTRUCTIONS

Keep frozen items (clear container) frozen until ready to cook. Remove items from container before heating.

Keep cold items refrigerated until ready to eat.

Appliances vary. Heating times and temperatures approximate. CAUTION! Heated items will be HOT! Let stand 1-2 minutes before serving.

Allergen information can be found @ <https://mansfieldisd.nutrislice.com/menu/> All menu items are pork free. *Freebie items may contain pork.

Any additional ingredient questions please e-mail seonervin@misdmail.org

Chicken Slider: *Recommended:* Preheat oven to 375F. Bake chicken on sheet pan 14-16 minutes or until chicken reaches 165F. Place on thawed bun.

OR Heat in microwave for 1 minute. *Contains milk, wheat & soy*

Turkey Sausage Breakfast Pizza: *Recommended:* Preheat oven to 375F. Bake on sheet pan 14-16 minutes or until pizza reaches 165F.

OR Heat in microwave for 1 minute. *Contains milk, wheat & soy*

Homestyle Chicken Sandwich: *Recommended:* Oven method: Preheat oven to 375F. Bake on sheet pan 12-15 minutes or until chicken patty reaches 165F.

OR Microwave one sandwich 45 seconds, flip whole sandwich upside down and microwave 45 additional seconds. *Contains milk, wheat & soy*

Chicken Tenders & Chicken Bites: *Recommended:* Oven method: Preheat oven to 375F. Bake on sheet pan 12-16 minutes or chicken tenders reach 165F.

OR Microwave 1 minute. *Contains milk, wheat & soy*

Crispy Drumstick: *Recommended:* Oven method: Preheat oven to 375F. Bake on sheet pan 25-30 minutes or until chicken reaches 165F.

OR Microwave 2 minutes. *Contains wheat*

Fish Nuggets: *Recommended:* Oven method: Preheat oven to 425F. Bake on sheet pan 13-15 minutes or treasures reach 165F.

OR Microwave 1 minute. *Contains fish, wheat & soy*

Hamburger: *Recommended:* Preheat oven to 400F. Bake patty on sheet pan 9-11 minutes or until patty reaches 165F. Place on bun.

OR Microwave 45 seconds, flip whole sandwich upside down and microwave 45 additional seconds. *Contains wheat & soy*

Meatball Sub: *Recommended:* Microwave for 1 minute 30 seconds, top with marinara cup and cheese. Heat for additional 30 seconds to melt cheese.

Contains egg, milk, wheat & soy

Mini Corn Dogs: *Recommended:* Oven method: Preheat oven to 400F. Bake on sheet pan 15 minutes or until corn dogs reach 165F.

OR Microwave 1 minute. *Contains milk, egg, wheat & soy*

Personal Pan Cheese Pizza: *Recommended:* Oven method: Preheat oven to 400F. Bake on sheet pan 24-26 minutes or until the internal temperature reaches 165F.

OR Microwave 2 minutes. *Contains milk, wheat & soy*

Steak Fingers: *Recommended:* Preheat oven to 375F. Bake steak fingers on sheet pan 9-11 minutes or until they reach 165F.

OR Microwave 30 seconds, rotate and microwave 30 additional seconds. *Contains wheat, milk and soy*

Turkey & Cheese Flatbread: Microwave one sandwich 45 seconds, flip sandwich upside down and microwave 45 additional seconds. *Contains milk, wheat & soy*

Fries: *Recommended:* Preheat oven to 450F. Bake on sheet pan 9-14 minutes or until fries reach 165F.

OR Microwave on high 2 minutes *See mansfieldisd.nutrislice.com/menu/ for specific allergen information*

Frozen Vegetables: Microwave in a covered, microwave safe dish for 1 minute.