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MENTAL HEALTH, ADDICTION AND RECOVERY SERVICES  
BOARD OF LORAIN COUNTY

## Mental Health & Substance Use Services are ESSENTIAL

CARE DURING COVID-19

[#BHisOpenforBusiness](#)

[#COVID19OhioReady](#)

[#InThisTogetherOhio](#)

## Stressed about COVID-19?

Talk through your emotional distress using these free, confidential resources:

**Crisis Text Line: text 4hope to 741741**

**Disaster Distress Helpline:  
1-800-985-5990**

24/7 national helpline provides immediate crisis counseling for people experiencing emotional distress related to any natural or human-caused disaster or event like the coronavirus

Mental health and substance use agencies are serving the public.

If you are a client, please stay in contact with your mental health or recovery care provider. Keep your appointments, and stay on treatment.

Many providers are taking new patients, to help if you are experiencing a mental health or addiction issue for the first or a recurring time.

## Find the help you, your child or a loved one might need:

**Non-emergency:**

**[mhasloraincounty.org/find-help](https://mhasloraincounty.org/find-help)**

**Lorain County Navigator: 440-240-7025**

**OhioMHAS information and referral: 1-877-275-6364**

**Emergency: 9-1-1**

**Lorain County Mental Health Crisis Hotline:**

**1-800-888-6161**

*Our Board administration offices are closed to the public currently, because we do not provide direct services at those sites. Reach staff using their phone number or email, available at [mhasloraincounty.org](https://mhasloraincounty.org), 440-233-2020. Printed 04-08-2020.*