



STUDENT NAME: _____

GRADE: _____

***BIG KID OPTION \$4 / DAY**
SEE CAFETERIA CALENDER
FOR BIG KID OPTION

BYO BENTO \$3/ DAY

**CHOOSE 1
GRAIN**

**CHOOSE 1
PROTEIN**

**CHOOSE 2
FROM THE
GARDEN**

MONDAY

PROTEIN	GARDEN
<input type="checkbox"/> BOILED EGG <input type="checkbox"/> HUMMUS	<input type="checkbox"/> MIXED BERRIES
<input type="checkbox"/> TURKEY ROLL <input type="checkbox"/> CHEESE CUBES	<input type="checkbox"/> APPLE SLICES
<input type="checkbox"/> CHEERIOS <input type="checkbox"/> PRETZELS	<input type="checkbox"/> GRAPES
<input type="checkbox"/> PITA CHIPS <input type="checkbox"/> CRACKERS	<input type="checkbox"/> ORANGE SLICES
	<input type="checkbox"/> RED PEPPER SLICES
	<input type="checkbox"/> BROCCOLI
	<input type="checkbox"/> CARROTS
	<input type="checkbox"/> CUCUMBER

GRAIN

OPT FOR BIG KID LUNCH*
ADD WATER/MILK FOR .50 EXTRA

TUESDAY

PROTEIN	GARDEN
<input type="checkbox"/> BOILED EGG <input type="checkbox"/> HUMMUS	<input type="checkbox"/> MIXED BERRIES
<input type="checkbox"/> TURKEY ROLL <input type="checkbox"/> CHEESE CUBES	<input type="checkbox"/> APPLE SLICES
<input type="checkbox"/> CHEERIOS <input type="checkbox"/> PRETZELS	<input type="checkbox"/> GRAPES
<input type="checkbox"/> PITA CHIPS <input type="checkbox"/> CRACKERS	<input type="checkbox"/> ORANGE SLICES
	<input type="checkbox"/> RED PEPPER SLICES
	<input type="checkbox"/> BROCCOLI
	<input type="checkbox"/> CARROTS
	<input type="checkbox"/> CUCUMBER

GRAIN

OPT FOR BIG KID LUNCH*
ADD WATER/MILK FOR .50 EXTRA

WEDNESDAY

PROTEIN	GARDEN
<input type="checkbox"/> BOILED EGG <input type="checkbox"/> HUMMUS	<input type="checkbox"/> MIXED BERRIES
<input type="checkbox"/> TURKEY ROLL <input type="checkbox"/> CHEESE CUBES	<input type="checkbox"/> APPLE SLICES
<input type="checkbox"/> CHEERIOS <input type="checkbox"/> PRETZELS	<input type="checkbox"/> GRAPES
<input type="checkbox"/> PITA CHIPS <input type="checkbox"/> CRACKERS	<input type="checkbox"/> ORANGE SLICES
	<input type="checkbox"/> RED PEPPER SLICES
	<input type="checkbox"/> BROCCOLI
	<input type="checkbox"/> CARROTS
	<input type="checkbox"/> CUCUMBER

GRAIN

OPT FOR BIG KID LUNCH*
ADD WATER/MILK FOR .50 EXTRA

THURSDAY

PROTEIN	GARDEN
<input type="checkbox"/> BOILED EGG <input type="checkbox"/> HUMMUS	<input type="checkbox"/> MIXED BERRIES
<input type="checkbox"/> TURKEY ROLL <input type="checkbox"/> CHEESE CUBES	<input type="checkbox"/> APPLE SLICES
<input type="checkbox"/> CHEERIOS <input type="checkbox"/> PRETZELS	<input type="checkbox"/> GRAPES
<input type="checkbox"/> PITA CHIPS <input type="checkbox"/> CRACKERS	<input type="checkbox"/> ORANGE SLICES
	<input type="checkbox"/> RED PEPPER SLICES
	<input type="checkbox"/> BROCCOLI
	<input type="checkbox"/> CARROTS
	<input type="checkbox"/> CUCUMBER

GRAIN

OPT FOR BIG KID LUNCH*
ADD WATER/MILK FOR .50 EXTRA

FRIDAY

PROTEIN	GARDEN
<input type="checkbox"/> BOILED EGG <input type="checkbox"/> HUMMUS	<input type="checkbox"/> MIXED BERRIES
<input type="checkbox"/> TURKEY ROLL <input type="checkbox"/> CHEESE CUBES	<input type="checkbox"/> APPLE SLICES
<input type="checkbox"/> CHEERIOS <input type="checkbox"/> PRETZELS	<input type="checkbox"/> GRAPES
<input type="checkbox"/> PITA CHIPS <input type="checkbox"/> CRACKERS	<input type="checkbox"/> ORANGE SLICES
	<input type="checkbox"/> RED PEPPER SLICES
	<input type="checkbox"/> BROCCOLI
	<input type="checkbox"/> CARROTS
	<input type="checkbox"/> CUCUMBER

GRAIN

OPT FOR BIG KID LUNCH*
ADD WATER/MILK FOR .50 EXTRA