



Independent PE

8055S INDEPENDENT STUDY PHYSICAL EDUCATION

The Independent Study Physical Education course is designed for students who are already participating in a committed, sustained, and organized approved physical activity pursuit. Examples include competitive ice skating, gymnastics, crew, martial arts, or ballet. All applications for Independent Study PE must be signed and approved by the PE Coordinator prior to the beginning of the semester. ISPE is not available for sports or activities that are already offered at SMCHS. All independent study activities must be monitored, supervised and verified by a qualified instructor, coach, or trainer. An Independent Study Physical Education course requires personal accountability and maturity. Students enrolled in this course will be responsible for fulfilling the requirements of the ISPE contract, which includes completion of all monthly workout logs and submission of all reports. Applications must be submitted by the deadline noted. No Exceptions.

Please complete this form and return to PE Coordinator.

Name: _____

Grade: _____

Email: _____

Phone: _____

Semester Seeking Credit: (Circle One)

Fall Deadline: July 15

Spring Deadline: December 15

Proposed Activity: _____

Organization: _____

Address: _____

Training Supervisor: _____

Phone: _____

Email: _____

Counselor Signature: _____

Date: _____

PE Coordinator Signature: _____

Date: _____