

COMMUNITY RESOURCE INFORMATION



SCHOOL SITE INFORMATION/DIRECTORY FOR SCHOOL SITE COUNSELING SERVICES/INTERVENTIONS

DISCLAIMER

The Antelope Valley Union High School District does not in any way endorse the community providers listed.
These resources are for your information to use at your own convenience.

Updated: November 2019

AVUHSD SCHOOL SITE CONTACT INFORMATION

Academies of the Antelope Valley (AAV)

SOAR Prep Academy Virtual Academy

6300 West Avenue L
Lancaster CA
(661) 943-2091

Knight Prep Academy

37423 70th Street East
Palmdale CA
(661) 575-1004 or (661) 456-4711

Palmdale Prep Academy

2270 East Avenue Q
Palmdale, CA 93550
(661) 274-4619

Antelope Valley High School (AVHS)

44900 Division Street
Lancaster, CA
(661) 948-8552

Desert Pathways (DPHS)

6300 W Ave. L
Quartz Hill, 93536
(661) 722-4752

Desert Winds Continuation High School (DWHS)

415 East Kettering Street
Lancaster, CA
(661) 948-7555

Eastside High School (EHS)

3200 East Avenue J-8
Lancaster, CA
(661) 946-3800

Highland High School (HHS)

39055 25th Street West
Palmdale, CA
(661) 538-0304

Knight High School (KHS)

37423 70th Street East
Palmdale, CA
(661) 533-9000

Lancaster High School (LNHS)

44701 N. 32nd St. West
Lancaster, CA
(661) 726-7649

Littlerock High School (LHS)

10833 East Avenue R
Littlerock, CA
(661) 944-5209

Palmdale High School (PHS)

2137 East Avenue R
Palmdale, CA
(661) 273-3181

Phoenix Community Day School (PxHS)

228 E Ave H-8
Lancaster, CA
(661) 729-3936

Quartz Hill High School (QHHS)

6040 West Avenue L
Quartz Hill, CA
(661) 718-3100

R. Rex Parris Continuation High School (RRPHS)

38801 Clock Tower Plaza Dr.
Palmdale, CA
(661) 274-1230

SOAR High School (SOAR)

3041 West Avenue K
Lancaster, CA
(661) 722-6509

COMMUNITY RESOURCES

CRISIS SERVICES AND HOTLINES

211 LA County Community Resources – www.211LA.org

60 Day Emergency Shelter 24 hr hotline – (661) 945-6736
American Red Cross (661) 267-0650
2715 E Ave P, Palmdale, CA 93550

California Youth Crisis Line – (800) 843-5200

Child Abuse Hotline (DCFS) – (800) 540-4000

Domestic Violence Hotline – (661) 945-6736

Psychiatric Mobile Response Team (PMRT) – (800) 854-7771

Suicide Prevention Lifeline 24 hours hotline – (800) 273-8255
(for yourself or someone else)

Teen Care Line – (800) TLC-TEEN
Youth Support Association (YSA) – (661) 949-6615
Teen talk line and phone friend.

RESOURCES FOR SEXUAL ABUSE

Cherished-(661) 214-3020
2010 West Ave-K Lancaster, CA 93536

Children of the Night (24hr runaway hotline) – (800) 551-1300

Sexual Assault Response Service Hotline – (661) 723-7273

Sexual Assault Response Services SARS – (661) 949-6143
Sexual Assault, Anti-Bullying Program, Teen Dating Violence, Human Trafficking Education,
Free Evening Counseling

Valley Oasis – (661) 945-6736 or (661) 945-5509

DISTRICT COUNSELING SERVICES

FOR MORE INFORMATION ABOUT THE SERVICES BELOW, PLEASE CONTACT YOUR SCHOOL COUNSELING OFFICE.

Social/Emotional Support

Including Individual Counseling, Conflict Resolution, Anger Management, Healthy Relationships, Depression/Coping Skills, Family Issues, Grief/Loss, Anxiety/ Stress, Drug/Alcohol/Tobacco Use, Peer Pressure, Life Skills, Self Esteem, Bullying/Suicide prevention, Foster Youth support, Community Referrals.

