

**F**  **BISIA**

# SECONDARY STUDENT WELLBEING CONFERENCE

The British School Jakarta | Thursday 14th to Saturday 16th January



## Challenges and opportunities of being 'international'

### CONFERENCE DAY 1 **Updating PSHE in Your School**

Thursday 14th January | Conference Fee: 150 USD

A one-day course which will draw on PSHE updates from the UK and around the world including:

- Character Education, Mental & Emotional Wellbeing, Understanding Consent in SRE, Body Image, Gender Respect, Safeguarding, Alcohol Education etc.
- What can you do to "grow" PSHE in your school?
- Outstanding Secondary PSHE lessons – what do they look like?
- A checklist: an Essential PSHE Programme in Years 7 to 13
- Assessing PSHE – providing feedback to students and parents

The course will use PSHE-appropriate active learning methods as well as information briefings and resource updates. The paper/electronic notes will include full information, guidance and sample lesson plans.

#### About the course leader:



**Stephen De Silva** is an experienced teacher and head of PSHE, now working as an independent consultant and author. He has over 35 years' service in the education and health sectors, delivering PSHE and pastoral programmes for staff across the UK and internationally – particularly with British international schools in SE Asia.

He has co-authored numerous teaching resources including the Hodder "PSHE Education" course for Key Stages 3 and 4, and "The A to Z of Growing Up, Puberty and Sex." He contributes to UK national policies on drug and sex education, as well as developing training skills for staff who work with Safeguarding materials. He is currently exploring how to develop quality PSHE courses with schools in the Middle East.

## CONFERENCE DAY 2 AND 3 FOBISIA Job-Alike-Workshops

Friday 15th and Saturday 16th January  
JAW fee for refreshments and transport to  
and from school : 50 USD

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### Potential Topics:

- Third Culture Kids
- Preparing for change and building resilience
- Celebrating diversity, authentic internationalism
- Embedding host country culture into learning and school community
- Programmes for dealing with pressure and anxiety, support and management strategies for students and parents
- Mindfulness programmes
- Developing confident learners

Further suggestions are very welcome

### Who might the Conference and JAW be relevant for?

- Coordinators and teachers of Secondary PSHE and Health Programmes in schools
- Teachers of National Culture in international school settings
- Year Leaders
- School Counsellors

To register for the Conference and/or JAW please visit this link  
<http://goo.gl/forms/UwIxjONPwZ> and register by **Monday 30th November**.

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### ACCOMMODATION

**Quote special rate for BSJ FOBISIA JAWS**

#### Suggested Hotel

Reservation Officer : Dian, Maya & Marcellia  
Telephone : +62 21 29668 668  
Email : reservation@mercureserpongalamсутera.com  
CC Email : sl7@mercureserpongalamсутera.com  
Office Hour : Monday – Friday : 07.00 – 20.00  
Saturday, Sunday & Public Holiday : 08.00 – 17.00



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