



**Under the Lights Flag Football is NOT a Carrollwood Day School athletics program.
They will not be subject to CDS Health and Safety Guidelines.**

Below is a list of the Cover guidelines that will be followed and measures being taken:

- All UTL staff, to include referees and volunteers, will wear masks
- One ball and one set of flags will be used per game. At the conclusion of each game that ball and flag set will be collected and put in a bag to be sanitized for the following week. We will not supply flags for practice.
- At the conclusion of each game, there will be no handshakes, fist bumps etc.
- Coaches will be asked to keep players at a 6 foot distance for any team meetings prior, during and after games, and on the sidelines during games.
- All parents will sign a COVID waiver prior to your child playing. If a participant's parent has not signed the waiver, their child will not be permitted to participate until the waiver is signed
- Players shall wear these masks throughout the season upon parent's choice.

Measures being asked of parents:

- We are encouraging parents and family members to wear a mask while in attendance
- It is suggested that seniors or others with compromised immune systems not participate in or attend this event due to risk of infection
- Wash your hands and/or use hand sanitizer upon entrance, during the event and as you leave.
- Parents are encouraged to keep a 6 foot distance from others in attendance while watching their child play
- Please bring a thermos or a large reusable container clearly marked with your child's name
- **We ask that two family members per child attend each game**
- Parents are REQUIRED to monitor their child for symptoms prior to attending UTL Flag Football events or activity. Symptoms include fever at or above 100.4 F, cough, shortness of breath, chills, muscle pain, new loss of taste or smell. Parents are encouraged to keep a record of their child's temperature and overall health to monitor trends in their child's well-being
- Parents, siblings, significant others, etc. will NOT be allowed on the fields or sidelines at any time. Please abide by this restriction or UTL staff will ask you to leave the premises. This is to protect our players, coaches and referees.
- We are asking parents to depart CDS as soon as your athlete's game is over.