Academic Support

Including Freshman/New Student Orientation, Study Skills Workshop, Academic Reviews/Probation, Standardized Testing Workshops, 4 & 6 yr. plans, Parent-Teacher Conferences.

College/Career Support

Including Career Exploration, College Applications, FAFSA, Post HS Options, and Scholarship Research Assistance Individual Support, Workshops, Classroom Presentations.

SCHOOL-BASED MENTAL HEALTH

Mental Health professionals can only provide services at AVUHSD schools, if an agreement between the district and agency has been Board approved.

Child & Family Guidance Center: Desert Pathways, Eastside High School, Highland High School, Knight High School, Littlerock High School, Palmdale High School

Children's Bureau: AV High School

Hathaway-Sycamore: Desert Winds High School, Lancaster High School, Phoenix High School, Quartz Hill High School, R.Rex Parris High School

COMMUNITY MENTAL HEALTH RESOURCES

Alafia – (661) 940-9094

Serves Children 0-18, Medi-Cal required

Bartz-Altadonna Community Health Center – (661) 874-4050

43355 Gingham Avenue, Suite 104/105, Lancaster, CA 93535

Medical Care, Adult Mental Health, Family Planning, Parenting, Medication Assistance, HIV & STD Testing & Services

Child & Family Guidance Center – (661) 265-8627

40005 10th Street West, Suite 106 Palmdale, CA 93551

Out Patient Services for Children 0-18yrs with Emotional Problems, Child/Youth Crisis Response Services, 24hr Emergency Consultation, Intensive Home Services for Children/Families

www.childguidance.org

Children’s Bureau Regional Office – (661) 949-0131

921 W. Avenue J, Suite C, Lancaster, CA 93534

Children’s Center of the Antelope Valley – (661) 949-1206

45111 Fern Ave., Lancaster, CA 93534

www.cav.org

DMH–A.V Kidz Connection– (661) 223-3800

2323 East Palmdale Blvd. Suite-A, Palmdale, CA 93550

dmh.lacounty.gov

Hathaway-Sycamores-(661) 942-5749

44738 Sierra Highway Lancaster, CA 93534

www.hathaway-sycamores.org

Kayla’s Place- (661)-949-3269

1150 W. Ave I Lancaster, CA 93534

Trauma counseling services

Masada Homes – (661) 726-5500

314 East Avenue K-4, Suite 104, Lancaster, CA 93535

Outpatient Services & Therapeutic Behavioral Services

www.masadahomes.org

COMMUNITY MENTAL HEALTH RESOURCES

NAMI (National Alliance on Mental Illness) – (661) 341-8041

44349 Lowtree Avenue Ste. 104, Lancaster, CA 93534

Education Programs, 10 Week Peer-to-Peer Course, Recovery Support groups. Spanish speaking courses available

Optimist Community Mental Health – (661) 575-8395

520 West Palmdale Blvd. Unit D, Palmdale, CA 93551

Therapy/Psychiatric Services for children

www.ovhfs.org

Pathways Community Services-(661) 341-3900

44285 Lowtree Ave. Lancaster, CA 93534

Penny Lane Antelope Valley – (661) 266-4783

43520 Division St, Lancaster, CA 93534

Mental Health Services, Family Preservation, Mentor Program, Residential Treatment, Transitional Housing, Wraparound

www.pennylane.org

LGBTQ RESOURCES

Los Angeles LGBT Center- (323)-993-7400

OUTreach Center (LGBT community center) – (661) 92-PRIDE (7-7433)

108 West Avenue K, #113, Lancaster, CA 93534

Youth Group, Individual or Family Counseling, Transgender Support Group.

RISE (LGBTQ)-(323) 993-7400

1625 North Schrader Blvd. Los Angeles, CA 90028

www.lalgbtcenter.org

OTHER COMMUNITY MENTAL HEALTH RESOURCES

Bikers Against Child Abuse (BACA) – (661) 428-4375

P.O. Box 1328, Rosamond, CA 93560

BACA's mission is to help children to not feel afraid of the world in which they live, by providing group support for the child during stressful times.

