## Daily Self-Screen (Passive Screening)

## For COVID-19 Symptoms

Staff, Students, Parents, and Visitors of Spring Lake Park Schools are encouraged to screen for symptoms at home daily before coming to school. This is called passive screening. If a person is sick or exhibits symptoms of COVID-19, they may not come to school.

Parents, Students and Staff: Please complete this short checklist each morning before coming or sending kids to school. If you have any of the following symptoms, that indicates a possible illness that may decrease your ability to learn and put you at risk for spreading illness to others.

## Monitor your symptoms to know when to stay home:

ONE (1) OF THESE SYMPTOMS:



Fever



Loss of Taste/Smell



Difficulty Breathing



Cough

## TWO (2) OF THESE SYMPTOMS:



Sore Throat



Headache



**Fatigue** 



Chills



Runny Nose



Congestion



Muscle Pain



Nausea



**Vomiting** 



Diarrhea

**Close Contact Checklist:** Have you had close contact (within 6 ft for 15 minutes or more) with anyone who is positive for COVID-19, OR do you have a household member awaiting test results?

- 1. Stay home when sick; DO NOT come to school or work
- 2. Contact your school's attendance line (families) or supervisor (staff)
- 3. Consider contacting your health care provider
- 4. Quarantine after being identified as a close contact is not required for those who are fully vaccinated

