

# Health and Clinic Information

**Nurse Nicole**  
**[capogrecon@lake.k12.fl.us](mailto:capogrecon@lake.k12.fl.us)**

# Health Conditions

**\*Please contact Nurse Nicole if your student has a health condition that needs to be discussed.**

-Together we will create a health care plan that works for your student

**\*Parents of medically vulnerable students should consult with their healthcare provider before returning to school or work**

**\*If your student needs to have medication on campus, you MUST have a new 2020-21 Medication Consent form that is signed by your healthcare provider.**

-The parent/guardian must bring the medication to the clinic and fill out appropriate paperwork.

# Nurse Nicole's Virtual Clinic

Please visit Mascotte Charter School's website to find *Nurse Nicole's Virtual Clinic*

- It is important that you and your student review the new health policies and procedures

You will also find basic hygiene videos, such as handwashing, coughing and sneezing. Please allow your student to watch these videos to better understand how to prevent the spread of disease.

# Medication Paperwork

Please visit *Nurse Nicole's Virtual Clinic* on the school website to obtain appropriate paperwork.

- Click on the inhaler for an asthma diagnosis
- Click on the epipen for an allergy diagnosis
- Click on the Blood glucose reader for diabetic diagnosis

If you have ANY questions about what is required email Nurse Nicole and I will email you the necessary forms.

capogrecon@lake.k12.fl.us

# FOOD ALLERGY Students

\*If your student has a food allergy, we **MUST** have an **UPDATED** “Special Meals and/or Accommodations” form signed by a healthcare provider.

\*You can find this form on Nurse Nicole’s Virtual Clinic on the Mascotte Charter School’s Website.

# COVID-19

If your student exhibits ANY COVID-like symptom, they will be sent to the isolation room where **IMMEDIATE pickup is required.**

\*Anyone living in the same house will be sent home as well

\*ALWAYS keep an updated phone number on file

We understand that parents are busy, so it is important to have a “**pick-up plan**” in the event the school warrants an ‘immediate pick-up’.

-Consider other family members, friends, or a neighbor who you trust

-This person must be on the “pick-up list”

# Visiting the Clinic

It is very important that parents and/or guardians teach their students when it is appropriate to visit the school nurse. The clinic is reserved for ‘well-students’ and symptomatic children will be required quarantine.

To reduce traffic in the nurses clinic teachers will perform care in their classrooms to students who present with minor injury and illness (i.e., small cuts/abrasions, minor headaches, nose bleeds, localized bug bites, etc.)

ANY COVID-like symptom will be sent to the isolation room and the student will be required to quarantine at home.

# Meet the Teacher “Drive-Thru” Friday, August 21

Nurse Nicole will be at the Meet the Teacher “Drive-Thru” event for any questions that you may have :)

You can contact her through her email

[capogrecon@lake.k12.fl.us](mailto:capogrecon@lake.k12.fl.us)