Change Lanes – (661) 948-2555

43845 10th st. West Unit: 1D, Lancaster, CA 93534

Anger management, parenting classes, substance abuse classes

Daystar Mini-treats – (661) 547-4238

716 W. Kettering St., Lancaster, CA 93534

Agriculture-Based Programs, Drug and Alcohol Recovery, Pregnancy Program

Grace Resources Center – (661) 940-5272

45134 Sierra Highway, Lancaster, CA 93534

Food, Clothing, Shelter, Parenting & Computer Classes, Assistance with Monitored Visits & Safe Exchange

Graceresources.org

Greater Valley Immigration Services – (661) 272-1424

1305 East Palmdale Blvd., Palmdale, CA 93550

Immigration, Students Deferred Action and Citizenship

Independent Living Center of So. Cal. – (661) 942-9726

606 East Avenue K-4, Lancaster, CA 93535

Serves persons with disabilities of all ages.

Regional Center – (661) 945-6761

43210 Gingham Ave., Lancaster, CA, 93535

Offers services for individuals with developmental disabilities.

Torres Martinez Tribal TANF – (661) 466-1100

460 W. Palmdale Blvd., Palmdale, CA 93551

Provides assistance for Native American families

www.TMTANF.org

VIDA Program (LA Co. Sheriff's Dept) – (661) 949-6585 or (661) 265-8910

16 week program for at medium to high risk non-violent youth,

www.vida.la

RESOURCES FOR TOBACCO, DRUG OR ALCOHOL ABUSE

Acton Rehabilitation – (661) 223-8700

Antelope Valley Council on Alcoholism & Drug Dependency – (661) 948-5046

AV Council on Alcohol & Drug Dependency – (661) 948-5046

Action Family Counseling – (800) 367-8336

AI – A- Teen (Support for Teens) – (661) 274-9353

Alcoholics Anonymous – (661) 945-5757

California Smokers' Help Line – (800) NO-BUTTS

High Desert Recovery Services – (661) 940-3549

New Directions Alcohol and Drug Services – (661) 802-7167

Tarzana Treatment Centers of the AV – (661) 726-2630

GOVERNMENT AGENCIES

California Department of Education (CDE) – (916) 319-0800

www.cde.ca.gov

CASA (Court Appointed Special Advocate) – (661) 723-2272

Advocate for foster children.

Department of Child and Family Services (DCFS)

Palmdale - 39959 Sierra Hwy., Palmdale, CA 93550 – (661) 223-4200

Lancaster - 300 E Ave. K6, Lancaster, CA 93535 – (661) 471-1001

Department of Social Services (DPSS)

Cal-Works for Families – (866) 613-3777

General Relief for Individual – (661) 974-9883

Los Angeles County Office of Education (LACOE) – (562) 922-6111

www.lacoe.edu

AV CLINICS & PRENATAL/PREGNANCY RESOURCES

MEDI-CAL, LOW OR NO COST RESOURCES

Covered CA – (800) 300-1506

www.allinforhealth.org or www.coveredca.com

Antelope Valley Community Clinics – (661) 942-2391

Urgent Care, Health & Wellness in Palmdale & Lancaster, Services: Pediatric, Dental, Exams, Pharmacy, Immunizations, WIC Exams, Primary Health Care

www.avclinic.org

Antelope Valley Hospital – (661) 949-5000

Mental Health Unit – (661) 949-5250

1600 W Ave. J, Lancaster, CA 93534

Antelope Valley Hospital OB Clinics

44439 17th Street West, Suite 104, Lancaster – (661) 726-6180

38350 40th Street East, Suite 200, Palmdale – (661) 726-6325

Family Planning, Pregnancy Test, Prenatal Care, and assistance with Medi-Cal

Antelope Valley Partners for Health – (661) 942-4719

44226 10th Street West, Lancaster, CA 93534

AV Wellness Coalition – avph.org

Antelope Valley Public Health Center — (661) 471-4860

335-B East Avenue K-6, Lancaster, CA 93535

Prenatal, Immunizations, Family Planning, & TB/STD Tests

Care Net Women’s Resource Center — (661) 729-4277

44733 N. 10th St. West, Lancaster, CA 93534

Abstinence Education, Pregnancy Tests, Counseling, Limited Ultrasounds, Mentoring

