



BHISD Social Emotional Learning

SEL Belief Statement - BHISD is committed to the social and emotional well-being of all students and staff. BHISD will be a school district that cultivates a safe, caring and empathetic environment that will produce well-rounded, emotionally confident students that will be able to regulate emotions, collaborate with peers, and respect diversity.



What is SEL?

- Social and emotional learning (SEL) is the process through which children and adults understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.
- BHISD believes in the importance of character development and social emotional learning to ensure a focus on the whole child. We will focus on the social emotional skills that have been proven to help us grow productive, empathic, and successful people.



What is the BHISD Plan?

- Throughout the year, we will focus on specific character traits such as *kindness, responsibility, courage, integrity, gratitude, empathy, respect, citizenship, trustworthiness* and *school pride*. Connections to these character traits will be made consistently school-wide. In addition, we have adopted curriculum to integrate these various character traits.
- In Pre-K-5, we will be using PurposeFull People. In grades 6-12, we will implement Character Strong. You will be receiving more information on this curriculum in the near future.



What are the benefits of SEL?

- Research demonstrates that integrating social and emotional learning across the learning process produces better academic performance, improved attitudes and behavior, less negative behaviors and reduced emotional stress. In addition, an SEL focus enhances school culture and self-management which improves school safety.



Better Academic
Performance



Improved Attitudes
and Behaviors



Less Negative
Behaviors



Reduced
Emotional Stress

Check out more on BHISD SEL
visit: www.bhisd.net/district/sel



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