

Football defeats Hillsboro 49-14, faces Lutheran North tonight

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After an unusually quiet first half for quarterback Mitch Batschelett, the junior quarterback showed how dangerous he could be in the third quarter, finding David Jackson on two plays, both for touchdown passes over 30 yards.

"We were very pleased how Mitch ran our offense, as he did last year," said Kornfeld. "I mean he's one heck of a quarterback and when we went to throw he delivered it."

Batschelett completed four of eight passes for two touchdowns and 85 yards.

The one and only time Hillsboro kicked the ball to senior captain Daniel Isom proved to be a poor decision. A top ten hurdler in the state of Missouri, Isom showed off his speed with just 0:43 remaining in the third quarter, returning the punt for a 60-yard touchdown. Hillsboro knew better than to kick off the ball to Isom again, squib-

bing the ball to less dangerous players on the rest of their kickoffs.

Senior Rob Caldwell scored the final Jr. Bill touchdown on a two-yard run in the fourth quarter.

Hillsboro would score with 0:46 remaining in the game on a 15-yard run followed by a two-point conversion.

SLUH's third-leading scorer is junior Joe Rogan, the kicker, who scored all seven of SLUH's extra points and even landed six of eight kickoffs in the end zone. After a penalty against Hillsboro on a Jr. Bill touchdown moved the kickoff up 15 yards, Rogan hit the up-rights.

Seniors Chris Stahl and Anthony Sansone characteristically led the team in tackles, while Stahl picked up a sack and a fumble recovery as well. Junior Davion Nash recorded the other sack.

The Jr. Bills hope to pick up Kornfeld's 200th career



PHOTO | DOMINIK SKROSKA

Senior David Jackson outruns the Hillsboro defense for one of his two touchdowns last Friday in the 49-14 win.

win tonight at SLUH against Lutheran North. The Crusaders run a very different, more spread offense in comparison to Hillsboro, a team dedicated

to the run. Though the Jr. Bills finished their first game of the 2015 season way ahead of their opponents, Clair thinks

the team has much greater success in the near future. "That's a good starting point for us," said Clair. "As we mature throughout the

season, I feel like we can be way better."

XC returns from Lost Branch Lodge in Kirksville, Mo., eager to begin 2015 season

PHOTO | TWITTER



Members of the cross country team gather for a selfie on their Brashear retreat.

BY JOSEPH REZNIKOV
STAFF

For the second summer in a row, the St. Louis U. High varsity cross country team traveled to Lost Branch Lodge, 15 miles outside of Kirksville, Mo., its annual Brashear Team Leadership Training Camp. Eleven runners participated in the camp, including five seniors, five juniors, and one sophomore.

Coaches Joe Porter, Tom Flanagan, and Brian Gilmore used the camp as a way for the runners to bond as a team while also figuring out team and individual goals.

"It was a great break from all of the normal stuff that we do," said senior Jake Lepak. "We got a lot closer to each other as a team and we had fun."

The team previously sent runners to college running camps, but there were few runners actually going and they weren't very excited about running when they

came back, so Porter along with Flanagan and Gilmore decided they would start their own camp.

With the camp located on the outskirts of a town with only 300 people, there wasn't much for the runners to do other than run and grow together as a team.

"There's a little pond with a canoe and a ping pong table, but that's about it," said Porter. "So there was lots of time spent talking to the coaches about their individual seasons and what they were hoping to accomplish."

Because the camp is located in such a small rural town, there wasn't a single road that the team ran on that was paved. Each day started out with a morning run on the hilly gravel road and ended the same way.

"It's just nice to get them out training together," said Porter. "Guys are busy and doing so many different things over the summer so it's

just nice to have them training as a team. They're starting to build that camaraderie early which is what we as coaches like to see."

Another unique aspect of the trip was that the runners cooked their own meals. Though they had menu planning and lots of supervision from the coaches, they were still able to create their own meals and enjoy them as a team.

Having graduated five of their seven varsity 1 athletes from last year's team, the team is full of new varsity talent ready to show what they're capable of.

"As a team we lead each other and hold each other up," said junior Joe Laughlin. "We challenge each other to be better runners."

Lepak, one of the returning varsity athletes from last season, recognizes that the team is losing a lot of talent with last year's seniors gone, but he's excited for what the younger runners have in store.

"It's cool to see how the younger guys have grown over the course of the years I've seen them at SLUH," said Lepak. "We all just need to make sure we have the right amount of confidence with the right amount of humility too."

The varsity season doesn't start until the Forest Park Cross Country Festival on Sept. 12, so Porter is looking to take advantage of all of the training days they have until then.

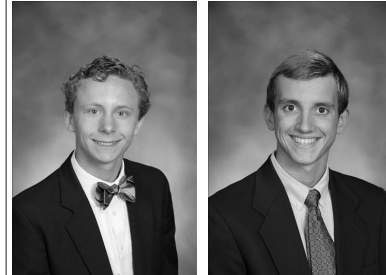
"We were able to build up our base phase at Brashear and now we're ready to keep building on that," said Porter.

PHOTO | TWITTER



The St. Louis U. High cross country team in the middle of an eight mile run at Lost Branch.

Swim looks to Feder, Bodnar for depth



From left to right: Freshmen Jack Bodnar and Joe Feder.

BY PATRICK SCHULER
REPORTER

Every year the St. Louis U. High swim team welcomes a fresh batch of new faces—the freshmen. This year the freshman class is highlighted by swimmers Joe Feder and Jack Bodnar.

"This season we will look to our new freshman to add depth," said head coach Lindsey Ehret.

Feder's speciality is the Individual Medley, meaning he swims all four strokes well, but his best stroke is backstroke, while Bodnar's is butterfly.

Ehret believes that Feder is likely to qualify for State in the 100 back and Bodnar in the 100 butterfly.

"Both bring a lot of swimming experience to the team despite being freshman," she said.

The two have been swimming in the same practice lane for the first month of practice, and both anticipate big things from a team perspective.

Feder believes that the team is a "force to be reck-

oned with."

On a more individual level, Feder is looking to swim in the 100 Backstroke and hopefully make a state cut in the event. His IM base and flexibility across all strokes will be a big help for the coaches.

Asked about his own personal goals, Bodnar said, "This season will be my first real attempt at racing with the corrections. I am shooting to break 1:00 in the 100 butterfly as well as drop time in my other events."

Bodnar added that over the summer he worked a lot on his stroke techniques, and is counting on that to drop some major time.

According to Ehret, other freshman to watch include Jacob Palmer and Dominic Grasso.

"I think that a great goal for the team would be to go undefeated in dual meets, and to get top five at State," Feder concluded. "With this team, both of those are very achievable."

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