www.avcarenet.com

DMH- Palmdale Mental Health – (661) 947-3333

2720 East Palmdale Blvd. Suite 129, Palmdale, CA 93550

Individual Counseling, Bilingual services available

Family Focus Resource Center – (661) 945-9598

Assistance for parent and caregivers of children with developmental delays, Parent to Parent Mentoring, IEP Training, Support groups, Lending Library

AV CLINICS & PRENATAL/PREGNANCY RESOURCES

(MEDI-CAL, LOW OR NO COST RESOURCES)

LA County High Desert Regional Health Ctr – (661) 471-4000

335 East Avenue I, Lancaster, CA 93535

Primary, Specialty, & Emergency services, Urgent Care 8:00am to midnight

www.dhs.lacounty.gov/wps/portal/dhs/highdesert

M.E.N.F.O.L.K. (Males Encouraging Nurturing For the Ongoing Link to Kinship) – (661) 273-4710

975 East Avenue P-8, Palmdale, CA 93550

A fathers and males support group for any male that has a role in a child's life.

South Valley Medical Center (7:30–Midnight) – (661) 225-3050

38350 40th Street East, Suite 100, Palmdale, CA 93552

Urgent Care Exams, X-Rays, Lab

Tarzana Treatment Centers/Family Medical – (661) 723-4829

907 W. Lancaster Blvd., Lancaster, CA 93534

Primary Care, Domestic Violence, Rehabilitation, HIV/AIDS, and Mental Health services

www.tarzanatc.org

Wesley Health Centers – (661) 942-2391

45104 10th St W, Lancaster

2151 E Palmdale Blvd, Palmdale

37926 47th St E, Palmdale

Health care, Behavioral Health

Women's Clinic of Antelope Valley – (661) 947-0400

1334 East Palmdale Blvd. Suite E, Palmdale, CA 93550

Free Pregnancy Testing, Counseling, Financial Help, and Parenting Support

www.womensclinicav.com

Women, Infants & Children (WIC) – (661) 949-5805

701 W Ave. K Suite 104, Lancaster, CA 93534

Supplemental Program

www.wicworks.ca.gov

Youth Support Association – (661) 949-6615

918 West Avenue J, Lancaster, CA 93534

Teen parenting classes, STD Prevention, & Anger Management

ADULT AND EMANCIPATED YOUTH SERVICES

A Second Wind Violence Prevention Project (Adult) – (661) 947-6642

Court ordered or volunteer, Domestic Violence, Anger Management

America's Job Center of California – (661) 265-7421

38510 Sierra Hwy, Palmdale, CA 93550

Job Development, Resume Workshop, On the Job Training, Career Counseling

www.cityofpalmdale.org/AJCC

Anger Intervention Services (Adult) – (661) 418-3649

Anger Management Classes, Parenting Classes, and Domestic Violence Classes for Perpetrators

Antelope Valley Transit Authority – (661) 945-9445

422 10th Street West, Lancaster, CA 93534

Local Transit and Dial a Ride van services to disabled persons and seniors over 65

Antelope Valley WorkSource Center (661) 726-4128

1420 West Ave. I, Lancaster, CA 93534

Access to Job Leads, Computers with Internet Access, Fax & Copy Machines, Interview Preparation, Job Corps Services, Job Search Workshops, Resume Preparation, Typing Test Certifications, Youth Employment Opportunity Program and Wi-Fi

Antelope Valley Self-Help Legal Access Center-Neighborhood Legal Services – (800) 433-6251

42011 4th Street West 3rd Floor, Room 3700, Lancaster, CA 93534

AV Saving Grace (DV Survivor Adult Services) – (661) 200-4362

BARK-Suicide Prevention and Educational Services for Parents

www.bark.us

Break Through Parenting –

Joyce Kearin (661) 209-9939 or Anna Torres (661) 524-3336

44817 Fern Avenue, Lancaster 93534

Yes2parenting.com

12 lesson parenting course

CalWorks Outreach/Legal – (661) 723-7772

P.O. Box 2980, Lancaster, CA 93539

Family Law, Domestic Violence

ADULT AND EMANCIPATED YOUTH SERVICES

The Catalyst Foundation – (661) 948-8559

44758 Elm Ave., Lancaster, CA 93534

Information, Referrals, Transportation, STD/HIV Testing Referrals, Employment Training, and HOPWA Housing Assistance, Title IV

Cedarwood Counseling (Adult)-(661) 945-7608

Domestic Violence, Parenting, Substance Abuse, Anger Management

Child Care Resource Center – (866) 674-5437

250 Grand Cypress Ave., Palmdale, CA 93551

Lending Library, Health & Nutrition Training, Disaster Preparedness, Subsidized Childcare

www.ccrcca.org

Effective Black Parenting Class Children’s Bureau - (661) 341-3341

Desert Vineyard (661) 947-2222

509 East Palmdale Blvd. Suite G., Palmdale, CA 93550

Parenting Classes, Anger Management, Overcomers Outreach, and DV Classes/Survivors

Friends Outside – (661) 728-0844

44750 60th Street West, Lancaster, CA 93536

Assist in improving quality of life of families, children and communities impacted by incarceration, to assist with successful reentry.

Hope for Anger, Hope for Change – (661) 733-0095

Domestic Violence, Anger Management, Batterer program

www.hope4anger.com

Mental Health America – (661) 726-2850

506 West Jackman Street, Lancaster, CA 93534

Serves Individuals 18 & Over

www.mhala-aves.com

Metrolink www.metrolinktrains.com

Lancaster – 44812 N. Sierra HWY, Lancaster Ca 93534

Palmdale – 39000 Clock Tower Plaza Dr., Palmdale, CA 93550

Olive Support Services (Adult) – (661) 941-8688

Life Skills for TAY

ADULT AND EMANCIPATED YOUTH SERVICES

People Ready – (661) 267-0773

190 Sierra Court Suite C1, Palmdale, CA 93550

Employment opportunities in areas such as Construction, Manufacturing, Warehousing, Retail, and Hospitality.

www.laborready.com

Pro-Care Hospice – (661) 951-1146

42442 10th St. West Suite E, Lancaster, CA 93534

Grief Support Group for adults, Walk-Ins are welcome, Hospice Services

Project Fatherhood

Keith Blyn – (661) 471-1061

Caleb Beyah – (661) 223-4163

Raising Our Children’s Kids (R.O.C.K.) – English (661) 478-1881 – Spanish (661) 466-6294

24hr access to Emergency Support, Weekly Support Groups, Advice and Advocacy to Kinship Caregivers, Referrals to the Kinship Orientation and Foster/ Kinship

Saint Vincent De Paul – (661) 942-3222

45058 Trevor Avenue, Lancaster, CA 93534

Food Bags, Meds, Clothes

South Antelope Valley Emergency Services (SAVES) – (661) 267-5191

1002 E. Ave. Q-12, Palmdale, CA 93550

Food & Transportation Programs, Motel Vouchers, Back to School Supplies, Assist Emancipated/Foster Youth

www.cityofpalmdale.org/residents/SAVES

United Community Action Network (UCAN) – (661) 948-3000

44231 Division St, Lancaster, CA 93535

Soup Kitchen, Drug & Alcohol Counseling, Anger Management, Community Service

www.ucanav.org

Valley Oasis – (661) 945-6736 or (661) 945-5509

Domestic Violence support services www.valleyoasis.org

Therapy Services surrounding violence and abuse